

**DID YOU KNOW:**

Strawberries have on average 200 seeds and are the only fruit with the seeds on the outside!!  
Strawberries do not ripen after they are harvested!!



## Wilson School District May Elementary Lunch Menu

Monday May 13	Tuesday May 14	Wednesday May 15	Thursday May 16	Friday May 17
Entrée One: Mickey's Cheese Pizza	Entrée One: <b>SUBWAY DAY!!</b> Ham and Cheese Subs OR Turkey and Cheese Subs	Entrée One: Seasoned Chicken & Cheese Fajita w/ Peppers & Onions on a Whole Grain Tortilla	Entrée One: Walking Tacos: Tortilla Chips with Lettuce, Tomato, Cheddar & Taco Seasoned Ground Beef	Entrée One: Whole Wheat Mac and Cheese with Goldfish Crackers
Entrée Two: Chef Salad - Sliced Ham & Cheese over Lettuce with Assorted Veggies	Entrée Two: Assorted Parfaits. Options include, Chunky Monkey and Strawberry. All made with whole grain granola and low-fat yogurt. Offered Tuesdays and Thursdays	Entrée Two: Chef Salad - Sliced Ham & Cheese over Lettuce with Assorted Veggies	Entrée Two: Assorted Parfaits. Options include, Chunky Monkey and Strawberry. All made with whole grain granola and low-fat yogurt. Offered Tuesdays and Thursdays	Entrée Two: Chef Salad - Sliced Ham & Cheese over Lettuce with Assorted Veggies
Entrée Three: Smucker's PB&J Uncrustables Offered Daily	Entrée Three: Smucker's PB&J Uncrustables Offered Daily	Entrée Three: Smucker's PB&J Uncrustables Offered Daily	Entrée Three: Smucker's PB&J Uncrustables Offered Daily	Entrée Three: Smucker's PB&J Uncrustables Offered Daily
Vegetables of the Day: Baby Carrots or Broccoli Florets with Ranch	Vegetables of the Day: Baked French Fries or Cucumber Slices with Ranch	Vegetables of the Day: Red Bell Pepper Strips or Fiesta Beans	Vegetables of the Day: Southwestern Steamed Corn or Ranch Chickpeas	Vegetables of the Day: Garden Salad or Steamy Green Beans
Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit
Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk
May 20	May 21	May 22	May 23	May 24
Entrée One: Individual Pizza with a Whole Wheat Crust	Entrée One: Maple Waffle Chicken Patty Sandwich	Entrée One: Brunch for Lunch: Whole Grain Pancakes with Maple Syrup Dipping Cups, Served with an Egg Patty	Entrée One: Whole Grain Breaded Chicken Nuggets with a Garlic Breadstick	Entrée One: BBQ Pulled Pork on a WG Club Roll
Entrée Two: Pizza Lunchable: Turkey Pepperoni Slices, String Cheese or Shredded Mozzarella Cheese, a Breadstick or Whole Wheat Flatbread, Marinara Sauce & Sliced Apples. Offered Mondays, Wednesdays & Fridays	Entrée Two: Assorted Parfaits. Options include, Chunky Monkey and Strawberry. All made with whole grain granola and low-fat yogurt. Offered Tuesdays and Thursdays	Entrée Two: Pizza Lunchable: Turkey Pepperoni Slices, String Cheese or Shredded Mozzarella Cheese, a Breadstick or Whole Wheat Flatbread, Marinara Sauce & Sliced Apples. Offered Mondays, Wednesdays & Fridays	Entrée Two: Assorted Parfaits. Options include, Chunky Monkey and Strawberry. All made with whole grain granola and low-fat yogurt. Offered Tuesdays and Thursdays	Entrée Two: Pizza Lunchable: Turkey Pepperoni Slices, String Cheese or Shredded Mozzarella Cheese, a Breadstick or Whole Wheat Flatbread, Marinara Sauce & Sliced Apples. Offered Mondays, Wednesdays & Fridays
Entrée Three: Smucker's PB&J Uncrustables Offered Daily	Entrée Three: Smucker's PB&J Uncrustables Offered Daily	Entrée Three: Smucker's PB&J Uncrustables Offered Daily	Entrée Three: Smucker's PB&J Uncrustables Offered Daily	Entrée Three: Smucker's PB&J Uncrustables Offered Daily
Vegetables of the Day: Baby Carrots with Ranch or Cucumber Slices with Ranch	Vegetables of the Day: Baked French Fries or Steamy Green Beans	Vegetables of the Day: Grape Tomatoes with Dip or Baked Tater Tots	Vegetables of the Day: Corn Salad or Roasted Broccoli	Vegetables of the Day: Garden Salad or Baked Beans
Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit
Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk

**This institution is an equal opportunity employer and provider. Menus subject to change without notice.**