



Wilson School District September High School Lunch Menu

Monday		Tuesday		Wednesday		Thursday		Friday	
September 9		September 10		September 11		September 12		September 13	
<p>Entrée One: Pizza Day! Fresh Baked Pizza w/ Whole Grain Crust, Pizza Sauce, and Shredded Cheese</p>		<p>Entrée One: Seasoned Beef Nachos w/ Cheese Sauce over WG Tortilla Chips & Salsa</p>		<p>Entrée One: Subway Sandwich Day! Options include Turkey and Cheese and Ham and Cheese</p>		<p>Entrée One: Swedish Meatballs over Egg Noodles in a Brown Gravy with Sour Cream</p>		<p>No School - Enjoy the Weekend!</p>	
		<p>Entrée Two: Max Sticks with Marinara Dipping Sauce</p>				<p>Entrée Two: Regular or Spicy Chicken Patty Sandwich on a Whole Wheat Hamburg Bun</p>			
<p>Entrée Two: Smuckers PB&J Uncrustable & Assorted Sandwiches</p>		<p>Entrée Three: Smuckers PB&J Uncrustable & Assorted Sandwiches</p>		<p>Entrée Two: Smuckers PB&J Uncrustable & Assorted Sandwiches</p>		<p>Entrée Three: Smuckers PB&J Uncrustable & Assorted Sandwiches</p>			
<p>Entrée Three: Assorted Parfaits</p>		<p>Entrée Four: Assorted Parfaits</p>		<p>Entrée Three: Assorted Parfaits</p>		<p>Entrée Four: Assorted Parfaits</p>			
<p>Entrée Four: Assorted Entrée Salads</p>		<p>Entrée Five: Assorted Entrée Salads</p>		<p>Entrée Four: Assorted Entrée Salads</p>		<p>Entrée Five: Assorted Entrée Salads</p>			
<p>Vegetable Choices: Steamy Broccoli and Fresh Baby Carrots</p>		<p>Vegetable Choices: Steamy Corn and Fiesta Black Beans</p>		<p>Vegetable Choices: Leafy Green Side Salad and Steamy Peas</p>		<p>Vegetable Choices: Steamy Broccoli and Fresh Red Pepper Strips</p>			
<p>Chilled Applesauce Cup and Assorted Fresh Fruit</p>		<p>Chilled Peach Cup and Assorted Fresh Fruit</p>		<p>Chilled Pears and Assorted Fresh Fruit</p>		<p>Chilled Strawberry Cup and Assorted Fresh Fruit</p>			
<p>Choice of Chocolate or White Milk</p>		<p>Choice of Chocolate or White Milk</p>		<p>Choice of Chocolate or White Milk</p>		<p>Choice of Chocolate or White Milk</p>			
September 16		September 17		September 18		September 19		September 20	
<p>Entrée One: Pizza Day! Fresh Baked Pizza w/ Whole Grain Crust, Pizza Sauce, and Shredded Cheese</p>		<p>Entrée One: Chicken and Vegetable Dumplings w/ Fried Rice & a Fortune Cookie</p>		<p>Entrée One: Baked Quesadillas</p>		<p>Entrée One: Chicken Alfredo over Pasta</p>		<p>Entrée One: Bacon Cheeseburger</p>	
		<p>Entrée Two: Max Sticks with Marinara Dipping Sauce</p>		<p>Entrée Two: Popcorn Chicken with a Dinner Roll</p>		<p>Entrée Two: Regular or Spicy Chicken Patty Sandwich on a Whole Wheat Hamburg Bun</p>		<p>Entrée Two: Walking Tacos with Cheese, Lettuce & Tomato</p>	
<p>Entrée Two: Smuckers PB&J Uncrustable & Assorted Sandwiches</p>		<p>Entrée Three: Smuckers PB&J Uncrustable & Assorted Sandwiches</p>		<p>Entrée Three: Smuckers PB&J Uncrustable & Assorted Sandwiches</p>		<p>Entrée Three: Smuckers PB&J Uncrustable & Assorted Sandwiches</p>		<p>Entrée Three: Smuckers PB&J Uncrustable & Assorted Sandwiches</p>	
<p>Entrée Three: Assorted Parfaits</p>		<p>Entrée Four: Assorted Parfaits</p>		<p>Entrée Four: Assorted Parfaits</p>		<p>Entrée Four: Assorted Parfaits</p>		<p>Entrée Four: Assorted Parfaits</p>	
<p>Entrée Four: Assorted Entrée Salads</p>		<p>Entrée Five: Assorted Entrée Salads</p>		<p>Entrée Five: Assorted Entrée Salads</p>		<p>Entrée Five: Assorted Entrée Salads</p>		<p>Entrée Five: Assorted Entrée Salads</p>	
<p>Vegetable Choices: Steamy Broccoli and Fresh Baby Carrots</p>		<p>Vegetable Choices: Steamy Mixed Vegetables and Celery Sticks</p>		<p>Vegetable Choices: Leafy Green Side Salad and Steamy Corn</p>		<p>Vegetable Choices: Steamy Broccoli and Steamy Mixed Vegetables</p>		<p>Vegetable Choices: Oven Baked French Fries and BBQ Baked Beans</p>	
<p>Chilled Applesauce Cup and Assorted Fresh Fruit</p>		<p>Chilled Peach Cup and Assorted Fresh Fruit</p>		<p>Chilled Pears and Assorted Fresh Fruit</p>		<p>Chilled Strawberry Cup and Assorted Fresh Fruit</p>		<p>Chilled, Fresh Apple Slices and Assorted Fresh Fruit</p>	
<p>Choice of Chocolate or White Milk</p>		<p>Choice of Chocolate or White Milk</p>		<p>Choice of Chocolate or White Milk</p>		<p>Choice of Chocolate or White Milk</p>		<p>Choice of Chocolate or White Milk</p>	

This institution is an equal opportunity employer and provider. Menu options are subject to change.
Please call 610.670.0180 X1147 with any questions and speak with the Director of Food Services, Sarah Ginn.