



Wilson School District September High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
September 23	September 24	September 25	September 26	September 27
Entrée One: Pizza Day! Fresh Baked Pizza w/ Whole Grain Crust, Pizza Sauce, and Shredded Cheese	Entrée One: Chicken Tenders w/ Scooby Snacks	Entrée Two: Buffalo Chicken Dip w/ Tortilla Chips - A Spicy, Creamy Chicken and Cheese Favorite	Entrée One: Orange Chicken w/ Fried Rice and Fortune Cookie	Entrée One: Meatball Hoagie w/ Beefy Meatballs, Marinara Sauce & Shredded Mozzarella on a Whole Grain Club Roll
	Entrée Two: Max Sticks with Marinara Dipping Sauce	Entrée Two: Popcorn Chicken with a Dinner Roll	Entrée Two: Regular or Spicy Chicken Patty Sandwich on a Whole Wheat Hamburg Bun	Entrée Two: Walking Tacos with Cheese, Lettuce & Tomato
Entrée Two: Smuckers PB&J Uncrustable & Assorted Sandwiches	Entrée Three: Smuckers PB&J Uncrustable & Assorted Sandwiches	Entrée Three: Smuckers PB&J Uncrustable & Assorted Sandwiches	Entrée Three: Smuckers PB&J Uncrustable & Assorted Sandwiches	Entrée Three: Smuckers PB&J Uncrustable & Assorted Sandwiches
Entrée Three: Assorted Parfaits	Entrée Four: Assorted Parfaits	Entrée Four: Assorted Parfaits	Entrée Four: Assorted Parfaits	Entrée Four: Assorted Parfaits
Entrée Four: Assorted Entrée Salads	Entrée Five: Assorted Entrée Salads	Entrée Five: Assorted Entrée Salads	Entrée Five: Assorted Entrée Salads	Entrée Five: Assorted Entrée Salads
Vegetable Choices: Steamy Broccoli and Fresh Baby Carrots	Vegetable Choices: Steamy Corn and Fiesta Black Beans	Vegetable Choices: Leafy Green Side Salad and Baby Carrots	Vegetable Choices: Fresh Red Pepper Strips and Steamy Broccoli	Vegetable Choices: BBQ Baked Beans and Steamy Green Beans
Assorted Fruit & Chilled Applesauce	Assorted Fruit & Chilled Peach Cup	Assorted Fruit & Chilled Pears	Assorted Fruit & Strawberry Cup	Assorted Fruit & Apple Snack Pack
Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk
September 30	October 1	October 2	October 3	October 4
Entrée One: Pizza Day! Fresh Baked Pizza w/ Whole Grain Crust, Pizza Sauce, and Shredded Cheese	Entrée One: Chicken Fajita Bowl w/ Seasoned Chicken Strips, Sautéed Peppers & Onions w/ Shredded Cheese over Rice	Entrée One: Hamburger on a Whole Wheat Bun	Entrée One: French Toast Sticks w/ Sausage	Entrée One: Grilled Cheese w/ Creamy Tomato Soup
	Entrée Two: Max Sticks with Marinara Dipping Sauce	Entrée Two: Popcorn Chicken with a Dinner Roll	Entrée Two: Regular or Spicy Chicken Patty Sandwich on a Whole Wheat Hamburg Bun	Entrée Two: Walking Tacos with Cheese, Lettuce & Tomato
Entrée Two: Smuckers PB&J Uncrustable & Assorted Sandwiches	Entrée Three: Smuckers PB&J Uncrustable & Assorted Sandwiches	Entrée Three: Smuckers PB&J Uncrustable & Assorted Sandwiches	Entrée Three: Smuckers PB&J Uncrustable & Assorted Sandwiches	Entrée Three: Smuckers PB&J Uncrustable & Assorted Sandwiches
Entrée Three: Assorted Parfaits	Entrée Four: Assorted Parfaits	Entrée Four: Assorted Parfaits	Entrée Four: Assorted Parfaits	Entrée Four: Assorted Parfaits
Entrée Four: Assorted Entrée Salads	Entrée Five: Assorted Entrée Salads	Entrée Five: Assorted Entrée Salads	Entrée Five: Assorted Entrée Salads	Entrée Five: Assorted Entrée Salads
Vegetable Choices: Steamy Peas and Fresh Baby Carrots	Vegetable Choices: Steamy Corn and Ranchero Pinto Beans	Vegetable Choices: Celery Sticks w/ Dip and Fresh Baby Carrots	Vegetable Choices: Oven Baked Tater Tots and Steamy Green Beans	Vegetable Choices: Steamy Broccoli and Creamy Tomato Soup
Assorted Fruit & Chilled Applesauce	Assorted Fruit & Chilled Peach Cup	Assorted Fruit & Chilled Pears	Assorted Fruit & Strawberry Cup	Assorted Fruit & Apple Snack Pack
Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk

This institution is an equal opportunity employer and provider. Menu options are subject to change.
Please call 610.670.0180 X1147 with any questions and speak with the Director of Food Services, Sarah Ginn.