



## Wilson School District December Middle School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
December 2	December 3	December 4	December 5	December 6
Thanksgiving Break!	Entrée One: Corn Dog Nuggets	Entrée One: Whole Grain Breaded Chicken Nuggets with Goldfish	Entrée One: Chicken Patty Sandwich on a Whole Wheat Hamburger Bun	Entrée One: Hamburger on a Whole Wheat Bun
	Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads	Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads	Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads	Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads
	Entrée Three: Smuckers PB&J Uncrustables Offered Daily	Entrée Three: Smuckers PB&J Uncrustables Offered Daily	Entrée Three: Smuckers PB&J Uncrustables Offered Daily	Entrée Three: Smuckers PB&J Uncrustables Offered Daily
	Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)	Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)	Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)	Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)
	Vegetable Choices: Oven Baked Smile Fries and Ranchero Pinto Beans	Vegetable Choices: Leafy Green Side Salad and Raw Cauliflower with Ranch	Vegetable Choices: Steamed Mixed Vegetables and Celery Sticks with Ranch	Vegetable Choices: Steamy Broccoli and Cherry Tomatoes
	Assorted Fruit & Peach Cup	Assorted Fruit & Pears	Assorted Fruit & Strawberry Cup	Assorted Fruit & Apple Snack Pack
	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk
December 9	December 10	December 11	December 12	December 13
Entrée One: Cheese Pizza	Entrée One: Seasoned Beef Nachos with Cheese over WG tortilla chips with Salsa	Entrée One: Chicken Tenders with a Whole Grain Muffin	Entrée One: Popcorn Chicken w/ Breadstick	Entrée One: Subway Sandwich Day! Options include Turkey and Cheese and Ham and Cheese
Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads	Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads	Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads	Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads	Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads
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Vegetable Choices: Baby Carrots with Ranch and Steamy Broccoli	Vegetables Choices: Steamy Corn and Fiesta Black Beans	Vegetable Choices: Leafy Green Side Salad and Oven Baked Fries	Vegetable Choices: Fresh Red Pepper Strips or Green Beans	Vegetable Choices: BBQ Baked Beans and Celery Sticks with Ranch
Assorted Fruit & Applesauce	Assorted Fruit & Chilled Peach Cup	Assorted Fruit & Chilled Pears	Assorted Fruit & Strawberry Cup	Assorted Fruit & Apple Snack Pack
Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk

This institution is an equal opportunity employer and provider. Menu options are subject to change.  
Please call 610.670.0180 X1147 with any questions and speak with the Director of Food Services, Sarah Ginn.