





Wilson School District April & May Elementary Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
April 24	April 25	April 26	April 27	April 28
Entrée One: Individual Pizzas on Whole Wheat Crust	Entrée One: Taco Salad: Chicken Strips, Corn Kernels, Black Beans, Romaine Lettuce, Cheddar Cheese & Ranch Dressing over Romaine. Served with Tortilla Chips	Entrée One: Meatball Sub: Beef Meatballs in Marinara Sauce topped with Mozzarella Cheese on a Whole Wheat Sub Roll	Entrée One: Hamburger on a Whole Wheat Bun, Served with Condiments on the Side	Entrée One: Whole Wheat Mac and Cheese
Entrée Two: Apple and Peanut Butter Power Pack: Apple Slices, Creamy Peanut Butter, Hardboiled Egg, Whole Grain Granola Bar, Graham Crackers & Baby Carrots. Offered Mondays, Wednesdays and Fridays	Entrée Two: Assorted Parfaits. Options include, Chunkey Monkey and Strawberry. All made with whole grain granola and low-fat yogurt. Offered Tuesdays and Thursday	Entrée Two: Apple and Peanut Butter Power Pack: Apple Slices, Creamy Peanut Butter, Hardboiled Egg, Whole Grain Granola Bar, Graham Crackers & Baby Carrots. Offered Mondays, Wednesdays and Fridays	Entrée Two: Assorted Parfaits. Options include, Chunkey Monkey and Strawberry. All made with whole grain granola and low-fat yogurt. Offered Tuesdays and Thursday	Entrée Two: Apple and Peanut Butter Power Pack: Apple Slices, Creamy Peanut Butter, Hardboiled Egg, Whole Grain Granola Bar, Graham Crackers & Baby Carrots. Offered Mondays, Wednesdays and Fridays
Entrée Three: Smuckers PB&J Uncrustables Offered Daily	Entrée Three: Smuckers PB&J Uncrustables Offered Daily	Entrée Three: Smuckers PB&J Uncrustables Offered Daily	Entrée Three: Smuckers PB&J Uncrustables Offered Daily	Entrée Three: Smuckers PB&J Uncrustables Offered Daily
Vegetables of the Day: Baby Carrots or Broccoli Florets with Ranch	Vegetables of the Day: Red Pepper Strips with Dip or Fiesta Beans	Vegetables of the Day: Garden Salad or Cucumber Slices with Ranch	Vegetables of the Day: Oven Baked Fries or Ranch Chickpeas	Vegetables of the Day: Cauliflower Florets and Dip or Steamed Corn
Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit
Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk
May 1	May 2	May 3	May 4	May 5
Entrée One: Subway Hoagie Day: Sliced Turkey or Sliced Ham on a Whole Grain Roll. Served with Lettuce & Tomato on the Side	Entrée One: Nachos Grande: Tortilla Chips, Taco Seasoned Ground Beef, Cheddar Cheese Sauce, Salsa & Fresh Scallions	Entrée One: Whole Grain Breaded Chicken Nuggets with a Garlic Breadstick	Entrée One: Brunch for Lunch: Whole Grain French Toast Sticks with Maple Syrup Dipping Cups, Served with an Egg Patty	Entrée One: Whole Grain Breaded Chicken Patty Sandwich with Lettuce and Tomato. Condiments Served on the Side.
Entrée Two: Bulldog Power Pack: Fresh Baked Soft Pretzel, Cheddar Cheese Stick, Hardboiled Egg, Apple Slices, Carrot Pack & Ranch Dip. Offered Mondays, Wednesdays and Fridays	Entrée Two: Assorted Parfaits. Options include, Chunkey Monkey and Strawberry. All made with whole grain granola and low-fat yogurt. Offered Tuesdays and Thursdays	Entrée Two: Bulldog Power Pack: Fresh Baked Soft Pretzel, Cheddar Cheese Stick, Hardboiled Egg, Apple Slices, Carrot Pack & Ranch Dip. Offered Mondays, Wednesdays and Fridays	Entrée Two: Assorted Parfaits. Options include, Chunkey Monkey and Strawberry. All made with whole grain granola and low-fat yogurt. Offered Tuesdays and Thursday	Entrée Two: Bulldog Power Pack; Fresh Baked Soft Pretzel, Cheddar Cheese Stick, Hardboiled Egg, Apple Slices, Carrot Pack & Ranch Dip. Offered Mondays, Wednesdays and Fridays
Entrée Three: Smuckers PB&J Uncrustables Offered Daily	Entrée Three: Smuckers PB&J Uncrustables Offered Daily	Entrée Three: Smuckers PB&J Uncrustables Offered Daily	Entrée Three: Smuckers PB&J Uncrustables Offered Daily	Entrée Three: Smuckers PB&J Uncrustables Offered Daily
Vegetables of the Day: Baby Carrots or Celery Sticks with Ranch	Vegetables of the Day: Green Beans or Chickpea Salsa	Vegetables of the Day: Corn Salad or Roasted Broccoli	Vegetables of the Day: Grape Tomatoes with Dip or Baked Beans	Vegetables of the Day: Garden Salad or Oven Baked Fries
Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit
Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk

Due to food delivery and staffing issues resulting from Covid-19, menu options are subject to change. The Food Service Staff continues to work in safe and sanitary conditions to prepare and provide meals to our students. Every day we follow FDA Food Safety standards of frequent and thorough hand washing, wearing gloves and hairnets and not reporting to work if sick. If you have any questions about our meal service during this time please contact: Sarah Ginn at 610.670.0180 x 1147 I will return you call as quickly as possible.