

Menu Cycle Week – Nutrient Analysis

Menu Cycle: 24.25 Fall ELEM Lunch Week #3
 Week: 1
 Result: **Fail**

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Lunch
 Serving Group: K-5
 Site Group: Elementary

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[550.00 - 650.00]	593.51	
Total Fat (g)		19.02	28.84
Sat Fat (g)(1)	< 10.00 % of Calories	6.88	10.44
Trans Fat (g)(2)		0.09(M)	
Chol (mg)		48.04(M)	
Sodium Target 1A (mg) (1)	<= 1,110.00	888.10	
Carb (g)		79.32	53.46
Total Fiber (g)		7.67	
Total Sugars (g)		36.32(M)	24.48
Added Sugars (g)		9.80(M)	
Protein (g)		27.55	18.57
Iron (mg)		3.72(M)	
Calcium (mg)		410.36(M)	
VitA (IU)		2,516.12(M)	
VitC (mg)		22.02(M)	
VitD (mcg)		2.43(M)	
Potassium (mg)		893.37(M)	
Mois (g)		25.29(M)	
Ash (g)		0.19(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Meat/MA	[8.000 - 10.000]	[10.000 - 12.000](a)	
Grains	[8.000 - 9.000]	[10.000 - 12.250](a)	
Non-WGR		4.250	
WGR	>= 80.000 % of	30.250	87.68
Grain-D	<= 2.000	0.000	
Fruit	>= 2.500	[2.500 - 3.500]	
Fruit-J	<= 50.000 % of	0.000	0.00
Veg	>= 3.750	[5.500 - 6.125]	
Veg-DG	>= 0.500	1.000	
Veg-RO	>= 0.750	2.125	
Veg-BP	>= 0.500	0.500	
Veg-S	>= 0.500	1.500	
Veg-O	>= 0.500	1.000	
Veg-X		0.000	
Vegetable-J	<= 50.000 % of	0.000	0.00
MILK-F	>= 5.000	5.000	
MILK-V		Fail	

Legend

PrimeroEdge will flag based on USDA requirements starting School Year 2022-2023 for WGR and 1% flavored milk, for prior years, please consult your State Agency for that School Year requirements and waiver status.

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

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Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
24.25 Fall ELEM Lunch Week #3 Monday - Day: 1	350																			
Category: Entrees; May Choose: 1																				
Chicken Tenders w/ Muffin, MMA, WG - LR100807 (1 serv.)	300	418.33	20.00	4.17	0.00	54.17	498.33	41.50	4.67	14.83	14.17	17.50	2.95	66.67	0.00(M)	0.00(M)	0.13	393.33	(M)	
Smucker's PBJ w/ Hard Pretzels & String Cheese, ELEM, MMA, WG - LR100707 (1 serv.)	25	460.96	23.52	8.39	0.00	20.00	661.86	47.04	5.88	15.54	11.64 (M)	17.73	1.77(M)	71.70 (M)	0.00(M)	0.00(M)	0.00(M)	347.92 (M)	0.00(M)	
Turkey & Cheese on Bread, MMA, WG - LR100336 (1 sandwich)	25	305.00	7.50	3.00	0.00	52.50	1405.00	34.00	4.00	3.50	(M)	26.50	4.00(M)	66.00 (M)	0.00(M)	0.00(M)	0.00(M)	(M)	(M)	
Category: Vegetables; May Choose: 2																				
Potatoes, Sweet Potatoes, Crinkle Cut Fries, Frozen, USDA, 110721, Veg-RO - SR109872 (1/2 c.)	150	150.00	8.00	2.00	0.00	0.00	125.00	19.00	3.00	3.00	(M)	1.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable, Broccoli, No Salt Added, Frozen, USDA Foods, 110473, VEG-DG - SR108822 (1/2 c.)	200	26.00	0.00	0.00	0.00	0.00	22.00	5.00	3.00	1.00	(M)	3.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Category: Fruits; May Choose: 1																				
Assorted Fresh Fruit, F - LR100026 (1 serv.)	100	59.11	0.17	0.05	0.00(M)	0.00(M)	0.39	14.84	2.08	9.62	(M)	0.71	0.13(M)	13.97 (M)	92.67 (M)	32.38	0.00(M)	195.11 (M)	55.49 (M)	
Fruit, Applesauce, Unsweetened Cups, USDA Foods, 110361, F - SR108833 (1 Container)	250	60.00	0.00	0.00	0.00	0.00	15.00	14.00	1.00	18.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Category: Milk; May Choose: 1																				
Assorted Milk, M - LR100851 (8 fluid ounce)	265	110.00	1.25	0.75	0.00	7.50	137.50	16.50	0.00	16.00	4.50	8.00	0.50	296.00	150.00	0.00(M)	3.00	383.00	(M)	
Category: Condiments; May Choose: 1																				
Condiment, Ketchup, Natural Low Sodium, Sweetened With Sugar, 9 Gram Packets, Red Gold, REDYL9G - SR107010 (1 packet)	250	10.00	0.00	0.00	0.00	0.00	25.00	2.00	0.00	2.00	2.00	0.00	0.00	0.00	0.00(M)	0.00(M)	0.00	0.00	(M)	
24.25 Fall ELEM Lunch Week #3 Tuesday - Day: 2	350																			
Category: Entrees; May Choose: 1																				

