



Wilson School District November Elementary Lunch Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| October 31 | November 1 | November 2 | November 3 | November 4 |
| Entrée One: Individual Pizzas on Whole Grain Crust | Entrée One: Burrito Bowl: Brown Rice with Taco Seasoned Chicken, Shredded Cheese, Salsa and Avocado | Entrée One: Breaded Boneless Chicken Wings with a Whole Grain Dinner Roll | Entrée One: Turkey Bacon Burger: Beef Burger with Jenni-Os Turkey Bacon, American Cheese, Lettuce & Tomato with Condiments on the Side | Entrée One: Grilled Cheese Sandwich: Whole Wheat Bread and American Cheese |
| Entrée Two: Veggie Power Pack: Carrots & Broccoli with Cheddar Cheese Sauce, Ranch a Hardboiled Egg & a Soft Pretzel. Offered on Mondays, Wednesdays & Fridays | Entrée Two: Assorted Parfaits. Options include, Chunkey Monkey and Strawberry. All made with whole grain granola and low-fat yogurt. Offered Tuesdays and Thursdays | Entrée Two: Veggie Power Pack: Carrots & Broccoli with Cheddar Cheese Sauce, Ranch a Hardboiled Egg & a Soft Pretzel. Offered on Mondays, Wednesdays & Fridays | Entrée Two: Assorted Parfaits. Options include, Chunkey Monkey and Strawberry. All made with whole grain granola and low-fat yogurt. Offered Tuesdays and Thursdays | Entrée Two: Veggie Power Pack: Carrots & Broccoli with Cheddar Cheese Sauce, Ranch a Hardboiled Egg & a Soft Pretzel. Offered on Mondays, Wednesdays & Fridays |
| Entrée Three: Smuckers PB&J Uncrustables Offered Daily | Entrée Three: Smuckers PB&J Uncrustables Offered Daily | Entrée Three: Smuckers PB&J Uncrustables Offered Daily | Entrée Three: Smuckers PB&J Uncrustables Offered Daily | Entrée Three: Smuckers PB&J Uncrustables Offered Daily |
| Vegetables of the Day: Baby Carrots or Broccoli Florets with Ranch | Vegetables of the Day: Red Pepper Strops with Dip or Fiesta Beans | Vegetables of the Day: Garden Salad or Cucumber Slices with Ranch | Vegetables of the Day: Southwestern Steamed Corn or Ranch Chicpeas | Vegetables of the Day: Cauliflower and Dip or Oven Baked Fries |
| Assorted Fruit | Assorted Fruit | Assorted Fruit | Assorted Fruit | Assorted Fruit |
| Choice of Chocolate or White Milk | Choice of Chocolate or White Milk | Choice of Chocolate or White Milk | Choice of Chocolate or White Milk | Choice of Chocolate or White Milk |
| November 7 | November 8 | November 9 | November 10 | November 11 |
| Entrée One: Cheese Pizza: Whole Wheat Crust, Shredded Cheese, and Marinara Sauce | Entrée One: BBQ Chicken Breast on a Whole Wheat Bun. Condiments Served on the Side. | Entrée One: Chicken Caesar Salad: Romaine Lettuce, Parmesan Cheese, Cherry Tomatoes, Whole Wheat Croutons, Chicken & Creamy Caesar Dressing. | Entrée One: Whole Wheat Pancakes with Scrambled Egg Patties & Maple Syrup Dipping Sauce | Entrée One: All Beef Hot Dog on a Whole Wheat Bun. Condiments Served on the side |
| Entrée Two: Pizza Lunchable: Turkey Pepperoni Slices, String Cheese or Shredded Mozzarella Cheese, a Breadstick or Whole Wheat Flatbread, Marinara Sauce & Sliced Apples. Offered Mondays, Wednesdays & Fridays | Entrée Two: Assorted Parfaits. Options include, Chunkey Monkey and Strawberry. All made with whole grain granola and low-fat yogurt. Offered Tuesdays and Thursdays | Entrée Two: Pizza Lunchable: Turkey Pepperoni Slices, String Cheese or Shredded Mozzarella Cheese, a Breadstick or Whole Wheat Flatbread, Marinara Sauce & Sliced Apples. Offered Mondays, Wednesdays & Fridays | Entrée Two: Assorted Parfaits. Options include, Chunkey Monkey and Strawberry. All made with whole grain granola and low-fat yogurt. Offered Tuesdays and Thursdays | Entrée Two: Pizza Lunchable: Turkey Pepperoni Slices, String Cheese or Shredded Mozzarella Cheese, a Breadstick or Whole Wheat Flatbread, Marinara Sauce & Sliced Apples. Offered Mondays, Wednesdays & Fridays |
| Entrée Three: Smuckers PB&J Uncrustables Offered Daily | Entrée Three: Smuckers PB&J Uncrustables Offered Daily | Entrée Three: Smuckers PB&J Uncrustables Offered Daily | Entrée Three: Smuckers PB&J Uncrustables Offered Daily | Entrée Three: Smuckers PB&J Uncrustables Offered Daily |
| Vegetables of the Day: Baby Carrots or Broccoli Florets with Ranch | Vegetables of the Day: Green Beans or Chickpea Salsa | Vegetables of the Day: Corn Salad or Roasted Broccoli | Vegetables of the Day: Grape Tomatoes with Dip or Oven Bakes Fries | Vegetables of the Day: Garden Salad or Baked Beans |
| Assorted Fruit | Assorted Fruit | Assorted Fruit | Assorted Fruit | Assorted Fruit |
| Choice of Chocolate or White Milk | Choice of Chocolate or White Milk | Choice of Chocolate or White Milk | Choice of Chocolate or White Milk | Choice of Chocolate or White Milk |

Due to food delivery and staffing issues resulting from Covid-19, menu options are subject to change. The Food Service Staff continues to work in safe and sanitary conditions to prepare and provide meals to our students. Every day we follow FDA Food Safety standards of frequent and thorough hand washing, wearing gloves and hairnets and not reporting to work if sick. If you have any questions about our meal service during this time please contact: Sarah Ginn at 610.670.0180 x 1147 I will return you call as quickly as possible.