



Wilson School District April 25 - May 6 Middle School Lunch Menu

Monday		Tuesday		Wednesday		Thursday		Friday	
April 25		April 26		April 27		April 28		April 29	
Assorted Personal Pizzas: Toppings include pepperoni, veggie & plain cheese on a whole grain crust		Entrée One: Ham and Cheese on a Whole Wheat Croissant		Entrée One: Subway Hoagie Day: Sliced Turkey or Sliced Ham on a Whole Grain Roll. Served with Lettuce & Tomato on the Side		Entrée One: Sweet and Sour Chicken: whole grain breaded chicken tossed in sweet and sour sauce and served over rice		Entrée One: Whole Grain Breaded Chicken Nuggets Served with a Whole Wheat Dinner Roll and Vegetable of the Day	
Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads		Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads		Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads		Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads		Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads	
Entrée Three: Smuckers PB&J Uncrustables Offered Daily		Entrée Three: Smuckers PB&J Uncrustables Offered Daily		Entrée Three: Smuckers PB&J Uncrustables Offered Daily		Entrée Three: Smuckers PB&J Uncrustables Offered Daily		Entrée Three: Smuckers PB&J Uncrustables Offered Daily	
Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)		Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)		Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)		Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)		Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)	
Assorted Orange Vegetable of the Day: Options Include: Carrots, Shredded Carrot Salad, Roasted Sweet Potatoes, Red Pepper Strips		Assorted Vegetable of the Day: Options Include: Cucumber Slices, Cauliflower Florets, Roasted Cauliflower, Celery Slices		Assorted Bean Vegetable of the Day: Options Include: Fiesta Bean Salad, Three Bean Salad, Italian Roasted Beans, Honey Roasted Chickpeas		Assorted Starch Vegetable of the Day: Options Include: Corn Salad, Tater Tots, Oven-Baked Fries		Assorted Green Vegetable of the Day: Options Include: Broccoli Florets, Side Salad, Roasted Broccoli, Sautéed Spinach	
Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit	
Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk	
May 2		May 3		May 4		May 5		May 6	
Assorted Personal Pizzas: Toppings include pepperoni, veggie & plain cheese on a whole grain crust		Entrée One: Chicken Fajitas: chicken fajita strips with peppers, onions & cheese on flour tortillas		Entrée One: Meatball Sub: beef meatballs in marinara sauce on a whole wheat roll. Topped with cheese.		Entrée One: Brunch for Lunch: whole grain french toast sticks with maple syrup dipping cups. Served with either egg patties or turkey sausage patties (depending on availability)		Entrée One: Hamburger: beef pattie on a whole wheat hamburger bun. Condiments and toppings served on the side.	
Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads		Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads		Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads		Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads		Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads	
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Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit	
Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk	

Due to food delivery and staffing issues resulting from Covid-19, menu options are subject to change. The Food Service Staff continues to work in safe and sanitary conditions to prepare and provide meals to our students. Every day we follow FDA Food Safety standards of frequent and thorough hand washing, wearing gloves and hairnets and not reporting to work if sick. If you have any questions about our meal service during this time please contact: Sarah Ginn at 610.670.0180 x 1147 I will return your call as quickly as possible.