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Assorted Yogurt Parfaits, w/ Pretzel Packs, MMA, WG, F - LR100502 (1 serv.)	75	552.26	10.76	2.80	0.00(M)	5.55(M)	570.20	106.00	6.86	51.65	37.66 (M)	14.33	2.59(M)	266.17 (M)	209.69 (M)	2.80(M)	3.34(M)	623.90 (M)	24.10 (M)
Nachos Grande w/ Salsa, MMA, WG, VRO - LR100441 (1 serv.)	235	571.86	29.01	11.50	0.70	71.98	702.89	50.44	4.16	14.14	0.00(M)	26.11	6.69	404.31	419.82 (M)	37.13 (M)	0.00	2468.07	5.39(M)
Smucker's PBJ w/ Hard Pretzels & String Cheese, ELEM, MMA, WG - LR100707 (1 serv.)	40	460.96	23.52	8.39	0.00	20.00	661.86	47.04	5.88	15.54	11.64 (M)	17.73	1.77(M)	71.70 (M)	0.00(M)	0.00(M)	0.00(M)	347.92 (M)	0.00(M)
Category: Vegetables; May Choose: 2																			
Beans, Taco Fiesta Black Beans Bush's Best, Veg-BP - SR109445 (1/2 cup, cooke)	65	112.51	1.02	0.00	0.00	0.00	480.71	20.46	4.09	2.05	(M)	5.11	1.84	40.91	0.00	0.00	(M)	286.38	(M)
Corn, golden or yellow, whole kernel, cooked from frozen, drained, without salt [100348, A130] - SR105269 (1/2 c.)	220	66.00	0.55	0.08	0.00	0.00	1.00	15.83	2.00	(M)	(M)	2.09	0.39	2.00	163.00	2.90	(M)	(M)	(M)
Category: Fruits; May Choose: 1																			
Assorted Fresh Fruit, F - LR100026 (1 serv.)	65	59.11	0.17	0.05	0.00(M)	0.00(M)	0.39	14.84	2.08	9.62	(M)	0.71	0.13(M)	13.97 (M)	92.67 (M)	32.38	0.00(M)	195.11 (M)	55.49 (M)
Peaches, Diced, Cups - Frozen - SR109822 (4.4 oz.)	180	89.81	0.00	0.00	0.00	0.00	0.00	20.96	2.00	18.96	(M)	1.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Assorted Milk, M - LR100851 (8 fluid ounce)	240	110.00	1.25	0.75	0.00	7.50	137.50	16.50	0.00	16.00	4.50	8.00	0.50	296.00	150.00	0.00(M)	3.00	383.00	(M)
24.25 Fall ELEM Lunch Week #3 Wednesday - Day: 3																			
Category: Entrees; May Choose: 1																			
Pizza, Whole Grain Rich 17oz crust, 16 oz Cheese Pizza - 8 cut, Mickey's, G16C16SO8F, WGR, MMA, Veg-RO - SR102916 (1/8 pizza)	250	320.00	15.00	10.00	0.00	45.00	450.00	28.00	3.00	3.00	(M)	19.00	1.80	450.00	750.00	0.00	(M)	(M)	(M)
Smucker's PBJ w/ Hard Pretzels & String Cheese, ELEM, MMA, WG - LR100707 (1 serv.)	50	460.96	23.52	8.39	0.00	20.00	661.86	47.04	5.88	15.54	11.64 (M)	17.73	1.77(M)	71.70 (M)	0.00(M)	0.00(M)	0.00(M)	347.92 (M)	0.00(M)
Turkey & Cheese on Bread, MMA, WG - LR100336 (1 sandwich)	50	305.00	7.50	3.00	0.00	52.50	1405.00	34.00	4.00	3.50	(M)	26.50	4.00(M)	66.00 (M)	0.00(M)	0.00(M)	0.00(M)	(M)	(M)
Category: Vegetables; May Choose: 2																			

