



Wilson School District Middle School Lunch Menu - March 18 through 29

Monday March 18	Tuesday March 19	Wednesday March 20	Thursday March 21	Friday March 22
Entrée One: WG Max Sticks w/ Marinara Sauce	Entrée One: Seasoned Chicken & Cheese Fajita w/ Peppers & Onions on a Whole Grain Tortilla	Entrée One: SUBWAY DAY!! 	Entrée One: Walking Tacos: Tortilla Chips with Lettuce, Tomato, Cheddar & Taco Seasoned Ground Beef	Entrée One: Whole Wheat Mac and Cheese with Goldfish Crackers
Entrée Two: Assorted Deli Sandwiches & Assorted Salads	Entrée Two: Assorted Deli Sandwiches & Assorted Salads	Entrée Two: Assorted Deli Sandwiches & Assorted Salads	Entrée Two: Assorted Deli Sandwiches & Assorted Salads	Entrée Two: Assorted Deli Sandwiches & Assorted Salads
Entrée Three: Smucker's PB&J Uncrustables Offered Daily	Entrée Three: Smucker's PB&J Uncrustables Offered Daily	Entrée Three: Smucker's PB&J Uncrustables Offered Daily	Entrée Three: Smucker's PB&J Uncrustables Offered Daily	Entrée Three: Smucker's PB&J Uncrustables Offered Daily
Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)	Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)	Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)	Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)	Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)
Vegetables of the Day: Baby Carrots or Broccoli Florets with Ranch	Vegetables of the Day: Red Bell Pepper Strips or Fiesta Beans	Vegetables of the Day: Baked French Fries or Cucumber Slices with Ranch	Vegetables of the Day: Southwestern Steamed Corn or Ranch Chickpeas	Vegetables of the Day: Garden Salad or Steamy Green Beans
Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit
Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk
March 25	March 26	March 27	March 28	March 29
Entrée One: Individual Pizza with a Whole Wheat Crust	Entrée One: Maple Waffle Chicken Patty Sandwich	Entrée One: Brunch for Lunch: Whole Grain Pancakes with Maple Syrup Dipping Cups, Served with an Egg Patty	Entrée One: Whole Grain Breaded Chicken Nuggets with a Garlic Breadstick	Enjoy your break!!
Entrée Two: Assorted Deli Sandwiches & Assorted Salads	Entrée Two: Assorted Deli Sandwiches & Assorted Salads	Entrée Two: Assorted Deli Sandwiches & Assorted Salads	Entrée Two: Assorted Deli Sandwiches & Assorted Salads	
Entrée Three: Smucker's PB&J Uncrustables Offered Daily	Entrée Three: Smucker's PB&J Uncrustables Offered Daily	Entrée Three: Smucker's PB&J Uncrustables Offered Daily	Entrée Three: Smucker's PB&J Uncrustables Offered Daily	
Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)	Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)	Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)	Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)	
Vegetables of the Day: Baby Carrots with Ranch or Cucumber Slices with Ranch	Vegetables of the Day: Baked French Fries or Steamy Green Beans	Vegetables of the Day: Grape Tomatoes with Dip or Baked Tater Tots	Vegetables of the Day: Corn Salad or Roasted Broccoli	
Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit	
Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	

This institution is an equal opportunity employer and provider. Menus subject to change without notice.