

NOVEMBER



Wilson School District November High School Lunch Menu

Monday November 14		Tuesday November 15		Wednesday November 16		Thursday November 17		Friday November 18	
Entrée One: Dominos Pizza Day! Made with a Whole Grain Crust, Pizza Sauce & Cheese Blend		Entrée One: Tacos with Ground Beef, Cheddar, Lettuce & Tomatoes		Entrée One: Thai Noodle Salad: Whole Wheat Noodles with a Thai Sunflower Butter Sauce, Shredded Carrots, Peppers, Chicken Strips and Fresh Scallions		Entrée One: Meatball Sub: Beef Meatballs in Marinara Sauce on a Whole Wheat Sub Roll, Topped with Mozzarella Cheese		Entrée One: BBQ Chicken Shaker Salad: Romaine, Cherry Tomatoes & Corn, Cucumber, Shredded Cheddar with BBQ Chicken. Served with Corn Bread	
		Entrée Two: Whole Grain Pizza Max Sticks Served with Marinara Dipping Sauce		Entrée Two: Whole Grain Breaded Popcorn Chicken with a Whole Wheat Dinner Roll		Entrée Two: Chicken Patty Sandwich on a Whole Wheat Hamburger Bun. Condiments on the Side.		Entrée Two: Chicken or Cheese Quesadillas Served with Salsa	
Entrée Three: Smuckers PB&J Uncrustables Offered Daily		Entrée Three: Smuckers PB&J Uncrustables Offered Daily		Entrée Three: Smuckers PB&J Uncrustables Offered Daily		Entrée Three: Smuckers PB&J Uncrustables Offered Daily		Entrée Three: Smuckers PB&J Uncrustables Offered Daily	
Entrée Four: Assorted Parfaits		Entrée Four: Assorted Parfaits		Entrée Four: Assorted Parfaits		Entrée Four: Assorted Parfaits		Entrée Four: Assorted Parfaits	
Entrée Five: Power Packs: Mediterranean (Hummus, Veggies, Flatbread & a Hardoiled Egg) or Apple & Peanut Butter		Entrée Five: Power Packs: Mediterranean (Hummus, Veggies, Flatbread & a Hardoiled Egg) or Apple & Peanut Butter		Entrée Five: Power Packs: Mediterranean (Hummus, Veggies, Flatbread & a Hardoiled Egg) or Apple & Peanut Butter		Entrée Five: Power Packs: Mediterranean (Hummus, Veggies, Flatbread & a Hardoiled Egg) or Apple & Peanut Butter		Entrée Five: Power Packs: Mediterranean (Hummus, Veggies, Flatbread & a Hardoiled Egg) or Apple & Peanut Butter	
Vegetables of the Day: Baby Carrots or Broccoli Florets with Ranch		Vegetables of the Day: Red Pepper Strips with Dip or Fiesta Beans		Vegetables of the Day: Garden Salad or Cucumber Slices with Ranch		Vegetables of the Day: Southwestern Steamed Corn or Ranch Chickpeas		Vegetables of the Day: Cauliflower and Dip or Oven Baked Fries	
Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit	
Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk	
November 21		November 22		November 23		November 24		November 25	
Half-Day! Cold Grab and Go Options Available in the Cafeteria Prior to Dismissal		Half-Day! Cold Grab and Go Options Available in the Cafeteria Prior to Dismissal							
Vegetables of the Day: Baby Carrots or Celery Sticks with Ranch		Vegetables of the Day: Green Beans or Chickpea Salsa							
Assorted Fruit		Assorted Fruit							
Choice of Chocolate or White Milk		Choice of Chocolate or White Milk							

Due to food delivery and staffing issues resulting from Covid-19, menu options are subject to change. The Food Service Staff continues to work in safe and sanitary conditions to prepare and provide meals to our students. Every day we follow FDA Food Safety standards of frequent and thorough hand washing, wearing gloves and hairnets and not reporting to work if sick. If you have any questions about our meal service during this time please contact: Sarah Ginn at 610.670.0180 x 1147 I will return your call as quickly as possible.