

JANUARY



Wilson School District January Elementary Lunch Menu

Martin Luther King Jr. Day

Monday	Tuesday	Wednesday	Thursday	Friday
January 16	January 17	January 18	January 19	January 20
<p>Martin Luther King Jr. Day</p>	<p>Entrée One: Hard Shell Tacos with Taco-Seasoned Ground Beef, Salsa & Lettuce in a Hard Taco Shell</p>	<p>Entrée One: Breaded Boneless Chicken Wings with a Whole Grain Dinner Roll</p>	<p>Entrée One: Turkey Bacon Burger: Beef Burger with Jenni-Os Turkey Bacon, American Cheese, Lettuce & Tomato with Condiments on the Side</p>	<p>Entrée One: Whole Grain Cheese Max Sticks with Marinara Dipping Sauce</p>
	<p>Entrée Two: Assorted Parfaits. Options include, Chunkey Monkey and Strawberry. All made with whole grain granola and low-fat yogurt. Offered Tuesdays and Thursdays</p>	<p>Entrée Two: Veggie Power Pack: Carrots & Broccoli with Cheddar Cheese Sauce, Ranch a Hardboiled Egg & a Soft Pretzel. Offered on Mondays, Wednesdays & Fridays</p>	<p>Entrée Two: Assorted Parfaits. Options include, Chunkey Monkey and Strawberry. All made with whole grain granola and low-fat yogurt. Offered Tuesdays and Thursdays</p>	<p>Entrée Two: Veggie Power Pack: Carrots & Broccoli with Cheddar Cheese Sauce, Ranch a Hardboiled Egg & a Soft Pretzel. Offered on Mondays, Wednesdays & Fridays</p>
	<p>Entrée Three: Smuckers PB&J Uncrustables Offered Daily</p>	<p>Entrée Three: Smuckers PB&J Uncrustables Offered Daily</p>	<p>Entrée Three: Smuckers PB&J Uncrustables Offered Daily</p>	<p>Entrée Three: Smuckers PB&J Uncrustables Offered Daily</p>
	<p>Vegetables of the Day: Red Pepper Strips with Dip or Fiesta Beans</p>	<p>Vegetables of the Day: Garden Salad or Cucumber Slices with Ranch</p>	<p>Vegetables of the Day: Oven Baked Fries or Ranch Chickpeas</p>	<p>Vegetables of the Day: Cauliflower and Dip or Steamed Corn</p>
	<p>Assorted Fruit</p>	<p>Assorted Fruit</p>	<p>Assorted Fruit</p>	<p>Assorted Fruit</p>
	<p>Choice of Chocolate or White Milk</p>	<p>Choice of Chocolate or White Milk</p>	<p>Choice of Chocolate or White Milk</p>	<p>Choice of Chocolate or White Milk</p>
January 23	January 24	January 25	January 26	January 27
<p>Entrée One: Assorted Pizza Quesadilla Day</p>	<p>Entrée One: Sloppy Joe on a Whole Wheat Hamburger Bun</p>	<p>Entrée One: Chicken Alfredo Pasta: Chicken Breast Strips with Alfredo Sauce and Whole Grain Pasta</p>	<p>Entrée One: Whole Wheat Pancakes with Scrambled Egg Patties & Maple Syrup Dipping Sauce</p>	<p>Entrée One: All Beef Hot Dog on a Whole Wheat Bun. Condiments Served on the side</p>
<p>Entrée Two: Pizza Lunchable: Turkey Pepperoni Slices, String Cheese or Shredded Mozzarella Cheese, a Breadstick or Whole Wheat Flatbread, Marinara Sauce & Sliced Apples. Offered Mondays, Wednesdays & Fridays</p>	<p>Entrée Two: Assorted Parfaits. Options include, Chunkey Monkey and Strawberry. All made with whole grain granola and low-fat yogurt. Offered Tuesdays and Thursdays</p>	<p>Entrée Two: Pizza Lunchable: Turkey Pepperoni Slices, String Cheese or Shredded Mozzarella Cheese, a Breadstick or Whole Wheat Flatbread, Marinara Sauce & Sliced Apples. Offered Mondays, Wednesdays & Fridays</p>	<p>Entrée Two: Assorted Parfaits. Options include, Chunkey Monkey and Strawberry. All made with whole grain granola and low-fat yogurt. Offered Tuesdays and Thursdays</p>	<p>Entrée Two: Pizza Lunchable: Turkey Pepperoni Slices, String Cheese or Shredded Mozzarella Cheese, a Breadstick or Whole Wheat Flatbread, Marinara Sauce & Sliced Apples. Offered Mondays, Wednesdays & Fridays</p>
<p>Entrée Three: Smuckers PB&J Uncrustables Offered Daily</p>	<p>Entrée Three: Smuckers PB&J Uncrustables Offered Daily</p>	<p>Entrée Three: Smuckers PB&J Uncrustables Offered Daily</p>	<p>Entrée Three: Smuckers PB&J Uncrustables Offered Daily</p>	<p>Entrée Three: Smuckers PB&J Uncrustables Offered Daily</p>
<p>Vegetables of the Day: Baby Carrots or Celery Sticks with Ranch</p>	<p>Vegetables of the Day: Green Beans or Chickpea Salsa</p>	<p>Vegetables of the Day: Corn Salad or Roasted Broccoli</p>	<p>Vegetables of the Day: Grape Tomatoes with Dip or Baked Beans</p>	<p>Vegetables of the Day: Garden Salad or Oven Baked Fries</p>
<p>Assorted Fruit</p>	<p>Assorted Fruit</p>	<p>Assorted Fruit</p>	<p>Assorted Fruit</p>	<p>Assorted Fruit</p>
<p>Choice of Chocolate or White Milk</p>	<p>Choice of Chocolate or White Milk</p>	<p>Choice of Chocolate or White Milk</p>	<p>Choice of Chocolate or White Milk</p>	<p>Choice of Chocolate or White Milk</p>

Due to food delivery and staffing issues resulting from Covid-19, menu options are subject to change. The Food Service Staff continues to work in safe and sanitary conditions to prepare and provide meals to our students. Every day we follow FDA Food Safety standards of frequent and thorough hand washing, wearing gloves and hairnets and not reporting to work if sick. If you have any questions about our meal service during this time please contact: Sarah Ginn at 610.670.0180 x 1147 I will return you call as quickly as possible.