

Menu Cycle Week – Nutrient Analysis

Menu Cycle: ELEM Spring Lunch Week #1
 Week: 1
 Result: **Exceeded**

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Lunch
 Serving Group: K-5
 Site Group: Elementary

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[550.00 - 650.00]	635.76	
Total Fat (g)		20.36	28.82
Sat Fat (g)(1)	< 10.00 % of Calories	7.04	9.97
Trans Fat (g)(2)		0.00(M)	
Chol (mg)		61.61(M)	
Sodium Target 1 (mg) (1)	<= 1,230.00	1,067.53	
Sodium Target 1A (mg) (1)	<= 1,110.00	1,067.53	
Carb (g)		85.78	53.97
Total Fiber (g)		7.67	
Total Sugars (g)		48.15(M)	30.29
Added Sugars (g)		3.18(M)	
Protein (g)		26.22	16.49
Iron (mg)		3.65(M)	
Calcium (mg)		334.25(M)	
VitA (IU)		2,290.61(M)	
VitC (mg)		20.39(M)	
VitD (mcg)		0.81(M)	
Potassium (mg)		384.15(M)	
Mois (g)		27.02(M)	
Ash (g)		0.24(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Meat/MA	[8.000 - 10.000]	[10.000 - 12.250](a)	
Grains	[8.000 - 9.000]	[10.000 - 12.750](a)	
Non-WGR		0.000	
WGR	>= 80.000 % of	31.500	100.00
Grain-D	<= 2.000	0.000	
Fruit	>= 2.500	[5.000 - 7.500]	
Fruit-J	<= 50.000 % of	0.000	0.00
Veg	>= 3.750	[5.000 - 7.250]	
Veg-DG	>= 0.500	0.500	
Veg-RO	>= 0.750	3.125	
Veg-BP	>= 0.500	0.750	
Veg-S	>= 0.500	1.500	
Veg-O	>= 0.500	1.375	
Veg-X		0.000	
Vegetable-J	<= 50.000 % of	0.000	0.00
MILK-F	>= 5.000	5.000	
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements starting School Year 2022-2023 for WGR and 1% flavored milk, for prior years, please consult your State Agency for that School Year requirements and waiver status.

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
ELEM Spring Lunch Week #1 Monday - Day: 1	245																		
Category: Entrees; May Choose: 1																			
Apple & Peanut Butter Power Pack - LR100698 (1 pkg.)	35	513.11	24.97	6.43	0.00(M)	196.50 (M)	578.09	37.88	5.96	16.30 (M)	0.00(M)	14.24	2.53(M)	92.12	10423.40(M)	3.15(M)	1.10(M)	63.00 (M)	37.31 (M)
Bosco Cheese Sticks w/ Marinara, MMA, WG, VRO - LR100804 (1 serv.)	185	350.00	11.50	5.00	0.00	30.00	830.00	42.00	6.00	7.00	2.00(M)	22.00	3.00	465.00	(M)	(M)	4.00	496.05	(M)
Smucker's PBJ w/ Hard Pretzels & String Cheese, ELEM, MMA, WG - LR100707 (1 serv.)	25	470.00	24.00	8.50	0.00	20.00	680.00	48.00	6.00	14.99	13.00 (M)	18.00	1.80(M)	73.00 (M)	0.00(M)	0.00(M)	0.00(M)	348.00 (M)	0.00(M)
Category: Vegetables; May Choose: 2																			
Baby Carrots w/ Ranch Dip, VRO, 0.5C - LR100279 (1 serv.)	50	166.00	14.09	2.52	0.00	10.00	317.20	8.01	2.13	1.00(M)	0.00(M)	1.46	0.66	23.40	10163.40	3.15	0.00(M)	0.00(M)	0.00(M)
Broccoli Florets w/ Ranch, VDG, 0.5C - LR100275 (1 serv.)	50	155.47	14.17	2.55	0.00	10.00	275.01	5.02	1.18	1.77	0.00(M)	2.28	0.33	21.39	283.46	41.79	0.00(M)	143.78 (M)	40.63 (M)
Category: Fruits; May Choose: 2																			
Applesauce, Unsweetened, Cups, USDA - LR100729 (1 c.)	100	120.00	0.00	0.00	0.00	0.00	30.00	28.00	2.00	36.00	0.00(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Assorted 100% Fruit Juice, F - LR100036 (4 fl. oz.)	160	64.85	0.00	0.00	0.00	0.00	6.47	15.24	0.00	13.61	0.00	0.00	0.00	3.20	0.00(M)	13.45 (M)	0.00	142.64	(M)
Assorted Fresh Fruit, F - LR100026 (1 serv.)	35	59.11	0.17	0.05	0.00(M)	0.00(M)	0.39	14.84	2.08	9.62	(M)	0.71	0.13(M)	13.97 (M)	92.67 (M)	32.38	0.00(M)	195.11 (M)	55.49 (M)
Strawberry Cup, Diced, USDA Frozen - LR100728 (1 cup (4.5oz))	65	80.00	0.00	0.00	0.00	0.00	1.00	21.00	2.00	16.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Milk, 1% White, Clover Farms - LR100726 (1 Carton)	15	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container)	100	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)
Milk, Fat-Free White, Clover Farms, Skim - LR100725 (1 Carton)	5	83.31	0.00	0.00	0.00	4.63	120.34	12.03	0.00	11.11	(M)	7.41	0.00	277.71	462.86	1.11	(M)	(M)	(M)
ELEM Spring Lunch Week #1 Tuesday - Day: 2	245																		
Category: Entrees; May Choose: 1																			

