

F E B R U A R Y



Wilson School District February High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
February 13	February 14	February 15	February 16	February 17
Entrée One: Chicken Alfredo Pasta: Chicken Breast Strips with Alfredo Sauce and Whole Grain Pasta	Entrée One: Taco Salad: Taco Seasoned Beef Crumbles, Cheddar Cheese Sauce, Diced Tomatoes, Tortilla Chips over Shredded Lettuce	Entrée One: Dominos Pizza Day! Made with a Whole Grain Crust, Pizza Sauce & Cheese Blend	Entrée One: Veggie Burger: Vegetarian Burger served on a Whole Wheat Hamburger Bun with Lettuce & Tomato. Condiments on the Side	Teacher PD Day - No Students
Entrée Two: Whole Grain Breaded Popcorn Chicken with a Whole Wheat Dinner Roll	Entrée Two: Whole Grain Pizza Max Sticks Served with Marinara Dipping Sauce		Entrée Two: Chicken Patty Sandwich on a Whole Wheat Hamburger Bun. Condiments on the Side.	
Entrée Three: Assorted Deli Sandwiches & Assorted Salads	Entrée Three: Assorted Deli Sandwiches & Assorted Salads	Entrée Three: Assorted Deli Sandwiches & Assorted Salads	Entrée Three: Assorted Deli Sandwiches & Assorted Salads	
Entrée Four: Assorted Parfaits	Entrée Four: Assorted Parfaits	Entrée Four: Assorted Parfaits	Entrée Four: Assorted Parfaits	
Entrée Five: Power Packs: Mediterranean (Hummus, Veggies, Flatbread & a Hardboiled Egg) or Apple & Peanut Butter	Entrée Five: Power Packs: Mediterranean (Hummus, Veggies, Flatbread & a Hardboiled Egg) or Apple & Peanut Butter	Entrée Five: Power Packs: Mediterranean (Hummus, Veggies, Flatbread & a Hardboiled Egg) or Apple & Peanut Butter	Entrée Five: Power Packs: Mediterranean (Hummus, Veggies, Flatbread & a Hardboiled Egg) or Apple & Peanut Butter	
Vegetables of the Day: Baby Carrots or Broccoli Florets with Ranch	Vegetables of the Day: Red Pepper Strips with Dip or Fiesta Beans	Vegetables of the Day: Garden Salad or Cucumber Slices with Ranch	Vegetables of the Day: Steamed Corn or Ranch Chickpeas	
Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit	
Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	
February 20	February 21	February 22	February 23	February 24
Presidents Day Holiday	Entrée One: Chicken Fajita Bowl: Taco Seasoned Chicken Strips over Brown Rice with Cheddar Cheese, Avocado & Salsa	Entrée One: Dominos Pizza Day! Made with a Whole Grain Crust, Pizza Sauce & Cheese Blend	Entrée One: Brunch for Lunch: Whole Wheat Croissant with Egg, Cheese & Turkey Bacon	Entrée One: Toasted Ham and Cheese on a Whole Wheat Hamburger Bun
	Entrée Two: Whole Grain Pizza Max Sticks Served with Marinara Dipping Sauce		Entrée Two: Chicken Patty Sandwich on a Whole Wheat Hamburger Bun. Condiments on the Side.	Entrée Two: Buffalo Chicken Pizza on Whole Wheat Crust
	Entrée Three: Assorted Deli Sandwiches & Assorted Salads	Entrée Three: Assorted Deli Sandwiches & Assorted Salads	Entrée Three: Assorted Deli Sandwiches & Assorted Salads	Entrée Three: Assorted Deli Sandwiches & Assorted Salads
	Entrée Four: Assorted Parfaits	Entrée Four: Assorted Parfaits	Entrée Four: Assorted Parfaits	Entrée Four: Assorted Parfaits
	Entrée Five: Power Packs: Mediterranean (Hummus, Veggies, Flatbread & a Hardboiled Egg) or Apple & Peanut Butter	Entrée Five: Power Packs: Mediterranean (Hummus, Veggies, Flatbread & a Hardboiled Egg) or Apple & Peanut Butter	Entrée Five: Power Packs: Mediterranean (Hummus, Veggies, Flatbread & a Hardboiled Egg) or Apple & Peanut Butter	Entrée Five: Power Packs: Mediterranean (Hummus, Veggies, Flatbread & a Hardboiled Egg) or Apple & Peanut Butter
	Vegetables of the Day: Green Beans or Chickpea Salsa	Vegetables of the Day: Corn Salad or Roasted Broccoli	Vegetables of the Day: Grape Tomatoes with Dip or Oven Baked Fries	Vegetables of the Day: Garden Salad or Baked Beans
	Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit
	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk

Due to food delivery and staffing issues resulting from Covid-19, menu options are subject to change. The Food Service Staff continues to work in safe and sanitary conditions to prepare and provide meals to our students. Every day we follow FDA Food Safety standards of frequent and thorough hand washing, wearing gloves and hairnets and not reporting to work if sick. If you have any questions about our meal service during this time please contact: Sarah Ginn at 610.670.0180 x 1147 I will return you call as quickly as possible.