



Wilson School District Breakfast Options

ELEMENTARY SCHOOL BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
Entrée of the Day: Cereal Day! Assorted Whole Grain Cereals Served with Yogurt or Milk	Entrée of the Day: Protein Power Pack: Hardboiled Egg with Graham Crackers	Entrée of the Day: Muffin day! Assorted Whole Grain Muffins	Entrée of the Day: Whole Grain Bagels or Donuts. Served with Cream Cheese and Jelly	Entrée of the Day: Poptart Day! Assorted Whole Grain Poptarts
	Other Options Include: Assorted Cereal: Whole Grain Cereal with Yogurt or Milk	Other Options Include: Assorted Cereal: Whole Grain Cereal with Yogurt or Milk	Other Options Include: Assorted Cereal: Whole Grain Cereal with Yogurt or Milk	Other Options Include: Assorted Cereal: Whole Grain Cereal with Yogurt or Milk
Choice of Assorted Fresh Fruit, Strawberry Cups, Peach Cups and Applesauce Cups	Choice of Assorted Fresh Fruit, Strawberry Cups, Peach Cups and Applesauce Cups	Choice of Assorted Fresh Fruit, Strawberry Cups, Peach Cups and Applesauce Cups	Choice of Assorted Fresh Fruit, Strawberry Cups, Peach Cups and Applesauce Cups	Choice of Assorted Fresh Fruit, Strawberry Cups, Peach Cups and Applesauce Cups
Choice of Plain or Chocolate Milk	Choice of Plain or Chocolate Milk	Choice of Plain or Chocolate Milk	Choice of Plain or Chocolate Milk	Choice of Plain or Chocolate Milk

MIDDLE SCHOOL BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
Entrée of the Day: Cereal Day! Assorted Whole Grain Cereals Served with Yogurt or Milk	Entrée of the Day: Protein Power Pack: Hardboiled Egg with Graham Crackers	Entrée of the Day: Muffin day! Assorted Whole Grain Muffins	Entrée of the Day: Whole Grain Bagels or Donuts. Served with Cream Cheese and Jelly	Entrée of the Day: Poptart Day! Assorted Whole Grain Poptarts
	Other Options Include: Assorted Cereal: Whole Grain Cereal with Yogurt or Milk	Other Options Include: Assorted Cereal: Whole Grain Cereal with Yogurt or Milk	Other Options Include: Assorted Cereal: Whole Grain Cereal with Yogurt or Milk	Other Options Include: Assorted Cereal: Whole Grain Cereal with Yogurt or Milk
Choice of Assorted Fresh Fruit, Strawberry Cups, Peach Cups and Applesauce Cups	Choice of Assorted Fresh Fruit, Strawberry Cups, Peach Cups and Applesauce Cups	Choice of Assorted Fresh Fruit, Strawberry Cups, Peach Cups and Applesauce Cups	Choice of Assorted Fresh Fruit, Strawberry Cups, Peach Cups and Applesauce Cups	Choice of Assorted Fresh Fruit, Strawberry Cups, Peach Cups and Applesauce Cups
Choice of Plain or Chocolate Milk	Choice of Plain or Chocolate Milk	Choice of Plain or Chocolate Milk	Choice of Plain or Chocolate Milk	Choice of Plain or Chocolate Milk

HIGH SCHOOL BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
Fresh Bagels, Muffins, Cinnamon Buns, Whole Grain Cereal Variety, Whole Grain Benefit Bars Offered Daily				
Hot Entrée Options Vary Daily. Options Include: Egg and Cheese Tac-Go, Whole Grain French Toast, Pancakes, and Egg Sandwiches				
Choice of Assorted Fresh Fruit, Strawberry Cups, Peach Cups and Applesauce Cups	Choice of Assorted Fresh Fruit, Strawberry Cups, Peach Cups and Applesauce Cups	Choice of Assorted Fresh Fruit, Strawberry Cups, Peach Cups and Applesauce Cups	Choice of Assorted Fresh Fruit, Strawberry Cups, Peach Cups and Applesauce Cups	Choice of Assorted Fresh Fruit, Strawberry Cups, Peach Cups and Applesauce Cups
Choice of Plain or Chocolate Milk	Choice of Plain or Chocolate Milk	Choice of Plain or Chocolate Milk	Choice of Plain or Chocolate Milk	Choice of Plain or Chocolate Milk

Due to food delivery and staffing shortages, menu options are subject to change. The Food Service Staff continues to work in safe and sanitary conditions to prepare and provide meals to our students. Every day we follow FDA Food Safety standards of frequent and thorough hand washing, wearing gloves and hairnets and not reporting to work if sick. If you have any questions about our meal service during this time please contact: Sarah Ginn at 610.670.0180 x 1147 I will return your call as quickly as possible.