

F E B R U A R Y



Wilson School District February High School Lunch Menu

Monday February 13		Tuesday February 14		Wednesday February 15		Thursday February 16		Friday February 17	
Entrée One: Dominos Pizza Day! Made with a Whole Grain Crust, Pizza Sauce & Cheese Blend		Entrée One: Taco Salad: Taco Seasoned Beef Crumbles, Cheddar Cheese Sauce, Diced Tomatoes, Tortilla Chips over Shredded Lettuce		Entrée One: Chicken Alfredo Pasta: Chicken Breast Strips with Alfredo Sauce and Whole Grain Pasta		Entrée One: Veggie Burger: Vegetarian Burger served on a Whole Wheat Hamburger Bun with Lettuce & Tomato. Condiments on the Side		Teacher PD Day - No Students	
Entrée Three: Assorted Deli Sandwiches & Assorted Salads		Entrée Three: Assorted Deli Sandwiches & Assorted Salads		Entrée Three: Assorted Deli Sandwiches & Assorted Salads		Entrée Three: Assorted Deli Sandwiches & Assorted Salads			
Entrée Four: Assorted Parfaits		Entrée Four: Assorted Parfaits		Entrée Four: Assorted Parfaits		Entrée Four: Assorted Parfaits			
Entrée Five: Power Packs: Mediterranean (Hummus, Veggies, Flatbread & a Hardboiled Egg) or Apple & Peanut Butter		Entrée Five: Power Packs: Mediterranean (Hummus, Veggies, Flatbread & a Hardboiled Egg) or Apple & Peanut Butter		Entrée Five: Power Packs: Mediterranean (Hummus, Veggies, Flatbread & a Hardboiled Egg) or Apple & Peanut Butter		Entrée Five: Power Packs: Mediterranean (Hummus, Veggies, Flatbread & a Hardboiled Egg) or Apple & Peanut Butter			
Vegetables of the Day: Baby Carrots or Broccoli Florets with Ranch		Vegetables of the Day: Red Pepper Strips with Dip or Fiesta Beans		Vegetables of the Day: Garden Salad or Cucumber Slices with Ranch		Vegetables of the Day: Steamed Corn or Ranch Chickpeas			
Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit			
Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk			
February 20		February 21		February 22		February 23		February 24	
Presidents Day Holiday		Entrée One: Chicken Fajita Bowl: Taco Seasoned Chicken Strips over Brown Rice with Cheddar Cheese, Avocado & Salsa		Entrée One: Hamburger on a Whole Wheat Hamburger Bun		Entrée One: Brunch for Lunch: Whole Wheat Croissant with Egg, Cheese & Turkey Bacon		Entrée One: Toasted Ham and Cheese on a Whole Wheat Hamburger Bun	
		Entrée Two: Whole Grain Pizza Max Sticks Served with Marinara Dipping Sauce		Entrée Two: Whole Grain Breaded Popcorn Chicken with a Whole Wheat Dinner Roll		Entrée Two: Chicken Patty Sandwich on a Whole Wheat Hamburger Bun. Condiments on the Side.		Entrée Two: Buffalo Chicken Pizza on Whole Wheat Crust	
		Entrée Three: Assorted Deli Sandwiches & Assorted Salads		Entrée Three: Assorted Deli Sandwiches & Assorted Salads		Entrée Three: Assorted Deli Sandwiches & Assorted Salads		Entrée Three: Assorted Deli Sandwiches & Assorted Salads	
		Entrée Four: Assorted Parfaits		Entrée Four: Assorted Parfaits		Entrée Four: Assorted Parfaits		Entrée Four: Assorted Parfaits	
		Entrée Five: Power Packs: Mediterranean (Hummus, Veggies, Flatbread & a Hardboiled Egg) or Apple & Peanut Butter		Entrée Five: Power Packs: Mediterranean (Hummus, Veggies, Flatbread & a Hardboiled Egg) or Apple & Peanut Butter		Entrée Five: Power Packs: Mediterranean (Hummus, Veggies, Flatbread & a Hardboiled Egg) or Apple & Peanut Butter		Entrée Five: Power Packs: Mediterranean (Hummus, Veggies, Flatbread & a Hardboiled Egg) or Apple & Peanut Butter	
		Vegetables of the Day: Green Beans or Chickpea Salsa		Vegetables of the Day: Corn Salad or Roasted Broccoli		Vegetables of the Day: Grape Tomatoes with Dip or Oven Baked Fries		Vegetables of the Day: Garden Salad or Baked Beans	
		Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit	
Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk			

Due to food delivery and staffing issues resulting from Covid-19, menu options are subject to change. The Food Service Staff continues to work in safe and sanitary conditions to prepare and provide meals to our students. Every day we follow FDA Food Safety standards of frequent and thorough hand washing, wearing gloves and hairnets and not reporting to work if sick. If you have any questions about our meal service during this time please contact: Sarah Ginn at 610.670.0180 x 1147 I will return your call as quickly as possible.