



**Wilson School District May 9 - May 20
High School Lunch Menu**

| Monday May 9 | | Tuesday May 10 | | Wednesday May 11 | | Thursday May 12 | | Friday May 13 | |
|--|--|--|--|--|--|--|--|--|--|
| Entrée One: Meatball Sub: beef meatballs in marinara sauce on a whole wheat roll. Topped with cheese. | | Entrée One: Dominos Pizza Day! Made with a Whole Grain Crust, Pizza Sauce & Cheese Blend | | Entrée One: Whole Grain Breaded Sweet and Sour Chicken over Fried Rice | | Entrée One: Grilled Cheese and Tomato Souo | | Entrée One: Hot Dog on a Whole Wheat Bun | |
| Entrée Two: Whole Grain Max Sticks with Marinara Dipping Sauce | | | | Entrée Two: Hamburger on a Whole Wheat Bun, Served with Condiments on the Side | | Entrée Two: Whole Grain Breaded Chicken Patty on a Whole Wheat Hamburger Roll | | Entrée Two: Chicken and Cheese Quesadillas with Peppers and Onion | |
| Entrée Three: Assorted Deli Sandwiches & Assorted Salads | | Entrée Three: Assorted Deli Sandwiches & Assorted Salads | | Entrée Three: Assorted Deli Sandwiches & Assorted Salads | | Entrée Three: Smuckers PB&J Uncrustables Offered Daily | | Entrée Three: Assorted Deli Sandwiches & Assorted Salads | |
| Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola) | | Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola) | | Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola) | | Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola) | | Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola) | |
| Assorted Orange Vegetable of the Day: Options Include: Carrots, Shredded Carrot Salad, Roasted Sweet Potatoes, Red Pepper Strips | | Assorted Vegetable of the Day: Options Include: Cucumber Slices, Cauliflower Florets, Roasted Cauliflower, Celery Slices | | Assorted Bean Vegetable of the Day: Options Include: Fiesta Bean Salad, Three Bean Salad, Italian Roasted Beans, Honey Roasted Chickpeas | | Assorted Starch Vegetable of the Day: Options Include: Corn Salad, Tater Tots, Oven-Baked Fries | | Assorted Green Vegetable of the Day: Options Include: Broccoli Florets, Side Salad, Roasted Broccoli, Sautéed Spinach | |
| Assorted Fruit | | Assorted Fruit | | Assorted Fruit | | Assorted Fruit | | Assorted Fruit | |
| Choice of Chocolate or White Milk | | Choice of Chocolate or White Milk | | Choice of Chocolate or White Milk | | Choice of Chocolate or White Milk | | Choice of Chocolate or White Milk | |
| May 16 | | May 17 | | May 18 | | May 19 | | May 20 | |
| Entrée One: Beef Lomein Noodles | | Entrée One: Dominos Pizza Day! Made with a Whole Grain Crust, Pizza Sauce & Cheese Blend | | Entrée One: Brunch For Lunch: Turkey Bacon, Egg & Cheese on a Whole Wheat Croissant | | Entrée One: Baked Ziti: whole wheat pasta, marinara sauce, lowfat mozzarella & ricotta & ground meat | | Entrée One: Deli Ham and Cheese on a Toasted Whole Wheat Pretzel Bun | |
| Entrée Two: Whole Grain Max Sticks with Marinara Dipping Sauce | | | | Entrée Two: Hamburger on a Whole Wheat Bun, Served with Condiments on the Side | | Entrée Two: Whole Grain Breaded Chicken Patty on a Whole Wheat Hamburger Roll | | Entrée Two: Chicken and Cheese Quesadillas with Peppers and Onion | |
| Entrée Three: Assorted Deli Sandwiches & Assorted Salads | | Entrée Three: Assorted Deli Sandwiches & Assorted Salads | | Entrée Three: Assorted Deli Sandwiches & Assorted Salads | | Entrée Three: Smuckers PB&J Uncrustables Offered Daily | | Entrée Three: Assorted Deli Sandwiches & Assorted Salads | |
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| Assorted Fruit | | Assorted Fruit | | Assorted Fruit | | Assorted Fruit | | Assorted Fruit | |
| Choice of Chocolate or White Milk | | Choice of Chocolate or White Milk | | Choice of Chocolate or White Milk | | Choice of Chocolate or White Milk | | Choice of Chocolate or White Milk | |

Due to food delivery and staffing issues resulting from Covid-19, menu options are subject to change. The Food Service Staff continues to work in safe and sanitary conditions to prepare and provide meals to our students. Every day we follow FDA Food Safety standards of frequent and thorough hand washing, wearing gloves and hairnets and not reporting to work if sick. If you have any questions about our meal service during this time please contact: Sarah Ginn at 610.670.0180 x 1147 I will return your call as quickly as possible.