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Baby Carrots w/ Ranch Dip, VRO, 0.5C - LR100279 (1 serv.)	200	46.00	0.09	0.01	0.00	0.00	132.20	10.01	2.13	0.00(M)	0.00(M)	0.46	0.66	23.40	10163.40	1.95	0.00(M)	0.00(M)	0.00(M)
Leafy Green Side Salad, VDG, VRO - LR100014 (1 salad)	150	54.61	0.37	0.05	0.00	0.00	104.34	11.51	2.78	4.04	(M)	1.53	0.75	33.57	10060.12	13.97	0.00(M)	218.49(M)	72.72(M)
Category: Fruits; May Choose: 1																			
Assorted Fresh Fruit, F - LR100026 (1 serv.)	100	59.11	0.17	0.05	0.00(M)	0.00(M)	0.39	14.84	2.08	9.62	(M)	0.71	0.13(M)	13.97(M)	92.67(M)	32.38	0.00(M)	195.11(M)	55.49(M)
Pears, Diced, Extra Light Syrup, Canned, USDA Foods, 100225, F - SR109120 (1/2 c.)	265	60.00	0.00	0.00	0.00	0.00	5.00	16.00	2.00	12.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Assorted Milk, M - LR100851 (8 fluid ounce)	250	110.00	1.25	0.75	0.00	7.50	137.50	16.50	0.00	16.00	4.50	8.00	0.50	296.00	150.00	0.00(M)	3.00	383.00	(M)
24.25 Fall ELEM Lunch Week #3 Thursday - Day: 4																			
Category: Entrees; May Choose: 1																			
Assorted Yogurt Parfaits, w/ Pretzel Packs, MMA, WG, F - LR100502 (1 serv.)	50	552.26	10.76	2.80	0.00(M)	5.55(M)	570.20	106.00	6.86	51.65	37.66(M)	14.33	2.59(M)	266.17(M)	209.69(M)	2.80(M)	3.34(M)	623.90(M)	24.10(M)
Smucker's PBJ w/ Hard Pretzels & String Cheese, ELEM, MMA, WG - LR100707 (1 serv.)	25	460.96	23.52	8.39	0.00	20.00	661.86	47.04	5.88	15.54	11.64(M)	17.73	1.77(M)	71.70(M)	0.00(M)	0.00(M)	0.00(M)	347.92(M)	0.00(M)
Subway Ham & American Cheese, 6" Multi Grain, Includes Lettuce, Tomatoes, Cucumbers - LR100744 (1 serv.)	125	360.00	10.00	5.00	0.00	55.00	1350.00	42.00	4.00	7.00	0.00	24.00	2.70	100.00	1000.00	3.60	(M)	(M)	(M)
Subway Turkey & American Cheese, 6" Multi Grain, Includes Lettuce, Tomatoes, Cucumbers - LR100743 (1 serv.)	150	340.00	10.00	5.00	0.00	50.00	1170.00	41.00	4.00	5.00	0.00	23.00	1.80	100.00	1000.00	3.60	(M)	(M)	(M)
Category: Vegetables; May Choose: 2																			
Cucumber Slices w/ Ranch, 0.5C - VO - LR100298 (1 serv.)	150	27.80	0.06	0.02	0.00	0.00	76.04	5.89	0.26	0.87	(M)	0.34	0.15	8.32	54.60	1.46	0.00(M)	76.44	49.52(M)
Frozen Cut Green Beans, VO - LR100852 (1/2 c.)	150	23.33	0.00	0.00	0.00	0.00	0.00	4.67	1.33	1.33	(M)	1.33	0.53	26.67	(M)	(M)	0.00	113.33	(M)
Category: Fruits; May Choose: 1																			
Assorted Fresh Fruit, F - LR100026 (1 serv.)	100	59.11	0.17	0.05	0.00(M)	0.00(M)	0.39	14.84	2.08	9.62	(M)	0.71	0.13(M)	13.97(M)	92.67(M)	32.38	0.00(M)	195.11(M)	55.49(M)

