

Weekly - Nutrient Analysis

Menu Names: 22.23 ELEM Breakfast Menu, 22.23 ELEM Breakfast Menu, 22.23 ELEM Breakfast Menu, 22.23 ELEM Breakfast Menu
 Result: **Fail**

Meal Pattern: [USDA]Meal Pattern SY 2014
 Meal Type: Breakfast
 Serving Group: K-5
 Site Group: Elementary School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[350.00 - 500.00]	397.62	
Total Fat (g)		7.26	16.44
Sat Fat (g)(1)	< 10.00 % of Calories	2.33	5.27
Trans Fat (g)(2)		0.00	
Chol (mg)		32.03	
Sodium Target 1 (mg) (13)	< 540.00	334.22	
Sodium Target 2 (mg) (13)	< 485.00	334.22	
Carb (g)		74.90	75.35
Total Fiber (g)		5.72	
Total Sugars (g)		46.46	46.73
Added Sugars (g)		15.70(M)	
Protein (g)		8.43	8.48
Iron (mg)		3.62(M)	
Calcium (mg)		271.29(M)	
VitA (IU)		507.83(M)	
VitC (mg)		7.43(M)	
VitD (mcg)		0.67(M)	
Potassium (mg)		172.18(M)	
Mois (g)		13.87(M)	
Ash (g)		0.11(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Meat/MA		[0.000 - 6.000]	
Grains	[5.500 - 8.000]	8.000	
Non-WGR		0.000	
WGR	>= 50.000 % of	48.000	100.00
Grain-D		0.000	
Fruit	>= 4.000	4.000	
Fruit-J	<= 50.000 % of	0.000	0.00
Veg		0.000	
Veg-DG		0.000	
Veg-RO		0.000	
Veg-BP		0.000	
Veg-S		0.000	
Veg-O		0.000	
Veg-X		0.000	
Vegetable-J		0.000	
MILK-F	>= 4.000	4.000	
MILK-V		Fail	

Legend

(M) Indicates missing nutrient values.

- Standard Value is the daily average requirement for a school week.
- Trans Fat is provided for informational purposes, not for monitoring purposes.
- Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.

Weekly - Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
22.23 ELEM Breakfast Menu - Day: 1	100																			
Category: Entrees; May Choose: 1																				
Assorted Cereal w/ Nutri Grain Bar, WG - LR100444 (1 serv.)	20	260.00	4.83	0.50	0.00	0.00	280.00	53.67	4.67	22.00	21.33	3.67	4.37	223.33	683.33 (M)	2.40(M)	1.47	109.98	(M)	
Assorted Cereals w/ Grahams, MMA, WG - LR100270 (1 serv.)	20	227.14	5.14	1.07	0.00	0.00	287.86	41.86	2.86	14.43	14.40	2.71	6.44	165.71	242.86 (M)	3.77(M)	1.27(M)	66.86	(M)	
Assorted Muffins, 2oz, WG - LR100454 (1 serv.)	20	385.83	12.00	4.00	0.00	85.42	260.00	62.17	5.00	33.50	25.00 (M)	7.33	2.57	55.83	0.00(M)	0.00(M)	0.40	331.67	(M)	
Assorted Pop Tarts w/ Graham, WG - LR100271 (1 serv.)	20	292.50	6.75	2.13	0.00	0.00	325.00	55.50	4.00	21.75	17.75 (M)	3.00	3.47	232.50	250.00 (M)	0.00(M)	0.00(M)	85.00 (M)	(M)	
Bagel w/ Cream Cheese, WG - LR100089 (1 serv.)	10	185.00	4.50	2.50	0.00	15.00	260.00	30.00	4.00	6.00	(M)	8.00	1.80	40.00	0.00(M)	0.00	(M)	0.00(M)	(M)	
Breakfast HB Egg & Grahams, Elem, MS, MMA - LR100766 (1 serv.)	10	65.00	2.75	0.75	0.00	82.50	67.50	5.50	0.00	1.50	0.00(M)	3.50	0.36	10.00	0.00(M)	0.00(M)	0.40(M)	47.00 (M)	(M)	
Category: Fruits; May Choose: 2																				
Applesauce, Unsweetened, Cups, USDA - LR100729 (1 c.)	25	120.00	0.00	0.00	0.00	0.00	30.00	28.00	2.00	36.00	0.00(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Assorted Fresh Fruit, F - LR100026 (1 serv.)	25	59.11	0.17	0.05	0.00	0.00	0.39	14.84	2.08	9.62	(M)	0.71	0.13	20.63	92.67	23.38	0.00(M)	195.11 (M)	55.49 (M)	
Peach Cup, 4.4oz, USDA - LR100756 (1 serv.)	25	90.00	0.00	0.00	0.00	0.00	0.00	21.00	2.00	19.00	0.00	1.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Strawberry Cup, Diced, USDA Frozen - LR100728 (1 cup (4.5oz))	25	80.00	0.00	0.00	0.00	0.00	1.00	21.00	2.00	16.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Category: Milk; May Choose: 1																				
Milk, 1% White, Clover Farms - LR100726 (1 Carton)	15	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)	
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container)	15	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)	
Milk, Fat-Free White, Clover Farms, Skim - LR100725 (1 Carton)	15	83.31	0.00	0.00	0.00	4.63	120.34	12.03	0.00	11.11	(M)	7.41	0.00	277.71	462.86	1.11	(M)	(M)	(M)	
22.23 ELEM Breakfast Menu - Day: 2	100																			
Category: Entrees; May Choose: 1																				