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Assorted Yogurt Parfaits, w/ Pretzel Packs, MMA, WG, F - LR100502 (1 serv.)	25	579.63	12.71	3.63	0.00(M)	5.55(M)	576.15	107.57	7.15	53.59	34.66 (M)	15.62	3.09(M)	275.76 (M)	209.69 (M)	2.80(M)	3.34(M)	623.90 (M)	24.10 (M)
Cheeseburger, ELEM, MMA, WG - LR100004 (1 sandwich)	200	276.37	11.32	5.01	0.00	50.63	655.96	24.00	2.40	1.90	(M)	19.14	2.85(M)	37.04 (M)	14.05 (M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Smucker's PBJ w/ Hard Pretzels & String Cheese, ELEM, MMA, WG - LR100707 (1 serv.)	20	470.00	24.00	8.50	0.00	20.00	680.00	48.00	6.00	14.99	13.00 (M)	18.00	1.80(M)	73.00 (M)	0.00(M)	0.00(M)	0.00(M)	348.00 (M)	0.00(M)
Category: Vegetables; May Choose: 2																			
Potatoes, Reduced Sodium Tater Tots, 2.52 oz., McCain, 1000002789, Veg-S - SR103989 (8 pcs.)	100	90.00	3.50	0.00	0.00	0.00	160.00	14.00	2.00	0.00	0.00	1.00	0.40	10.00	0.00(M)	0.00(M)	0.00	180.01	(M)
Red Pepper Strips w/ Dip, VRO, 0.5C - LR100299 (1 serv.)	45	151.96	14.14	2.53	0.00	10.00	261.84	4.77	0.97	2.93	0.00(M)	1.46	0.20	3.22	1440.26	59.94	0.00(M)	97.06 (M)	42.42 (M)
Category: Fruits; May Choose: 2																			
Applesauce, Unsweetened, Cups, USDA - LR100729 (1 c.)	100	120.00	0.00	0.00	0.00	0.00	30.00	28.00	2.00	36.00	0.00(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Assorted Fresh Fruit, F - LR100026 (1 serv.)	45	59.11	0.17	0.05	0.00(M)	0.00(M)	0.39	14.84	2.08	9.62	(M)	0.71	0.13(M)	13.97 (M)	92.67 (M)	32.38	0.00(M)	195.11 (M)	55.49 (M)
Peach Cup, 4.4oz, USDA - LR100756 (1 serv.)	50	180.00	0.00	0.00	0.00	0.00	0.00	42.00	4.00	38.00	0.00(M)	2.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Strawberry Cup, Diced, USDA Frozen - LR100728 (1 cup (4.5oz))	65	80.00	0.00	0.00	0.00	0.00	1.00	21.00	2.00	16.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Milk, 1% White, Clover Farms - LR100726 (1 Carton)	20	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container)	120	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)
Milk, Fat-Free White, Clover Farms, Skim - LR100725 (1 Carton)	5	83.31	0.00	0.00	0.00	4.63	120.34	12.03	0.00	11.11	(M)	7.41	0.00	277.71	462.86	1.11	(M)	(M)	(M)
ELEM Spring Lunch Week #1 Wednesday - Day: 3																			
Category: Entrees; May Choose: 1																			
Apple & Peanut Butter Power Pack - LR100698 (1 pkg.)	15	513.11	24.97	6.43	0.00(M)	196.50 (M)	578.09	37.88	5.96	16.30 (M)	0.00(M)	14.24	2.53(M)	92.12	10423.40(M)	3.15(M)	1.10(M)	63.00 (M)	37.31 (M)