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Strawberries, Diced, Cups, Frozen, 4.5 oz., USDA, 100256, F - SR109098 (1 Container)	235	80.00	0.00	0.00	0.00	0.00	1.00	21.00	2.00	16.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Assorted Milk, M - LR100851 (8 fluid ounce)	250	110.00	1.25	0.75	0.00	7.50	137.50	16.50	0.00	16.00	4.50	8.00	0.50	296.00	150.00	0.00(M)	3.00	383.00	(M)
24.25 Fall ELEM Lunch Week #3 Friday - Day: 5																			
Category: Entrees; May Choose: 1																			
Popcorn Chicken w/ Breadstick, MMA, WG - LR100157 (1 serv.)	290	364.75	15.90	2.77	0.00	22.15	537.67	37.51	4.32	4.11	0.00(M)	18.51	2.46	53.23	0.00(M)	2.40(M)	0.11(M)	287.98 (M)	(M)
Smucker's PBJ w/ Hard Pretzels & String Cheese, ELEM, MMA, WG - LR100707 (1 serv.)	35	460.96	23.52	8.39	0.00	20.00	661.86	47.04	5.88	15.54	11.64 (M)	17.73	1.77(M)	71.70 (M)	0.00(M)	0.00(M)	0.00(M)	347.92 (M)	0.00(M)
Turkey & Cheese on Bread, MMA, WG - LR100336 (1 sandwich)	25	305.00	7.50	3.00	0.00	52.50	1405.00	34.00	4.00	3.50	(M)	26.50	4.00(M)	66.00 (M)	0.00(M)	0.00(M)	0.00(M)	(M)	(M)
Category: Vegetables; May Choose: 2																			
Corn, golden or yellow, whole kernel, cooked from frozen, drained, without salt [100348, A130] - SR105269 (1/2 c.)	35	66.00	0.55	0.08	0.00	0.00	1.00	15.83	2.00	(M)	(M)	2.09	0.39	2.00	163.00	2.90	(M)	(M)	(M)
Potatoes, Mashed Potato Pearls, 12/28 oz. Pouch, Basic American Foods, 76468, Veg-S - SR109800 (1/2 c.)	20	70.00	1.00	0.00	0.00	0.00	340.00	14.00	1.00	0.00	0.00	2.00	0.30	10.00	(M)	(M)	0.00	320.07	(M)
Category: Fruits; May Choose: 1																			
Apples, Slices, 2 oz. bags, Peterson Farms, 203102 - SR107959 (1 Bag)	300	30.00	0.00	0.00	0.00(M)	0.00(M)	0.00	7.00	1.00	6.00	(M)	0.00	0.00(M)	0.00(M)	0.00(M)	39.00	(M)	(M)	(M)
Assorted Fresh Fruit, F - LR100026 (1 serv.)	25	59.11	0.17	0.05	0.00(M)	0.00(M)	0.39	14.84	2.08	9.62	(M)	0.71	0.13(M)	13.97 (M)	92.67 (M)	32.38	0.00(M)	195.11 (M)	55.49 (M)
Category: Milk; May Choose: 1																			
Assorted Milk, M - LR100851 (8 fluid ounce)	250	110.00	1.25	0.75	0.00	7.50	137.50	16.50	0.00	16.00	4.50	8.00	0.50	296.00	150.00	0.00(M)	3.00	383.00	(M)