

**DID YOU KNOW:**

Asparagus is a member of the lilly family, closely related to onions and leeks. Americans prefer green while Europeans prefer white asparagus.



## Wilson School District May High School Lunch Menu

Monday April 29	Tuesday April 30	Wednesday May 1	Thursday May 2	Friday May 3
Entrée One: Fresh Baked Pizza Day! Made with a Whole Grain Crust, Pizza Sauce & Cheese Blend	Entrée One: Bacon Cheeseburger on WG Roll, condiments on the side	Entrée One: WG French Toast w/ Sausage	Entrée One: Meatball Sub w/ Sauce and Cheese	Entrée One: Buffalo Chicken Mac & Cheese w/ WG Dinner Roll
	Entrée Two: Whole Grain Pizza Max Sticks Served with Marinara Dipping Sauce	Popcorn Chicken with a Whole Wheat Dinner Roll	Entrée Two: Chicken Patty Sandwich on a Whole Wheat Hamburger Bun. Condiments on the Side.	Entrée Two: Walking Tacos: Tortilla Chips with Lettuce, Tomato, Cheddar & Taco Seasoned Ground Beef
Entrée Three: Assorted Sandwiches and Salads	Entrée Three: Assorted Sandwiches and Salads	Entrée Three: Assorted Sandwiches and Salads	Entrée Three: Assorted Sandwiches and Salads	Entrée Three: Assorted Sandwiches and Salads
Entrée Four: Assorted Parfaits	Entrée Four: Assorted Parfaits	Entrée Four: Assorted Parfaits	Entrée Four: Assorted Parfaits	Entrée Four: Assorted Parfaits
Entrée Five: Smucker's PB&J Uncrustables Offered Daily	Entrée Five: Smucker's PB&J Uncrustables Offered Daily	Entrée Five: Smucker's PB&J Uncrustables Offered Daily	Entrée Five: Smucker's PB&J Uncrustables Offered Daily	Entrée Five: Smucker's PB&J Uncrustables Offered Daily
Vegetables of the Day: Baby Carrots or Broccoli Florets with Ranch	Vegetables of the Day: Red Bell Pepper Strips or Baked Tater Tots	Vegetables of the Day: Southwest Corn or Cucumber Slices with Ranch	Vegetables of the Day: WG Sun Chips, Baby Carrots or Ranch Chickpeas	Vegetables of the Day: Cauliflower and Dip or Oven Baked Fries
Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit
Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk
May 6	May 7	May 8	May 9	May 10
Entrée One: Fresh Baked Pizza Day! Made with a Whole Grain Crust, Pizza Sauce & Cheese Blend	Entrée One: Fajita Chicken Bowl w/ Seasoned Chicken, Brown Rice, Shredded Cheddar, Black Beans & Salsa	Entrée One: Buffalo Chicken Dip with Tortilla Chips	Entrée One: Philly Cheesesteak with Shaved Beef, Onions & American Cheese	Entrée One: WG Cheese Quesadilla w/ Marinara Sauce
	Entrée Two: Whole Grain Pizza Max Sticks Served with Marinara Dipping Sauce	Entrée Two: Whole Grain Breaded Popcorn Chicken Salad with a Whole Wheat Dinner Roll	Entrée Two: Chicken Patty Sandwich on a Whole Wheat Hamburger Bun. Condiments on the Side.	Entrée Two: Walking Tacos: Tortilla Chips with Lettuce, Tomato, Cheddar & Taco Seasoned Ground Beef
Entrée Three: Assorted Sandwiches and Salads	Entrée Three: Assorted Sandwiches and Salads	Entrée Three: Assorted Sandwiches and Salads	Entrée Three: Assorted Sandwiches and Salads	Entrée Three: Assorted Sandwiches and Salads
Entrée Four: Assorted Parfaits	Entrée Four: Assorted Parfaits	Entrée Four: Assorted Parfaits	Entrée Four: Assorted Parfaits	Entrée Four: Assorted Parfaits
Entrée Five: Smucker's PB&J Uncrustables Offered Daily	Entrée Five: Smucker's PB&J Uncrustables Offered Daily	Entrée Five: Smucker's PB&J Uncrustables Offered Daily	Entrée Five: Smucker's PB&J Uncrustables Offered Daily	Entrée Five: Smucker's PB&J Uncrustables Offered Daily
Vegetables of the Day: Baby Carrots or Celery Sticks with Ranch	Vegetables of the Day: Green Beans or Cucumber Slices with Ranch	Vegetables of the Day: Garden Salad or Roasted Broccoli	Vegetables of the Day: Oven Baked Fries or BBQ Baked Beans	Vegetables of the Day: Garden Salad or Steamy Mixed Vegetables
Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit
Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk

**This institution is an equal opportunity employer and provider. Menu subject to change without notice.**