



Wilson School District August and September Middle School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
August 26	August 27	August 28	August 29	August 30
Entrée One: Chicken Nuggets w/ Goldfish Crackers	Entrée One: Walking Beef Taco w/ Cheese	Entrée One: Cheesy Pull Apart Italian Cheese and Garlic Bread w/ Marinara Sauce	Entrée One: Teriyaki Chicken w/ Lo Mein	Labor Day Break
Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads	Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads	Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads	Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads	
Entrée Three: Smuckers PB&J Uncrustables Offered Daily	Entrée Three: Smuckers PB&J Uncrustables Offered Daily	Entrée Three: Smuckers PB&J Uncrustables Offered Daily	Entrée Three: Smuckers PB&J Uncrustables Offered Daily	
Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)	Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)	Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)	Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)	
Vegetable Choices: Oven Baked French Fries and Steamy Broccoli	Vegetables Choices: Steamy Corn and Fiesta Black Beans	Vegetable Choices: Leafy Green Side Salad and Baby Carrots	Vegetable Choices: Fresh Red Pepper Strips or Steamy Broccoli	
Chilled Applesauce Cup and Assorted Fresh Fruit	Chilled Peach Cup and Assorted Fresh Fruit	Chilled Pears and Assorted Fresh Fruit	Chilled Strawberry Cup and Assorted Fresh Fruit	
Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	
September 2	September 3	September 4	September 5	September 6
Labor Day Holiday	Entrée One: Chicken Burrito Wrap	Entrée One: Lasagna Roll Up with Sauce and Breadstick	Entrée One: Chicken Patty Sandwich on a Whole Wheat Hamburger Bun	Entrée One: Hamburger on a Whole Wheat Bun
	Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads	Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads	Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads	Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads
	Entrée Three: Smuckers PB&J Uncrustables Offered Daily	Entrée Three: Smuckers PB&J Uncrustables Offered Daily	Entrée Three: Smuckers PB&J Uncrustables Offered Daily	Entrée Three: Smuckers PB&J Uncrustables Offered Daily
	Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)	Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)	Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)	Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)
	Vegetable Choices: Steamy Corn and Ranchero Pinto Beans	Vegetable Choices: Leafy Green Side Salad and Steamy Green Beans	Vegetable Choices: Baby Carrots and Celery Sticks	Vegetable Choices: Steamy Broccoli and Grape Tomatoes
	Chilled Peach Cup and Assorted Fresh Fruit	Chilled Pears and Assorted Fresh Fruit	Chilled Strawberry Cup and Assorted Fresh Fruit	Chilled, Fresh Apple Slices and Assorted Fresh Fruit
	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk

This institution is an equal opportunity employer and provider. Menu options are subject to change.
Please call 610.670.0180 X1147 with any questions and speak with the Director of Food Services, Sarah Ginn.