



Wilson School District September Middle School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
September 23	September 24	September 25	September 26	September 27
Entrée One: Chicken Nuggets w/ Goldfish Crackers	Entrée One: Walking Beef Taco w/ Cheese	Entrée One: Cheesy Pull Apart Italian Cheese and Garlic Bread w/ Marinara Sauce	Entrée One: Teriyaki Chicken w/ Lo Mein	Entrée One: Beefy Hot Dog on Whole Grain Roll
Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads	Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads	Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads	Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads	Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads
Entrée Three: Smuckers PB&J Uncrustables Offered Daily	Entrée Three: Smuckers PB&J Uncrustables Offered Daily	Entrée Three: Smuckers PB&J Uncrustables Offered Daily	Entrée Three: Smuckers PB&J Uncrustables Offered Daily	Entrée Three: Smuckers PB&J Uncrustables Offered Daily
Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)	Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)	Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)	Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)	Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)
Vegetable Choices: Oven Baked French Fries and Steamy Broccoli	Vegetables Choices: Steamy Corn and Fiesta Black Beans	Vegetable Choices: Leafy Green Side Salad and Baby Carrots	Vegetable Choices: Fresh Red Pepper Strips or Steamy Broccoli	Vegetable Choices: BBQ Baked Beans and Steamy Green Beans
Chilled Applesauce Cup	Chilled Peach Cup	Chilled Pears	Chilled Strawberry Cup	Chilled, Fresh Apple Slices
Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk
September 30	October 1	October 2	October 3	October 4
Entrée One: Cheese Pizza with Whole Grain Crust	Entrée One: Chicken Burrito Wrap	Entrée One: Lasagna Roll Up with Sauce and Breadstick	Entrée One: Chicken Patty Sandwich on a Whole Wheat Hamburger Bun	Entrée One: Hamburger on a Whole Wheat Bun
Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads	Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads	Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads	Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads	Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads
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Vegetable Choices: Oven Baked Potato Smiles and Steamy Peas	Vegetable Choices: Steamy Corn and Ranchero Pinto Beans	Vegetable Choices: Leafy Green Side Salad and Steamy Green Beans	Vegetable Choices: Baby Carrots and Celery Sticks	Vegetable Choices: Steamy Broccoli and Tomato Soup
Chilled Applesauce Cup	Chilled Peach Cup	Chilled Pears	Chilled Strawberry Cup	Chilled, Fresh Apple Slices
Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk

This institution is an equal opportunity employer and provider. Menu options are subject to change.
Please call 610.670.0180 X1147 with any questions and speak with the Director of Food Services, Sarah Ginn.