Weekly - Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Assorted Cereal w/ Nutri Grain Bar, WG - LR100444 (1 serv.)	20	260.00	4.83	0.50	0.00	0.00	280.00	53.67	4.67	22.00	21.33	3.67	4.37	223.33	683.33 (M)	2.40(M)	1.47	109.98	(M)
Assorted Cereals w/ Grahams, MMA, WG - LR100270 (1 serv.)	20	227.14	5.14	1.07	0.00	0.00	287.86	41.86	2.86	14.43	14.40	2.71	6.44	165.71	242.86 (M)	3.77(M)	1.27(M)	66.86	(M)
Assorted Muffins, 2oz, WG - LR100454 (1 serv.)	20	385.83	12.00	4.00	0.00	85.42	260.00	62.17	5.00	33.50	25.00 (M)	7.33	2.57	55.83	0.00(M)	0.00(M)	0.40	331.67	(M)
Assorted Pop Tarts w/ Graham, WG - LR100271 (1 serv.)	20	292.50	6.75	2.13	0.00	0.00	325.00	55.50	4.00	21.75	17.75 (M)	3.00	3.47	232.50	250.00 (M)	0.00(M)	0.00(M)	85.00 (M)	(M)
Bagel w/ Cream Cheese, WG - LR100089 (1 serv.)	10	185.00	4.50	2.50	0.00	15.00	260.00	30.00	4.00	6.00	(M)	8.00	1.80	40.00	0.00(M)	0.00	(M)	0.00(M)	(M)
Breakfast HB Egg & Grahams, Elem, MS, MMA - LR100766 (1 serv.)	10	65.00	2.75	0.75	0.00	82.50	67.50	5.50	0.00	1.50	0.00(M)	3.50	0.36	10.00	0.00(M)	0.00(M)	0.40(M)	47.00 (M)	(M)
Category: Fruits; May Choose: 2																			
Applesauce, Unsweetened, Cups, USDA - LR100729 (1 c.)	25	120.00	0.00	0.00	0.00	0.00	30.00	28.00	2.00	36.00	0.00(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Assorted Fresh Fruit, F - LR100026 (1 serv.)	25	59.11	0.17	0.05	0.00	0.00	0.39	14.84	2.08	9.62	(M)	0.71	0.13	20.63	92.67	23.38	0.00(M)	195.11 (M)	55.49 (M)
Peach Cup, 4.4oz, USDA - LR100756 (1 serv.)	25	90.00	0.00	0.00	0.00	0.00	0.00	21.00	2.00	19.00	0.00	1.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Strawberry Cup, Diced, USDA Frozen - LR100728 (1 cup (4.5oz))	25	80.00	0.00	0.00	0.00	0.00	1.00	21.00	2.00	16.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Milk, 1% White, Clover Farms - LR100726 (1 Carton)	15	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container)	15	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)
Milk, Fat-Free White, Clover Farms, Skim - LR100725 (1 Carton)	15	83.31	0.00	0.00	0.00	4.63	120.34	12.03	0.00	11.11	(M)	7.41	0.00	277.71	462.86	1.11	(M)	(M)	(M)
22.23 ELEM Breakfast Menu - Day: 3		100																	
Category: Entrees; May Choose: 1																			
Assorted Cereal w/ Nutri Grain Bar, WG - LR100444 (1 serv.)	20	260.00	4.83	0.50	0.00	0.00	280.00	53.67	4.67	22.00	21.33	3.67	4.37	223.33	683.33 (M)	2.40(M)	1.47	109.98	(M)
Assorted Cereals w/ Grahams, MMA, WG - LR100270 (1 serv.)	20	227.14	5.14	1.07	0.00	0.00	287.86	41.86	2.86	14.43	14.40	2.71	6.44	165.71	242.86 (M)	3.77(M)	1.27(M)	66.86	(M)

