



Wilson School District November High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
November 13	November 14	November 15	November 16	November 17
Entrée One: Fresh Baked Pizza Day! Made with a Whole Grain Crust, Pizza Sauce & Cheese Blend	Entrée One: Walking Tacos: Tortilla Chips with Lettuce, Tomato, Cheddar & Taco Seasoned Ground Beef	Entrée One: French Toast Sticks with Turkey Sausage	Entrée One: Hamburger on a Whole Wheat Bun, Served with Condiments on the Side	Chicken Pesto Pasta made with Whole Wheat Pasta and Grilled Chicken Strips
	Entrée Two: Whole Grain Pizza Max Sticks Served with Marinara Dipping Sauce	Popcorn Chicken with a Whole Wheat Dinner Roll	Entrée Two: Chicken Patty Sandwich on a Whole Wheat Hamburger Bun. Condiments on the Side.	Entrée Two: Chicken or Cheese Quesadillas Served with Salsa
Entrée Three: Smuckers PB&J Uncrustables Offered Daily	Entrée Three: Smuckers PB&J Uncrustables Offered Daily	Entrée Three: Smuckers PB&J Uncrustables Offered Daily	Entrée Three: Smuckers PB&J Uncrustables Offered Daily	Entrée Three: Smuckers PB&J Uncrustables Offered Daily
Entrée Four: Assorted Parfaits	Entrée Four: Assorted Parfaits	Entrée Four: Assorted Parfaits	Entrée Four: Assorted Parfaits	Entrée Four: Assorted Parfaits
Mediterranean Powder Pack (Hummus, Veggies, Flatbread & a Hardoiled Egg)	Mediterranean Powder Pack (Hummus, Veggies, Flatbread & a Hardoiled Egg)	Mediterranean Powder Pack (Hummus, Veggies, Flatbread & a Hardoiled Egg)	Mediterranean Powder Pack (Hummus, Veggies, Flatbread & a Hardoiled Egg)	Mediterranean Powder Pack (Hummus, Veggies, Flatbread & a Hardoiled Egg)
Vegetables of the Day: Baby Carrots or Broccoli Florets with Ranch	Vegetables of the Day: Red Bell Pepper Strips or Fiesta Beans	Vegetables of the Day: Garden Salad or Cucumber Slices with Ranch	Vegetables of the Day: Southwestern Steamed Corn or Ranch Chickpeas	Vegetables of the Day: Cauliflower and Dip or Oven Baked Fries
Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit
Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk

November 20 November 21 November 22 November 23 November 24

Have a Great Thanksgiving Break!

Cold Grab-and-Go Lunch Options Available in the Cafeteria Prior to Dismissal. Please Contact Your Cafeteria Manager for a Full Menu



Vegetables of the Day: Baby Carrots or Celery Sticks with Ranch	Vegetables of the Day: Green Beans or Chickpea Salsa
Assorted Fruit	Assorted Fruit
Choice of Chocolate or White Milk	Choice of Chocolate or White Milk

This institution is an equal opportunity employer and provider. Menu options are subject to change. The Food Service Staff continues to work in safe and sanitary conditions to prepare and provide meals to our students. Every day we follow FDA Food Safety standards of frequent and thorough hand washing, wearing gloves and hairnets and not reporting to work if sick. If you have any questions about our meal service during this time please contact: Sarah Ginn at 610.670.0180 x 1147 I will return your call as quickly as possible.