

Did you know:

On the average, Americans eat 25 pounds of lettuce per year!



## Wilson School District April High School Lunch Menu

**Taste lettuce today!!!**

Monday		Tuesday		Wednesday		Thursday		Friday	
April 1		April 2		April 3		April 4		April 5	
	Entrée One: Bacon Cheeseburger on WG Roll, condiments on the side		Entrée One: WG French Toast w/ Sausage		Entrée One: Meatball Sub w/ Sauce and Cheese		Entrée One: Buffalo Chicken Mac & Cheese w/ WG Dinner Roll		
	Entrée Two: Whole Grain Pizza Max Sticks Served with Marinara Dipping Sauce		Popcorn Chicken with a Whole Wheat Dinner Roll		Entrée Two: Chicken Patty Sandwich on a Whole Wheat Hamburger Bun. Condiments on the Side.		Entrée Two: Walking Tacos: Tortilla Chips with Lettuce, Tomato, Cheddar & Taco Seasoned Ground Beef		
	Entrée Three: Assorted Sandwiches and Salads		Entrée Three: Assorted Sandwiches and Salads		Entrée Three: Assorted Sandwiches and Salads		Entrée Three: Assorted Sandwiches and Salads		
	Entrée Four: Assorted Parfaits		Entrée Four: Assorted Parfaits		Entrée Four: Assorted Parfaits		Entrée Four: Assorted Parfaits		
	Entrée Five: Smucker's PB&J Uncrustables Offered Daily		Entrée Five: Smucker's PB&J Uncrustables Offered Daily		Entrée Five: Smucker's PB&J Uncrustables Offered Daily		Entrée Five: Smucker's PB&J Uncrustables Offered Daily		
	Vegetables of the Day: Red Bell Pepper Strips or Baked Tater Tots		Vegetables of the Day: Southwest Corn or Cucumber Slices with Ranch		Vegetables of the Day: WG Sun Chips, Baby Carrots or Ranch Chickpeas		Vegetables of the Day: Cauliflower and Dip or Oven Baked Fries		
Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit	
<b>Have a wonderful day off!!</b>		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk	
April 8		April 9		April 10		April 11		April 12	
Entrée One: Fresh Baked Pizza Day! Made with a Whole Grain Crust, Pizza Sauce & Cheese Blend		Entrée One: Fajita Chicken Bowl w/ Seasoned Chicken, Brown Rice, Shredded Cheddar, Black Beans & Salsa		Entrée One: Buffalo Chicken Dip with Tortilla Chips		Entrée One: Philly Cheesesteak with Shaved Beef, Onions & American Cheese		Entrée One: WG Cheese Quesadilla w/ Marinara Sauce	
		Entrée Two: Whole Grain Pizza Max Sticks Served with Marinara Dipping Sauce		Entrée Two: Whole Grain Breaded Popcorn Chicken Salad with a Whole Wheat Dinner Roll		Entrée Two: Chicken Patty Sandwich on a Whole Wheat Hamburger Bun. Condiments on the Side.		Entrée Two: Walking Tacos: Tortilla Chips with Lettuce, Tomato, Cheddar & Taco Seasoned Ground Beef	
Entrée Three: Assorted Sandwiches and Salads		Entrée Three: Assorted Sandwiches and Salads		Entrée Three: Assorted Sandwiches and Salads		Entrée Three: Assorted Sandwiches and Salads		Entrée Three: Assorted Sandwiches and Salads	
Entrée Four: Assorted Parfaits		Entrée Four: Assorted Parfaits		Entrée Four: Assorted Parfaits		Entrée Four: Assorted Parfaits		Entrée Four: Assorted Parfaits	
Entrée Five: Smucker's PB&J Uncrustables Offered Daily		Entrée Five: Smucker's PB&J Uncrustables Offered Daily		Entrée Five: Smucker's PB&J Uncrustables Offered Daily		Entrée Five: Smucker's PB&J Uncrustables Offered Daily		Entrée Five: Smucker's PB&J Uncrustables Offered Daily	
Vegetables of the Day: Baby Carrots or Celery Sticks with Ranch		Vegetables of the Day: Green Beans or Cucumber Slices with Ranch		Vegetables of the Day: Garden Salad or Roasted Broccoli		Vegetables of the Day: Oven Baked Fries or BBQ Baked Beans		Vegetables of the Day: Garden Salad or Steamy Mixed Vegetables	
Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit	
Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk	

**This institution is an equal opportunity employer and provider. Menu subject to change without notice.**