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Fajita Chicken Bowl, EL/MS, MMA, WG, VRO, VO, VBP - LR100806 (1 serv.)	200	350.65	8.78	4.76	0.00	80.29	978.71	39.27	4.00	7.76	(M)	24.88	5.26(M)	30.00 (M)	360.00 (M)	36.00 (M)	0.00(M)	319.60 (M)	(M)
Smucker's PBJ w/ Hard Pretzels & String Cheese, ELEM, MMA, WG - LR100707 (1 serv.)	30	470.00	24.00	8.50	0.00	20.00	680.00	48.00	6.00	14.99	13.00 (M)	18.00	1.80(M)	73.00 (M)	0.00(M)	0.00(M)	0.00(M)	348.00 (M)	0.00(M)
Category: Vegetables; May Choose: 2																			
Cucumber Slices w/ Ranch, 0.5C - VO - LR100298 (1 serv.)	65	147.80	14.06	2.52	0.00	10.00	261.04	3.89	0.26	1.87	(M)	1.34	0.15	8.32	54.60	2.66	0.00(M)	76.44 (M)	49.52 (M)
Steamed Corn, VS, 0.5C - LR100615 (1/2 c.)	140	75.76	1.16	0.04	0.00	0.00	14.56	17.52	2.80	3.22	(M)	2.80	0.66(M)	34.20 (M)	58.17 (M)	3.75(M)	0.00(M)	80.49 (M)	0.18(M)
Category: Fruits; May Choose: 2																			
Applesauce, Unsweetened, Cups, USDA - LR100729 (1 c.)	100	120.00	0.00	0.00	0.00	0.00	30.00	28.00	2.00	36.00	0.00(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Assorted Fresh Fruit, F - LR100026 (1 serv.)	35	59.11	0.17	0.05	0.00(M)	0.00(M)	0.39	14.84	2.08	9.62	(M)	0.71	0.13(M)	13.97 (M)	92.67 (M)	32.38	0.00(M)	195.11 (M)	55.49 (M)
Strawberry Cup, Diced, USDA Frozen - LR100728 (1 cup (4.5oz))	65	80.00	0.00	0.00	0.00	0.00	1.00	21.00	2.00	16.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Milk, 1% White, Clover Farms - LR100726 (1 Carton)	20	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container)	150	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)
Milk, Fat-Free White, Clover Farms, Skim - LR100725 (1 Carton)	5	83.31	0.00	0.00	0.00	4.63	120.34	12.03	0.00	11.11	(M)	7.41	0.00	277.71	462.86	1.11	(M)	(M)	(M)
ELEM Spring Lunch Week #1 Thursday - Day: 4																			
Category: Entrees; May Choose: 1																			
Assorted Yogurt Parfaits, w/ Pretzel Packs, MMA, WG, F - LR100502 (1 serv.)	20	579.63	12.71	3.63	0.00(M)	5.55(M)	576.15	107.57	7.15	53.59	34.66 (M)	15.62	3.09(M)	275.76 (M)	209.69 (M)	2.80(M)	3.34(M)	623.90 (M)	24.10 (M)
Italian Hoagie on Club Roll, MMA, WG, VO, VRO - LR100304 (1 sandwich)	190	356.88	16.33	6.00	0.00	29.97	974.48	36.58	3.70	4.15	0.00(M)	16.98	2.43	246.24	673.56 (M)	5.98(M)	0.10(M)	150.18 (M)	55.02 (M)
Smucker's PBJ w/ Hard Pretzels & String Cheese, ELEM, MMA, WG - LR100707 (1 serv.)	35	470.00	24.00	8.50	0.00	20.00	680.00	48.00	6.00	14.99	13.00 (M)	18.00	1.80(M)	73.00 (M)	0.00(M)	0.00(M)	0.00(M)	348.00 (M)	0.00(M)