Weekly - Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Assorted Muffins, 2oz, WG - LR100454 (1 serv.)	20	385.83	12.00	4.00	0.00	85.42	260.00	62.17	5.00	33.50	25.00 (M)	7.33	2.57	55.83	0.00(M)	0.00(M)	0.40	331.67	(M)
Assorted Pop Tarts w/ Graham, WG - LR100271 (1 serv.)	20	292.50	6.75	2.13	0.00	0.00	325.00	55.50	4.00	21.75	17.75 (M)	3.00	3.47	232.50	250.00 (M)	0.00(M)	0.00(M)	85.00 (M)	(M)
Bagel w/ Cream Cheese, WG - LR100089 (1 serv.)	10	185.00	4.50	2.50	0.00	15.00	260.00	30.00	4.00	6.00	(M)	8.00	1.80	40.00	0.00(M)	0.00	(M)	0.00(M)	(M)
Breakfast HB Egg & Grahams, Elem, MS, MMA - LR100766 (1 serv.)	10	65.00	2.75	0.75	0.00	82.50	67.50	5.50	0.00	1.50	0.00(M)	3.50	0.36	10.00	0.00(M)	0.00(M)	0.40(M)	47.00 (M)	(M)
Category: Fruits; May Choose: 2																			
Applesauce, Unsweetened, Cups, USDA - LR100729 (1 c.)	25	120.00	0.00	0.00	0.00	0.00	30.00	28.00	2.00	36.00	0.00(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Assorted Fresh Fruit, F - LR100026 (1 serv.)	25	59.11	0.17	0.05	0.00	0.00	0.39	14.84	2.08	9.62	(M)	0.71	0.13	20.63	92.67	23.38	0.00(M)	195.11 (M)	55.49 (M)
Peach Cup, 4.4oz, USDA - LR100756 (1 serv.)	25	90.00	0.00	0.00	0.00	0.00	0.00	21.00	2.00	19.00	0.00	1.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Strawberry Cup, Diced, USDA Frozen - LR100728 (1 cup (4.5oz))	25	80.00	0.00	0.00	0.00	0.00	1.00	21.00	2.00	16.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Milk, 1% White, Clover Farms - LR100726 (1 Carton)	15	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container)	15	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)
Milk, Fat-Free White, Clover Farms, Skim - LR100725 (1 Carton)	15	83.31	0.00	0.00	0.00	4.63	120.34	12.03	0.00	11.11	(M)	7.41	0.00	277.71	462.86	1.11	(M)	(M)	(M)
22.23 ELEM Breakfast Menu - Day: 4		100																	
Category: Entrees; May Choose: 1																			
Assorted Cereal w/ Nutri Grain Bar, WG - LR100444 (1 serv.)	20	260.00	4.83	0.50	0.00	0.00	280.00	53.67	4.67	22.00	21.33	3.67	4.37	223.33	683.33 (M)	2.40(M)	1.47	109.98	(M)
Assorted Cereals w/ Grahams, MMA, WG - LR100270 (1 serv.)	20	227.14	5.14	1.07	0.00	0.00	287.86	41.86	2.86	14.43	14.40	2.71	6.44	165.71	242.86 (M)	3.77(M)	1.27(M)	66.86	(M)
Assorted Muffins, 2oz, WG - LR100454 (1 serv.)	20	385.83	12.00	4.00	0.00	85.42	260.00	62.17	5.00	33.50	25.00 (M)	7.33	2.57	55.83	0.00(M)	0.00(M)	0.40	331.67	(M)
Assorted Pop Tarts w/ Graham, WG - LR100271 (1 serv.)	20	292.50	6.75	2.13	0.00	0.00	325.00	55.50	4.00	21.75	17.75 (M)	3.00	3.47	232.50	250.00 (M)	0.00(M)	0.00(M)	85.00 (M)	(M)

Weekly - Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
Bagel w/ Cream Cheese, WG - LR100089 (1 serv.)	10	185.00	4.50	2.50	0.00	15.00	260.00	30.00	4.00	6.00	(M)	8.00	1.80	40.00	0.00(M)	0.00	(M)	0.00(M)	(M)
Breakfast HB Egg & Grahams, Elem, MS, MMA - LR100766 (1 serv.)	10	65.00	2.75	0.75	0.00	82.50	67.50	5.50	0.00	1.50	0.00(M)	3.50	0.36	10.00	0.00(M)	0.00(M)	0.40(M)	47.00 (M)	(M)
Category: Fruits; May Choose: 2																			
Applesauce, Unsweetened, Cups, USDA - LR100729 (1 c.)	25	120.00	0.00	0.00	0.00	0.00	30.00	28.00	2.00	36.00	0.00(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Assorted Fresh Fruit, F - LR100026 (1 serv.)	25	59.11	0.17	0.05	0.00	0.00	0.39	14.84	2.08	9.62	(M)	0.71	0.13	20.63	92.67	23.38	0.00(M)	195.11 (M)	55.49 (M)
Peach Cup, 4.4oz, USDA - LR100756 (1 serv.)	25	90.00	0.00	0.00	0.00	0.00	0.00	21.00	2.00	19.00	0.00	1.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Strawberry Cup, Diced, USDA Frozen - LR100728 (1 cup (4.5oz))	25	80.00	0.00	0.00	0.00	0.00	1.00	21.00	2.00	16.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Milk, 1% White, Clover Farms - LR100726 (1 Carton)	15	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container)	15	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)
Milk, Fat-Free White, Clover Farms, Skim - LR100725 (1 Carton)	15	83.31	0.00	0.00	0.00	4.63	120.34	12.03	0.00	11.11	(M)	7.41	0.00	277.71	462.86	1.11	(M)	(M)	(M)