

# may



## Wilson School District April & May High School Lunch Menu

Monday		Tuesday		Wednesday		Thursday		Friday	
April 24		April 25		April 26		April 27		April 28	
Entrée One: Thai Noodle Salad: Whole Wheat Noodles with a Thai Sunflower Butter Sauce, Shredded Carrots, Peppers, Chicken Strips and Fresh Scallions	Entrée One: Tacos with Ground Beef, Cheddar, Lettuce & Tomatoes	Entrée One: Fresh Baked Pizza Day! Made with a Whole Grain Crust, Pizza Sauce & Cheese Blend		Entrée One: Meatball Sub: Beef Meatballs in Marinara Sauce on a Whole Wheat Sub Roll, Topped with Mozzarella Cheese		Grilled Cheese and Tomato Pepperjack Soup (Tomato Soup with Salsa & Pepperjack Cheese)			
Entrée Two: Whole Grain Breaded Popcorn Chicken with a Whole Wheat Dinner Roll	Entrée Two: Whole Grain Pizza Max Sticks Served with Marinara Dipping Sauce			Entrée Two: Chicken Patty Sandwich on a Whole Wheat Hamburger Bun. Condiments on the Side.		Entrée Two: Buffalo Chicken Pizza on Whole Wheat Crust			
Entrée Three: Smuckers PB&J Uncrustables Offered Daily	Entrée Three: Smuckers PB&J Uncrustables Offered Daily	Entrée Three: Smuckers PB&J Uncrustables Offered Daily		Entrée Three: Smuckers PB&J Uncrustables Offered Daily		Entrée Three: Smuckers PB&J Uncrustables Offered Daily			
Entrée Four: Assorted Parfaits	Entrée Four: Assorted Parfaits	Entrée Four: Assorted Parfaits		Entrée Four: Assorted Parfaits		Entrée Four: Assorted Parfaits			
Entrée Five: Power Packs: Mediterranean (Hummus, Veggies, Flatbread & a Hardboiled Egg) or Apple & Peanut Butter	Entrée Five: Power Packs: Mediterranean (Hummus, Veggies, Flatbread & a Hardboiled Egg) or Apple & Peanut Butter	Entrée Five: Power Packs: Mediterranean (Hummus, Veggies, Flatbread & a Hardboiled Egg) or Apple & Peanut Butter		Entrée Five: Power Packs: Mediterranean (Hummus, Veggies, Flatbread & a Hardboiled Egg) or Apple & Peanut Butter		Entrée Five: Power Packs: Mediterranean (Hummus, Veggies, Flatbread & a Hardboiled Egg) or Apple & Peanut Butter			
Vegetables of the Day: Baby Carrots or Broccoli Florets with Ranch	Vegetables of the Day: Red Pepper Strips with Dip or Fiesta Beans	Vegetables of the Day: Garden Salad or Cucumber Slices with Ranch		Vegetables of the Day: Steamed Corn or Ranch Chickpeas		Vegetables of the Day: Cauliflower and Dip or Oven Baked Fries			
Assorted Fruit	Assorted Fruit	Assorted Fruit		Assorted Fruit		Assorted Fruit			
Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk			
May 1		May 2		May 3		May 4		May 5	
Entrée One: Buffalo Chicken Dip with Corn Tortilla Chips	Entrée One: Subway Hoagie Day: Turkey, Ham, Italian or Veggie on a Whole Grain Roll. Served with Lettuce & Tomato on the Side	Entrée One: Dominos Pizza Day! Made with a Whole Grain Crust, Pizza Sauce & Cheese Blend		Entrée One: Brunch for Lunch: Whole Grain French Toast Sticks with Maple Syrup Dipping Cups, Served with Turkey Sausage		Entrée One: Whole Grain Breaded Sweet & Sour Chicken with Brown Rice			
Entrée Two: Whole Grain Breaded Popcorn Chicken with a Whole Wheat Dinner Roll	Entrée Two: Whole Grain Pizza Max Sticks Served with Marinara Dipping Sauce			Entrée Two: Chicken Patty Sandwich on a Whole Wheat Hamburger Bun. Condiments on the Side.		Entrée Two: Buffalo Chicken Pizza on Whole Wheat Crust			
Entrée Three: Smuckers PB&J Uncrustables Offered Daily	Entrée Three: Smuckers PB&J Uncrustables Offered Daily	Entrée Three: Smuckers PB&J Uncrustables Offered Daily		Entrée Three: Smuckers PB&J Uncrustables Offered Daily		Entrée Three: Smuckers PB&J Uncrustables Offered Daily			
Entrée Four: Assorted Parfaits	Entrée Four: Assorted Parfaits	Entrée Four: Assorted Parfaits		Entrée Four: Assorted Parfaits		Entrée Four: Assorted Parfaits			
Entrée Five: Power Packs: Mediterranean (Hummus, Veggies, Flatbread & a Hardboiled Egg) or Apple & Peanut Butter	Entrée Five: Power Packs: Mediterranean (Hummus, Veggies, Flatbread & a Hardboiled Egg) or Apple & Peanut Butter	Entrée Five: Power Packs: Mediterranean (Hummus, Veggies, Flatbread & a Hardboiled Egg) or Apple & Peanut Butter		Entrée Five: Power Packs: Mediterranean (Hummus, Veggies, Flatbread & a Hardboiled Egg) or Apple & Peanut Butter		Entrée Five: Power Packs: Mediterranean (Hummus, Veggies, Flatbread & a Hardboiled Egg) or Apple & Peanut Butter			
Vegetables of the Day: Baby Carrots or Celery Sticks with Ranch	Vegetables of the Day: Green Beans or Chickpea Salsa	Vegetables of the Day: Corn Salad or Roasted Broccoli		Vegetables of the Day: Grape Tomatoes with Dip or Oven Baked Fries		Vegetables of the Day: Garden Salad or Baked Beans			
Assorted Fruit	Assorted Fruit	Assorted Fruit		Assorted Fruit		Assorted Fruit			
Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk			

**Due to food delivery and staffing issues resulting from Covid-19, menu options are subject to change. The Food Service Staff continues to work in safe and sanitary conditions to prepare and provide meals to our students. Every day we follow FDA Food Safety standards of frequent and thorough hand washing, wearing gloves and hairnets and not reporting to work if sick. If you have any questions about our meal service during this time please contact: Sarah Ginn at 610.670.0180 x 1147 I will return you call as quickly as possible.**