

goodbye, august  
hello, september



**Wilson School District August-September Middle School Lunch Menu**

| Monday  | Tuesday   | Wednesday   | Thursday  | Friday  |
|---|---|---|---|---|
| <b>August 22</b>  | <b>August 24</b>  | <b>August 24</b>  | <b>August 25</b>  | <b>August 26</b>  |
|   |   | <p>Entrée One: Freshly Baked Individual Pizzas. All options on whole wheat crust.</p>   | <p>Entrée One: Hamburger on a Whole Wheat Bun, Served with Condiments on the Side</p>   | <p>Entrée One: Whole Wheat Mac and Cheese</p>   |
|   |   | <p>Entrée Two Options: Assorted Deli Sandwiches &amp; Assorted Salads</p>   | <p>Entrée Two Options: Assorted Deli Sandwiches &amp; Assorted Salads</p>   | <p>Entrée Two Options: Assorted Deli Sandwiches &amp; Assorted Salads</p>   |
|   |   | <p>Entrée Three: Smuckers PB&amp;J Uncrustables Offered Daily</p>   | <p>Entrée Three: Smuckers PB&amp;J Uncrustables Offered Daily</p>   | <p>Entrée Three: Smuckers PB&amp;J Uncrustables Offered Daily</p>   |
|   |   | <p>Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt &amp; Granola) and Strawberry (Strawberry Yogurt, Strawberries &amp; Granola)</p> | <p>Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt &amp; Granola) and Strawberry (Strawberry Yogurt, Strawberries &amp; Granola)</p> | <p>Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt &amp; Granola) and Strawberry (Strawberry Yogurt, Strawberries &amp; Granola)</p> |
|   |   | <p>Vegetables of the Day: Garden Salad or Cucumber Slices with Ranch</p>  | <p>Vegetables of the Day: Southwestern Steamed Corn or Ranch Chicpeas</p>   | <p>Vegetables of the Day: Cauliflower and Dip or Oven Baked Fries</p>   |
|   |   | <p>Assorted Fruit</p>   | <p>Assorted Fruit</p>   | <p>Assorted Fruit</p>   |
|   |   | <p>Choice of Chocolate or White Milk</p>  | <p>Choice of Chocolate or White Milk</p>  | <p>Choice of Chocolate or White Milk</p>  |
| <b>August 29</b>  | <b>August 30</b>  | <b>August 31</b>  | <b>September 1</b>  | <b>September 2</b>  |
| <p>Entrée One: Dominos Pizza Day! Made with a Whole Grain Crust, Pizza Sauce &amp; Cheese Blend</p>   | <p>Entrée One: Nachos Grande: Tortilla Chips, Taco Seasoned Ground Beef, Cheddar Cheese Sauce, Salsa &amp; Fresh Scallions</p>  | <p>Entrée One: Subway Hoagie Day: Turkey, Ham, Italian or Veggie on a Whole Grain Roll. Served with Lettuce &amp; Tomato on the Side</p>  | <p>Entrée One: Brunch for Lunch: Whole Grain French Toast Sticks with Maple Syrup Dipping Cups, Served with Turkey Sausage</p>  | <p><b>No School!<br/>Happy Friday!</b></p>  |
| <p>Entrée Two Options: Assorted Deli Sandwiches &amp; Assorted Salads</p>   | <p>Entrée Two Options: Assorted Deli Sandwiches &amp; Assorted Salads</p>   | <p>Entrée Two Options: Assorted Deli Sandwiches &amp; Assorted Salads</p>   | <p>Entrée Two Options: Assorted Deli Sandwiches &amp; Assorted Salads</p>   |   |
| <p>Entrée Three: Smuckers PB&amp;J Uncrustables Offered Daily</p>   | <p>Entrée Three: Smuckers PB&amp;J Uncrustables Offered Daily</p>   | <p>Entrée Three: Smuckers PB&amp;J Uncrustables Offered Daily</p>   | <p>Entrée Three: Smuckers PB&amp;J Uncrustables Offered Daily</p>   |   |
| <p>Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt &amp; Granola) and Strawberry (Strawberry Yogurt, Strawberries &amp; Granola)</p> | <p>Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt &amp; Granola) and Strawberry (Strawberry Yogurt, Strawberries &amp; Granola)</p> | <p>Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt &amp; Granola) and Strawberry (Strawberry Yogurt, Strawberries &amp; Granola)</p> | <p>Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt &amp; Granola) and Strawberry (Strawberry Yogurt, Strawberries &amp; Granola)</p> |   |
| <p>Vegetables of the Day: Baby Carrots or Broccoli Florets with Ranch</p>   | <p>Vegetables of the Day: Green Beans or Chickpea Salsa</p>   | <p>Vegetables of the Day: Corn Salad or Roasted Broccoli</p>  | <p>Vegetables of the Day: Grape Tomatoes with Dip or Oven Bakes Fries</p>   |   |
| <p>Assorted Fruit</p>   | <p>Assorted Fruit</p>   | <p>Assorted Fruit</p>   | <p>Assorted Fruit</p>   |   |
| <p>Choice of Chocolate or White Milk</p>  | <p>Choice of Chocolate or White Milk</p>  | <p>Choice of Chocolate or White Milk</p>  | <p>Choice of Chocolate or White Milk</p>  |   |

**Due to food delivery and staffing issues resulting from Covid-19, menu options are subject to change. The Food Service Staff continues to work in safe and sanitary conditions to prepare and provide meals to our students. Every day we follow FDA Food Safety standards of frequent and thorough hand washing, wearing gloves and hairnets and not reporting to work if sick. If you have any questions about our meal service during this time please contact: Sarah Ginn at 610.670.0180 x 1147 I will return your call as quickly as possible.**