




Wilson School District December Elementary Lunch Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| December 11 | December 12 | December 13 | December 14 | December 15 |
| Entrée One: Individual Pizza on Whole Wheat Crust | Entrée One: Nachos Grande: Tortilla Chips, Taco Seasoned Ground Beef, Cheddar Cheese Sauce, Salsa & Fresh Scallions | Entrée One: Whole Grain Breaded Chicken Tenders with a Dinner Roll | Entrée One: Turkey Bacon Burger: Beef Burger with Jenni-Os Turkey Bacon, American Cheese, Lettuce & Tomato with Condiments on the Side | Entrée One: Toasted Ham and Cheese on a Pretzel Bun |
| Entrée Two: Chef Salad - Sliced Ham & Cheese over Lettuce with Assorted Veggies | Entrée Two: Assorted Parfaits. Options include, Chunkey Monkey and Strawberry. All made with whole grain granola and low-fat yogurt. Offered Tuesdays and Thursdays | Entrée Two: Chef Salad - Sliced Ham & Cheese over Lettuce with Assorted Veggies | Entrée Two: Assorted Parfaits. Options include, Chunkey Monkey and Strawberry. All made with whole grain granola and low-fat yogurt. Offered Tuesdays and Thursdays | Entrée Two: Chef Salad - Sliced Ham & Cheese over Lettuce with Assorted Veggies |
| Entrée Three: Smuckers PB&J Uncrustables Offered Daily | Entrée Three: Smuckers PB&J Uncrustables Offered Daily | Entrée Three: Smuckers PB&J Uncrustables Offered Daily | Entrée Three: Smuckers PB&J Uncrustables Offered Daily | Entrée Three: Smuckers PB&J Uncrustables Offered Daily |
| Vegetables of the Day: Red Pepper Strops with Dip or Fiesta Beans | Vegetables of the Day: Red Pepper Strops with Dip or Fiesta Beans | Vegetables of the Day: Garden Salad or Cucumber Slices with Ranch | Vegetables of the Day: Southwestern Steamed Corn or Ranch Chickpeas | Vegetables of the Day: Cauliflower and Dip or Oven Baked Fries |
| Assorted Fruit | Assorted Fruit | Assorted Fruit | Assorted Fruit | Assorted Fruit |
| Choice of Chocolate or White Milk | Choice of Chocolate or White Milk | Choice of Chocolate or White Milk | Choice of Chocolate or White Milk | Choice of Chocolate or White Milk |
| December 18 | December 19 | December 20 | December 21 | December 22 |
| Entrée One: Max Sticks with Marinara Dipping Sauce | Entrée One: Ravioli with a Dinner Roll | Entrée One: Chicken & Waffles: Whole Grain Breaded Chicken Chunks served with Maple Waffles and Gravy | Subway Sandwich Day! Turkey & Cheese or Ham and Cheese |  |
| Entrée Two: Pizza Lunchable: Turkey Pepperoni Slices, String Cheese or Shredded Mozzarella Cheese, a Breadstick or Whole Wheat Flatbread, Marinara Sauce & Sliced Apples. Offered Mondays, Wednesdays & Fridays | Entrée Two: Assorted Parfaits. Options include, Chunkey Monkey and Strawberry. All made with whole grain granola and low-fat yogurt. Offered Tuesdays and Thursdays | Entrée Two: Pizza Lunchable: Turkey Pepperoni Slices, String Cheese or Shredded Mozzarella Cheese, a Breadstick or Whole Wheat Flatbread, Marinara Sauce & Sliced Apples. Offered Mondays, Wednesdays & Fridays | Entrée Two: Assorted Parfaits. Options include, Chunkey Monkey and Strawberry. All made with whole grain granola and low-fat yogurt. Offered Tuesdays and Thursdays | |
| Entrée Three: Smuckers PB&J Uncrustables Offered Daily | Entrée Three: Smuckers PB&J Uncrustables Offered Daily | Entrée Three: Smuckers PB&J Uncrustables Offered Daily | Entrée Three: Smuckers PB&J Uncrustables Offered Daily | |
| Vegetables of the Day: Baby Carrots or Broccoli Florets with Ranch | Vegetables of the Day: Green Beans or Chickpea Salsa | Vegetables of the Day: Corn Salad or Roasted Broccoli | Vegetables of the Day: Grape Tomatoes with Dip or Oven Bakes Fries | |
| Assorted Fruit | Assorted Fruit | Assorted Fruit | Assorted Fruit | |
| Choice of Chocolate or White Milk | Choice of Chocolate or White Milk | Choice of Chocolate or White Milk | Choice of Chocolate or White Milk | |

This institution is an equal opportunity employer and provider. Menu options are subject to change. If you have any questions about our meal service, please contact: Sarah Ginn at 610.670.0180 x 1147 I will return your call as quickly as possible.