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Category: Grains; May Choose: 1																			
Chips, SunChips Harvest Cheddar Multigrain Snacks, 1 oz Bag, Pepsico Foodservice, 11152, WGR - SR107356 (1 pkg.)	20	140.00	6.00	0.50	0.00	0.00	170.00	19.00	2.00	2.00	2.00	2.00	0.60	10.00	0.00(M)	0.00(M)	0.00	100.00	(M)
Category: Vegetables; May Choose: 2																			
Baby Carrots w/ Ranch Dip, VRO, 0.5C - LR100279 (1 serv.)	65	166.00	14.09	2.52	0.00	10.00	317.20	8.01	2.13	1.00(M)	0.00(M)	1.46	0.66	23.40	10163.40	3.15	0.00(M)	0.00(M)	0.00(M)
Italian Bean Salad, VBP - LR100808 (1/2 c.)	20	235.00	13.00	2.00	0.00	0.00	410.00	23.50	6.00	5.50	2.00(M)	7.00	1.62	50.00	0.00(M)	0.00(M)	0.00(M)	141.00 (M)	(M)
Category: Fruits; May Choose: 2																			
Applesauce, Unsweetened, Cups, USDA - LR100729 (1 c.)	100	120.00	0.00	0.00	0.00	0.00	30.00	28.00	2.00	36.00	0.00(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Assorted Fresh Fruit, F - LR100026 (1 serv.)	50	59.11	0.17	0.05	0.00(M)	0.00(M)	0.39	14.84	2.08	9.62	(M)	0.71	0.13(M)	13.97 (M)	92.67 (M)	32.38	0.00(M)	195.11 (M)	55.49 (M)
Peach Cup, 4.4oz, USDA - LR100756 (1 serv.)	35	180.00	0.00	0.00	0.00	0.00	0.00	42.00	4.00	38.00	0.00(M)	2.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Strawberry Cup, Diced, USDA Frozen - LR100728 (1 cup (4.5oz))	65	80.00	0.00	0.00	0.00	0.00	1.00	21.00	2.00	16.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Milk, 1% White, Clover Farms - LR100726 (1 Carton)	25	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container)	80	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)
Milk, Fat-Free White, Clover Farms, Skim - LR100725 (1 Carton)	5	83.31	0.00	0.00	0.00	4.63	120.34	12.03	0.00	11.11	(M)	7.41	0.00	277.71	462.86	1.11	(M)	(M)	(M)
ELEM Spring Lunch Week #1 Friday - Day: 5																			
Category: Entrees; May Choose: 1																			
Apple & Peanut Butter Power Pack - LR100698 (1 pkg.)	25	513.11	24.97	6.43	0.00(M)	196.50 (M)	578.09	37.88	5.96	16.30 (M)	0.00(M)	14.24	2.53(M)	92.12	10423.40(M)	3.15(M)	1.10(M)	63.00 (M)	37.31 (M)
Meatball Sub w/ Marinara & Cheese, MMA, WG, VRO - LR100469 (1 sandwich)	185	397.08	13.66	4.40	0.00(M)	36.20	1061.68	45.59	5.10	6.03	0.00(M)	22.65	4.49(M)	126.14 (M)	280.72 (M)	4.69(M)	0.00(M)	352.67 (M)	2.63(M)

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Smucker's PBJ w/ Hard Pretzels & String Cheese, ELEM, MMA, WG - LR100707 (1 serv.)	35	470.00	24.00	8.50	0.00	20.00	680.00	48.00	6.00	14.99	13.00 (M)	18.00	1.80(M)	73.00 (M)	0.00(M)	0.00(M)	0.00(M)	348.00 (M)	0.00(M)
Category: Vegetables; May Choose: 2																			
Cauliflower Dippers w/ Ranch, VO, 0.5 C - LR100809 (1 serv.)	30	46.68	3.04	0.54	0.04	0.67	160.99	4.41	1.13	1.45	(M)	1.13	0.25	13.89	0.42	25.81	0.00(M)	160.03 (M)	0.00(M)
Potatoes, EverCrisp Thin Regular Fries 5x16" x 3/8" XL, McCain, Ore-Ida, OIF01028A, Veg-S - SR100509 (1/2 cup servin)	100	131.76	5.76	0.82	0.00	0.00	296.47	18.12	1.65	0.00	0.00	1.65	0.89	0.00	0.00(M)	0.00(M)	0.00	205.91	(M)
Category: Fruits; May Choose: 2																			
Applesauce, Unsweetened, Cups, USDA - LR100729 (1 c.)	100	120.00	0.00	0.00	0.00	0.00	30.00	28.00	2.00	36.00	0.00(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Assorted Fresh Fruit, F - LR100026 (1 serv.)	35	59.11	0.17	0.05	0.00(M)	0.00(M)	0.39	14.84	2.08	9.62	(M)	0.71	0.13(M)	13.97 (M)	92.67 (M)	32.38	0.00(M)	195.11 (M)	55.49 (M)
Strawberry Cup, Diced, USDA Frozen - LR100728 (1 cup (4.5oz))	65	80.00	0.00	0.00	0.00	0.00	1.00	21.00	2.00	16.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Milk, 1% White, Clover Farms - LR100726 (1 Carton)	35	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container)	140	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)
Milk, Fat-Free White, Clover Farms, Skim - LR100725 (1 Carton)	5	83.31	0.00	0.00	0.00	4.63	120.34	12.03	0.00	11.11	(M)	7.41	0.00	277.71	462.86	1.11	(M)	(M)	(M)