

# goodbye, august hello, september



## Wilson School District August-September Elementary Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>August 22</b>	<b>August 24</b>	<b>August 24</b>	<b>August 25</b>	<b>August 26</b>
		<p>Entrée One: Freshly Baked Individual Pizzas. All options on whole wheat crust.</p> <p>Entrée Two: Apple and Peanut Butter Power Pack: Apple Slices, Creamy Peanut Butter, Hardboiled Egg, Whole Grain Granola Bar, Graham Crackers &amp; Baby Carrots. Offered Mondays, Wednesdays and Fridays</p> <p>Entrée Three: Smuckers PB&amp;J Uncrustables Offered Daily</p> <p>Vegetables of the Day: Garden Salad or Cucumber Slices with Ranch</p> <p>Assorted Fruit</p> <p>Choice of Chocolate or White Milk</p>	<p>Entrée One: Hamburger on a Whole Wheat Bun, Served with Condiments on the Side</p> <p>Entrée Two: Assorted Parfaits. Options include, Chunky Monkey and Strawberry. All made with whole grain granola and low-fat yogurt. Offered Tuesdays and Thursdays</p> <p>Entrée Three: Smuckers PB&amp;J Uncrustables Offered Daily</p> <p>Vegetables of the Day: Southwestern Steamed Corn or Ranch Chicpeas</p> <p>Assorted Fruit</p> <p>Choice of Chocolate or White Milk</p>	<p>Entrée One: Whole Wheat Mac and Cheese</p> <p>Entrée Two: Apple and Peanut Butter Power Pack: Apple Slices, Creamy Peanut Butter, Hardboiled Egg, Whole Grain Granola Bar, Graham Crackers &amp; Baby Carrots. Offered Mondays, Wednesdays and Fridays</p> <p>Entrée Three: Smuckers PB&amp;J Uncrustables Offered Daily</p> <p>Vegetables of the Day: Cauliflower and Dip or Oven Baked Fries</p> <p>Assorted Fruit</p> <p>Choice of Chocolate or White Milk</p>
<b>August 29</b>	<b>August 30</b>	<b>August 31</b>	<b>September 1</b>	<b>September 2</b>
<p>Entrée One: Subway Hoagie Day: Sliced Turkey or Sliced Ham on a Whole Grain Roll. Served with Lettuce &amp; Tomato on the Side</p> <p>Entrée Two: Bulldog Power Pack: Fresh Baked Soft Pretzel, Cheddar Cheese Stick, Hardboiled Egg, Apple Slices, Carrot Pack &amp; Ranch Dip. Offered Mondays, Wednesdays and Fridays</p> <p>Entrée Three: Smuckers PB&amp;J Uncrustables Offered Daily</p> <p>Vegetables of the Day: Baby Carrots or Broccoli Florets with Ranch</p> <p>Assorted Fruit</p> <p>Choice of Chocolate or White Milk</p>	<p>Entrée One: Nachos Grande: Tortilla Chips, Taco Seasoned Ground Beef, Cheddar Cheese Sauce, Salsa &amp; Fresh Scallions</p> <p>Entrée Two: Assorted Parfaits. Options include, Chunky Monkey and Strawberry. All made with whole grain granola and low-fat yogurt. Offered Tuesdays and Thursdays</p> <p>Entrée Three: Smuckers PB&amp;J Uncrustables Offered Daily</p> <p>Vegetables of the Day: Green Beans or Chickpea Salsa</p> <p>Assorted Fruit</p> <p>Choice of Chocolate or White Milk</p>	<p>Entrée One: Whole Grain Breaded Chicken Nuggets with a Garlic Breadstick</p> <p>Entrée Two: Bulldog Power Pack: Fresh Baked Soft Pretzel, Cheddar Cheese Stick, Hardboiled Egg, Apple Slices, Carrot Pack &amp; Ranch Dip. Offered Mondays, Wednesdays and Fridays</p> <p>Entrée Three: Smuckers PB&amp;J Uncrustables Offered Daily</p> <p>Vegetables of the Day: Corn Salad or Roasted Broccoli</p> <p>Assorted Fruit</p> <p>Choice of Chocolate or White Milk</p>	<p>Entrée One: Brunch for Lunch: Whole Grain French Toast Sticks with Maple Syrup Dipping Cups, Served with Turkey Sausage</p> <p>Entrée Two: Assorted Parfaits. Options include, Chunky Monkey and Strawberry. All made with whole grain granola and low-fat yogurt. Offered Tuesdays and Thursday</p> <p>Entrée Three: Smuckers PB&amp;J Uncrustables Offered Daily</p> <p>Vegetables of the Day: Grape Tomatoes with Dip or Oven Bakes Fries</p> <p>Assorted Fruit</p> <p>Choice of Chocolate or White Milk</p>	<p><b>No School! Happy Friday!</b></p>

**Due to food delivery and staffing issues resulting from Covid-19, menu options are subject to change. The Food Service Staff continues to work in safe and sanitary conditions to prepare and provide meals to our students. Every day we follow FDA Food Safety standards of frequent and thorough hand washing, wearing gloves and hairnets and not reporting to work if sick. If you have any questions about our meal service during this time please contact: Sarah Ginn at 610.670.0180 x 1147 I will return you call as quickly as possible.**