



Wilson School District January Elementary Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
January 15	January 16	January 17	January 18	January 19
	<p>Entrée One: Nachos Grande: Tortilla Chips, Taco Seasoned Ground Beef, Cheddar Cheese Sauce, Salsa & Fresh Scallions</p>	<p>Entrée One: Whole Grain Breaded Chicken Tenders with a Dinner Roll</p>	<p>Entrée One: Turkey Bacon Burger: Beef Burger with Jenni-O's Turkey Bacon, American Cheese, Lettuce & Tomato with Condiments on the Side</p>	<p>Entrée One: Toasted Ham and Cheese on a Pretzel Bun</p>
	<p>Entrée Two: Assorted Parfaits. Options include, Chunky Monkey and Strawberry. All made with whole grain granola and low-fat yogurt. Offered Tuesdays and Thursdays</p>	<p>Entrée Two: Chef Salad - Sliced Ham & Cheese over Lettuce with Assorted Veggies</p>	<p>Entrée Two: Assorted Parfaits. Options include, Chunky Monkey and Strawberry. All made with whole grain granola and low-fat yogurt. Offered Tuesdays and Thursdays</p>	<p>Entrée Two: Chef Salad - Sliced Ham & Cheese over Lettuce with Assorted Veggies</p>
	<p>Entrée Three: Smucker's PB&J Uncrustables Offered Daily</p>	<p>Entrée Three: Smucker's PB&J Uncrustables Offered Daily</p>	<p>Entrée Three: Smucker's PB&J Uncrustables Offered Daily</p>	<p>Entrée Three: Smucker's PB&J Uncrustables Offered Daily</p>
	<p>Vegetables of the Day: Red Pepper Strips with Dip or Fiesta Beans</p>	<p>Vegetables of the Day: Garden Salad or Cucumber Slices with Ranch</p>	<p>Vegetables of the Day: Southwestern Steamed Corn or Ranch Chickpeas</p>	<p>Vegetables of the Day: Cauliflower and Dip or Oven Baked Fries</p>
<p>Enjoy your day off!</p>	<p>Assorted Fruit</p>	<p>Assorted Fruit</p>	<p>Assorted Fruit</p>	<p>Assorted Fruit</p>
	<p>Choice of Chocolate or White Milk</p>	<p>Choice of Chocolate or White Milk</p>	<p>Choice of Chocolate or White Milk</p>	<p>Choice of Chocolate or White Milk</p>
January 22	January 23	January 24	January 25	January 26
<p>Entrée One: Max Sticks with Marinara Dipping Sauce</p>	<p>Entrée One: Ravioli with a Dinner Roll</p>	<p>Entrée One: Pancakes & Sausage: Whole Grain Pancakes served with Sausage</p>	<p>Subway Sandwich Day! Turkey & Cheese or Ham and Cheese</p>	<p>Entrée One: Beef Hot Dog on a Whole Wheat Bun</p>
<p>Entrée Two: Pizza Lunchable: Turkey Pepperoni Slices, String Cheese or Shredded Mozzarella Cheese, a Breadstick or Whole Wheat Flatbread, Marinara Sauce & Sliced Apples. Offered Mondays, Wednesdays & Fridays</p>	<p>Entrée Two: Assorted Parfaits. Options include, Chunky Monkey and Strawberry. All made with whole grain granola and low-fat yogurt. Offered Tuesdays and Thursdays</p>	<p>Entrée Two: Pizza Lunchable: Turkey Pepperoni Slices, String Cheese or Shredded Mozzarella Cheese, a Breadstick or Whole Wheat Flatbread, Marinara Sauce & Sliced Apples. Offered Mondays, Wednesdays & Fridays</p>	<p>Entrée Two: Assorted Parfaits. Options include, Chunky Monkey and Strawberry. All made with whole grain granola and low-fat yogurt. Offered Tuesdays and Thursdays</p>	<p>Entrée Two: Pizza Lunchable: Turkey Pepperoni Slices, String Cheese or Shredded Mozzarella Cheese, a Breadstick or Whole Wheat Flatbread, Marinara Sauce & Sliced Apples. Offered Mondays, Wednesdays & Fridays</p>
<p>Entrée Three: Smucker's PB&J Uncrustables Offered Daily</p>	<p>Entrée Three: Smucker's PB&J Uncrustables Offered Daily</p>	<p>Entrée Three: Smucker's PB&J Uncrustables Offered Daily</p>	<p>Entrée Three: Smucker's PB&J Uncrustables Offered Daily</p>	<p>Entrée Three: Smucker's PB&J Uncrustables Offered Daily</p>
<p>Vegetables of the Day: Baby Carrots or Broccoli Florets with Ranch</p>	<p>Vegetables of the Day: Green Beans or Chickpea Salsa</p>	<p>Vegetables of the Day: Corn Salad or Roasted Broccoli</p>	<p>Vegetables of the Day: Grape Tomatoes with Dip or Oven Bakes Fries</p>	<p>Vegetables of the Day: Garden Salad or Baked Beans</p>
<p>Assorted Fruit</p>	<p>Assorted Fruit</p>	<p>Assorted Fruit</p>	<p>Assorted Fruit</p>	<p>Assorted Fruit</p>
<p>Choice of Chocolate or White Milk</p>	<p>Choice of Chocolate or White Milk</p>	<p>Choice of Chocolate or White Milk</p>	<p>Choice of Chocolate or White Milk</p>	<p>Choice of Chocolate or White Milk</p>

This institution is an equal opportunity employer and provider. Menus subject to change without notice.