

NOVEMBER



Wilson School District November Middle School Lunch Menu

Monday		Tuesday		Wednesday		Thursday		Friday			
November 13		November 14		November 15		November 16		November 17			
Entrée One: Fresh Baked Pizza with a Whole Wheat Crust		Entrée One: Walking Tacos: Tortilla Chips with Lettuce, Tomato, Cheddar & Taco Seasoned Ground Beef		Entrée One: Baked Ziti made with Whole Wheat Pasta		Thanksgiving Feast! Roasted Turkey with Assorted Thanksgiving Sides		Entrée One: Whole Wheat Mac and Cheese			
Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads		Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads		Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads		Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads		Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads			
Entrée Three: Smuckers PB&J Uncrustables Offered Daily		Entrée Three: Smuckers PB&J Uncrustables Offered Daily		Entrée Three: Smuckers PB&J Uncrustables Offered Daily		Entrée Three: Smuckers PB&J Uncrustables Offered Daily		Entrée Three: Smuckers PB&J Uncrustables Offered Daily			
Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)		Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)		Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)		Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)		Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)			
Vegetables of the Day: Baby Carrots or Broccoli Florets with Ranch		Vegetables of the Day: Red Bell Pepper Strips or Fiesta Beans		Vegetables of the Day: Garden Salad or Cucumber Slices with Ranch		Vegetables of the Day: Southwestern Steamed Corn or Ranch Chickpeas		Vegetables of the Day: Cauliflower and Dip or Oven Baked Fries			
Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit			
Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk			
November 20		November 21		November 22		November 23		November 24			
<p>Grab-and-Go Lunch Options Available in the Cafeteria Prior to Dismissal. Please Contact Your Cafeteria Manager for a Full Menu.</p>				<p>Happy Thanksgiving Break!</p>							
				Vegetables of the Day: Baby Carrots or Celery Sticks with Ranch		Vegetables of the Day: Green Beans or Chickpea Salsa					
				Assorted Fruit		Assorted Fruit					
				Choice of Chocolate or White Milk		Choice of Chocolate or White Milk					

This institution is an equal opportunity employer and provider. Due to food delivery and staffing issues, menu options are subject to change. The Food Service Staff continues to work in safe and sanitary conditions to prepare and provide meals to our students. Every day we follow FDA Food Safety standards of frequent and thorough hand washing, wearing gloves and hairnets and not reporting to work if sick. If you have any questions about our meal service during this time please contact: Sarah Ginn at 610.670.0180 x 1147 I will return your call as quickly as possible.