

DID YOU KNOW:

Every state in the USA produces strawberries, making the United States the largest producer! The average American eats 8# of strawberries per year!!!



Wilson School District May High School Lunch Menu

| Monday May 13 | Tuesday May 14 | Wednesday May 15 | Thursday May 16 | Friday May 17 |
|--|---|--|---|---|
| Entrée One: Fresh Baked Pizza Day! Made with a Whole Grain Crust, Pizza Sauce & Cheese Blend | Entrée One: Grilled Cheese w/ Creamy Tomato Soup | Entrée One: SUBWAY DAY!! Ham and Cheese Subs OR Turkey and Cheese Subs | Entrée One: Chicken Taco Salad - seasoned chicken with peppers & onions on bed of lettuce w/ shredded cheese and WG tortilla chips | Entrée One: Chicken Tenders w/ WG Dinner Roll |
| | Entrée Two: Whole Grain Pizza Max Sticks Served with Marinara Dipping Sauce | Entrée Two: Whole Grain Breaded Popcorn Chicken with a Whole Wheat Dinner Roll | Entrée Two: Chicken Patty Sandwich on a Whole Wheat Hamburger Bun. Condiments on the Side. | Entrée Two: Walking Tacos: Tortilla Chips with Lettuce, Tomato, Cheddar & Taco Seasoned Ground Beef |
| Entrée Three: Assorted Sandwiches and Salads | Entrée Three: Assorted Sandwiches and Salads | Entrée Three: Assorted Sandwiches and Salads | Entrée Three: Assorted Sandwiches and Salads | Entrée Three: Assorted Sandwiches and Salads |
| Entrée Four: Assorted Parfaits | Entrée Four: Assorted Parfaits | Entrée Four: Assorted Parfaits | Entrée Four: Assorted Parfaits | Entrée Four: Assorted Parfaits |
| Entrée Five: Smucker's PB&J Uncrustables Offered Daily | Entrée Five: Smucker's PB&J Uncrustables Offered Daily | Entrée Five: Smucker's PB&J Uncrustables Offered Daily | Entrée Five: Smucker's PB&J Uncrustables Offered Daily | Entrée Five: Smucker's PB&J Uncrustables Offered Daily |
| Vegetables of the Day: Baby Carrots or Broccoli Florets with Ranch | Vegetables of the Day: Oven Baked French Fries or Fiesta Beans | Vegetables of the Day: Garden Salad or Cucumber Slices with Ranch | Vegetables of the Day: Southwestern Steamed Corn or Ranch Chickpeas | Vegetables of the Day: Garden Salad or Steamy Cheesy Broccoli |
| Assorted Fruit | Assorted Fruit | Assorted Fruit | Assorted Fruit | Assorted Fruit |
| Choice of Chocolate or White Milk | Choice of Chocolate or White Milk | Choice of Chocolate or White Milk | Choice of Chocolate or White Milk | Choice of Chocolate or White Milk |
| May 20 | May 21 | May 22 | May 23 | May 24 |
| Entrée One: Fresh Baked Pizza Day! Made with a Whole Grain Crust, Pizza Sauce & Cheese Blend | Entrée One: Chicken Broccoli Alfredo Bake | Entrée One: Brunch for Lunch - French Toast Sticks served with an Egg Patty | Entrée One: BBQ Pulled Pork on WG Club Roll | Entrée One: WG Chicken Nuggets w/ Garlic Breadstick |
| | Entrée Two: Whole Grain Pizza Max Sticks Served with Marinara Dipping Sauce | Entrée Two: Whole Grain Breaded Popcorn Chicken with a Whole Wheat Dinner Roll | Entrée Two: Chicken Patty Sandwich on a Whole Wheat Hamburger Bun. Condiments on the Side. | Entrée Two: Walking Tacos: Tortilla Chips with Lettuce, Tomato, Cheddar & Taco Seasoned Ground Beef |
| Entrée Three: Assorted Sandwiches and Salads | Entrée Three: Assorted Sandwiches and Salads | Entrée Three: Assorted Sandwiches and Salads | Entrée Three: Assorted Sandwiches and Salads | Entrée Three: Assorted Sandwiches and Salads |
| Entrée Four: Assorted Parfaits | Entrée Four: Assorted Parfaits | Entrée Four: Assorted Parfaits | Entrée Four: Assorted Parfaits | Entrée Four: Assorted Parfaits |
| Entrée Five: Smucker's PB&J Uncrustables Offered Daily | Entrée Five: Smucker's PB&J Uncrustables Offered Daily | Entrée Five: Smucker's PB&J Uncrustables Offered Daily | Entrée Five: Smucker's PB&J Uncrustables Offered Daily | Entrée Five: Smucker's PB&J Uncrustables Offered Daily |
| Vegetables of the Day: Baby Carrots or Broccoli Florets with Ranch | Vegetables of the Day: Steamy Green Beans or Baked French Fries | Vegetables of the Day: Corn Salad or Roasted Broccoli | Vegetables of the Day: Grape Tomatoes with Dip or Cauliflower with Ranch | Vegetables of the Day: Garden Salad or BBQ Baked Beans |
| Assorted Fruit | Assorted Fruit | Assorted Fruit | Assorted Fruit | Assorted Fruit |
| Choice of Chocolate or White Milk | Choice of Chocolate or White Milk | Choice of Chocolate or White Milk | Choice of Chocolate or White Milk | Choice of Chocolate or White Milk |

This institution is an equal opportunity employer and provider. Menus subject to change without notice.