



Wilson School District September Middle School Lunch Menu

Monday		Tuesday		Wednesday		Thursday		Friday	
September 23		September 24		September 25		September 26		September 27	
Entrée One: Chicken Nuggets w/ Goldfish Crackers		Entrée One: Walking Beef Taco w/ Cheese		Entrée One: Cheesy Pull Apart Italian Cheese and Garlic Bread w/ Marinara Sauce		Entrée One: Teriyaki Chicken w/ Lo Mein		Entrée One: Beefy Hot Dog on Whole Grain Roll	
Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads		Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads		Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads		Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads		Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads	
Entrée Three: Smuckers PB&J Uncrustables Offered Daily		Entrée Three: Smuckers PB&J Uncrustables Offered Daily		Entrée Three: Smuckers PB&J Uncrustables Offered Daily		Entrée Three: Smuckers PB&J Uncrustables Offered Daily		Entrée Three: Smuckers PB&J Uncrustables Offered Daily	
Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)		Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)		Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)		Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)		Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)	
Vegetable Choices: Oven Baked French Fries and Steamy Broccoli		Vegetables Choices: Steamy Corn and Fiesta Black Beans		Vegetable Choices: Leafy Green Side Salad and Baby Carrots		Vegetable Choices: Fresh Red Pepper Strips or Steamy Broccoli		Vegetable Choices: BBQ Baked Beans and Steamy Green Beans	
Chilled Applesauce Cup and Assorted Fresh Fruit		Chilled Peach Cup and Assorted Fresh Fruit		Chilled Pears and Assorted Fresh Fruit		Chilled Strawberry Cup and Assorted Fresh Fruit		Chilled, Fresh Apple Slices and Assorted Fresh Fruit	
Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk	
September 30		October 1		October 2		October 3		October 4	
Entrée One: Cheese Pizza with Whole Grain Crust		Entrée One: Chicken Burrito Wrap		Entrée One: Lasagna Roll Up with Sauce and Breadstick		Entrée One: Chicken Patty Sandwich on a Whole Wheat Hamburger Bun		Entrée One: Hamburger on a Whole Wheat Bun	
Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads		Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads		Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads		Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads		Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads	
Entrée Three: Smuckers PB&J Uncrustables Offered Daily		Entrée Three: Smuckers PB&J Uncrustables Offered Daily		Entrée Three: Smuckers PB&J Uncrustables Offered Daily		Entrée Three: Smuckers PB&J Uncrustables Offered Daily		Entrée Three: Smuckers PB&J Uncrustables Offered Daily	
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Vegetable Choices: Oven Baked Potato Smiles and Steamy Peas		Vegetable Choices: Steamy Corn and Ranchero Pinto Beans		Vegetable Choices: Leafy Green Side Salad and Steamy Green Beans		Vegetable Choices: Baby Carrots and Celery Sticks		Vegetable Choices: Steamy Broccoli and Tomato Soup	
Chilled Applesauce Cup and Assorted Fresh Fruit		Chilled Peach Cup and Assorted Fresh Fruit		Chilled Pears and Assorted Fresh Fruit		Chilled Strawberry Cup and Assorted Fresh Fruit		Chilled, Fresh Apple Slices and Assorted Fresh Fruit	
Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk	

This institution is an equal opportunity employer and provider. Menu options are subject to change.
Please call 610.670.0180 X1147 with any questions and speak with the Director of Food Services, Sarah Ginn.