



Wilson School District October High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
October 7	October 8	October 9	October 10	October 11
<p>Entrée One: Pizza Day! Fresh Baked Pizza w/ Whole Grain Crust, Pizza Sauce, and Shredded Cheese</p>	<p>Entrée One: Seasoned Beef Nachos w/ Cheese Sauce over WG Tortilla Chips & Salsa</p> <p>Entrée Two: Max Sticks with Marinara Dipping Sauce</p>	<p>Entrée One: Subway Sandwich Day! Options include Turkey and Cheese and Ham and Cheese</p>	<p>Entrée One: Swedish Meatballs over Egg Noodles in a Brown Gravy with Sour Cream</p> <p>Entrée Two: Regular or Spicy Chicken Patty Sandwich on a Whole Wheat Hamburg Bun</p>	<p>Entrée one: Ham and Cheese on a Whole Wheat Pretzel Bun</p> <p>Entrée Two: Walking Tacos with Cheese, Lettuce & Tomato</p>
<p>Entrée Two: Smuckers PB&J Uncrustable & Assorted Sandwiches</p>	<p>Entrée Three: Smuckers PB&J Uncrustable & Assorted Sandwiches</p>	<p>Entrée Two: Smuckers PB&J Uncrustable & Assorted Sandwiches</p>	<p>Entrée Three: Smuckers PB&J Uncrustable & Assorted Sandwiches</p>	<p>Entrée Three: Smuckers PB&J Uncrustable & Assorted Sandwiches</p>
<p>Entrée Three: Assorted Parfaits</p>	<p>Entrée Four: Assorted Parfaits</p>	<p>Entrée Three: Assorted Parfaits</p>	<p>Entrée Four: Assorted Parfaits</p>	<p>Entrée Four: Assorted Parfaits</p>
<p>Entrée Four: Assorted Entrée Salads</p>	<p>Entrée Five: Assorted Entrée Salads</p>	<p>Entrée Four: Assorted Entrée Salads</p>	<p>Entrée Five: Assorted Entrée Salads</p>	<p>Entrée Five: Assorted Entrée Salads</p>
<p>Vegetable Choices: Steamy Broccoli and Fresh Baby Carrots</p>	<p>Vegetable Choices: Steamy Corn and Fiesta Black Beans</p>	<p>Vegetable Choices: Leafy Green Side Salad and Steamy Peas</p>	<p>Vegetable Choices: Steamy Broccoli and Fresh Red Pepper Strips</p>	<p>Vegetable Choices: Creamy Mashed Potatoes and Steamy Corn</p>
<p>Assorted Fruit & Chilled Applesauce</p>	<p>Assorted Fruit & Chilled Peach Cup</p>	<p>Assorted Fruit & Chilled Pears</p>	<p>Assorted Fruit & Strawberry Cup</p>	<p>Assorted Fruit & Apple Snack Pack</p>
<p>Choice of Chocolate or White Milk</p>	<p>Choice of Chocolate or White Milk</p>	<p>Choice of Chocolate or White Milk</p>	<p>Choice of Chocolate or White Milk</p>	<p>Choice of Chocolate or White Milk</p>
October 14	October 15	October 16	October 17	October 18
<p>No School - Enjoy the Day!</p>	<p>Entrée One: Chicken and Vegetable Dumplings w/ Fried Rice & a Fortune Cookie</p>	<p>Entrée One: Baked Quesadillas</p>	<p>Entrée One: Chicken Alfredo over Pasta</p>	<p>Entrée One: Bacon Cheeseburger</p>
	<p>Entrée Two: Max Sticks with Marinara Dipping Sauce</p>	<p>Entrée Two: Popcorn Chicken with a Dinner Roll</p>	<p>Entrée Two: Regular or Spicy Chicken Patty Sandwich on a Whole Wheat Hamburg Bun</p>	<p>Entrée Two: Walking Tacos with Cheese, Lettuce & Tomato</p>
	<p>Entrée Three: Smuckers PB&J Uncrustable & Assorted Sandwiches</p>	<p>Entrée Three: Smuckers PB&J Uncrustable & Assorted Sandwiches</p>	<p>Entrée Three: Smuckers PB&J Uncrustable & Assorted Sandwiches</p>	<p>Entrée Three: Smuckers PB&J Uncrustable & Assorted Sandwiches</p>
	<p>Entrée Four: Assorted Parfaits</p>	<p>Entrée Four: Assorted Parfaits</p>	<p>Entrée Four: Assorted Parfaits</p>	<p>Entrée Four: Assorted Parfaits</p>
	<p>Entrée Five: Assorted Entrée Salads</p>	<p>Entrée Five: Assorted Entrée Salads</p>	<p>Entrée Five: Assorted Entrée Salads</p>	<p>Entrée Five: Assorted Entrée Salads</p>
	<p>Vegetable Choices: Steamy Mixed Vegetables and Celery Sticks</p>	<p>Vegetable Choices: Leafy Green Side Salad and Steamy Corn</p>	<p>Vegetable Choices: Steamy Broccoli and Steamy Mixed Vegetables</p>	<p>Vegetable Choices: Oven Baked French Fries and BBQ Baked Beans</p>
	<p>Assorted Fruit & Chilled Peach Cup</p>	<p>Assorted Fruit & Chilled Pears</p>	<p>Assorted Fruit & Strawberry Cup</p>	<p>Assorted Fruit & Apple Snack Pack</p>
	<p>Choice of Chocolate or White Milk</p>	<p>Choice of Chocolate or White Milk</p>	<p>Choice of Chocolate or White Milk</p>	<p>Choice of Chocolate or White Milk</p>

This institution is an equal opportunity employer and provider. Menu options are subject to change. Please call 610.670.0180 X1147 with any questions and speak with the Director of Food Services, Sarah Ginn.