



## Wilson School District February High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
February 12	February 13	February 14	February 15	February 16
<p>Entrée One: Fresh Baked Pizza Day! Made with a Whole Grain Crust, Pizza Sauce &amp; Cheese Blend</p>	<p>Entrée One: Walking Tacos: Tortilla Chips with Lettuce, Tomato, Cheddar &amp; Taco Seasoned Ground Beef</p> <p>Entrée Two: Whole Grain Pizza Max Sticks Served with Marinara Dipping Sauce</p>	<p>Entrée One: Taco Salad with Lettuce topped with Corn, Black Beans, Salsa, Avocado, Fajita Chicken, Cheese Sauce and Tortilla Chips</p> <p>Entrée Two: Whole Grain Breaded Popcorn Chicken with a Whole Wheat Dinner Roll</p>	<p>Entrée One: Orange Chicken over Brown Rice</p> <p>Entrée Two: Chicken Patty Sandwich on a Whole Wheat Hamburger Bun. Condiments on the Side.</p>	
<p>Entrée Three: Assorted Deli Sandwiches &amp; Assorted Salads</p>	<p>Entrée Three: Assorted Deli Sandwiches &amp; Assorted Salads</p>	<p>Entrée Three: Assorted Deli Sandwiches &amp; Assorted Salads</p>	<p>Entrée Three: Assorted Deli Sandwiches &amp; Assorted Salads</p>	
<p>Entrée Four: Assorted Parfaits</p>	<p>Entrée Four: Assorted Parfaits</p>	<p>Entrée Four: Assorted Parfaits</p>	<p>Entrée Four: Assorted Parfaits</p>	
<p>Mediterranean Power Pack (Hummus, Veggies, Flatbread &amp; a Hardboiled Egg)</p>	<p>Mediterranean Power Pack (Hummus, Veggies, Flatbread &amp; a Hardboiled Egg)</p>	<p>Mediterranean Power Pack (Hummus, Veggies, Flatbread &amp; a Hardboiled Egg)</p>	<p>Mediterranean Power Pack (Hummus, Veggies, Flatbread &amp; a Hardboiled Egg)</p>	
<p>Vegetables of the Day: Baby Carrots or Celery Sticks with Ranch</p>	<p>Vegetables of the Day: Red Pepper Strips with Dip or Fiesta Beans</p>	<p>Vegetables of the Day: Garden Salad or Cucumber Slices with Ranch</p>	<p>Vegetables of the Day: Southwestern Steamed Corn or Ranch Chickpeas</p>	
<p>Assorted Fruit</p>	<p>Assorted Fruit</p>	<p>Assorted Fruit</p>	<p>Assorted Fruit</p>	
<p>Choice of Chocolate or White Milk</p>	<p>Choice of Chocolate or White Milk</p>	<p>Choice of Chocolate or White Milk</p>	<p>Choice of Chocolate or White Milk</p>	
February 19	February 20	February 21	February 22	February 23
	<p>Subway Sandwich Day! Turkey &amp; Cheese, Ham and Cheese or Veggie</p>	<p>Mac and Cheese with Goldfish</p>	<p>Entrée One: Chicken Alfredo with Whole Wheat Pasta</p>	<p>Entrée One: Toasted Ham and Cheese on a Pretzel Bun</p>
	<p>Entrée Two: Whole Grain Pizza Max Sticks Served with Marinara Dipping Sauce</p>	<p>Entrée Two: Whole Grain Breaded Popcorn Chicken with a Whole Wheat Dinner Roll</p>	<p>Entrée Two: Chicken Patty Sandwich on a Whole Wheat Hamburger Bun. Condiments on the Side.</p>	<p>Entrée Two: Hamburger on a Whole Wheat Bun. Condiments on the side.</p>
	<p>Entrée Three: Assorted Deli Sandwiches &amp; Assorted Salads</p>	<p>Entrée Three: Assorted Deli Sandwiches &amp; Assorted Salads</p>	<p>Entrée Three: Assorted Deli Sandwiches &amp; Assorted Salads</p>	<p>Entrée Three: Assorted Deli Sandwiches &amp; Assorted Salads</p>
	<p>Entrée Four: Assorted Parfaits</p>	<p>Entrée Four: Assorted Parfaits</p>	<p>Entrée Four: Assorted Parfaits</p>	<p>Entrée Four: Assorted Parfaits</p>
	<p>Mediterranean Power Pack (Hummus, Veggies, Flatbread &amp; a Hardboiled Egg)</p>	<p>Mediterranean Power Pack (Hummus, Veggies, Flatbread &amp; a Hardboiled Egg)</p>	<p>Mediterranean Power Pack (Hummus, Veggies, Flatbread &amp; a Hardboiled Egg)</p>	<p>Mediterranean Power Pack (Hummus, Veggies, Flatbread &amp; a Hardboiled Egg)</p>
	<p>Vegetables of the Day: Green Beans or Chickpea Salsa</p>	<p>Vegetables of the Day: Corn Salad or Roasted Broccoli</p>	<p>Vegetables of the Day: Grape Tomatoes with Dip or Oven Bakes Fries</p>	<p>Vegetables of the Day: Garden Salad or Baked Beans</p>
<p>Presidents' Day - School Closed</p>	<p>Assorted Fruit</p>	<p>Assorted Fruit</p>	<p>Assorted Fruit</p>	<p>Assorted Fruit</p>
	<p>Choice of Chocolate or White Milk</p>	<p>Choice of Chocolate or White Milk</p>	<p>Choice of Chocolate or White Milk</p>	<p>Choice of Chocolate or White Milk</p>

**This institution is an equal opportunity employer and provider. Menus subject to change without notice.**