



**Wilson School District March High School Lunch Menu**

Monday January 3		Tuesday January 4		Wednesday January 5		Thursday January 6		Friday January 7	
Entrée One: Subway Hoagie Day: Sliced Turkey or Sliced Ham on a Whole Grain Roll. Served with Lettuce & Tomato on the Side		Entrée One: Dominos Pizza Day! Made with a Whole Grain Crust, Pizza Sauce & Cheese Blend		Entrée One: Hearty Chicken Soup with a Whole Wheat Dinner Roll		Entrée One: Walking Tacos: Taco-In-a-Bag Tortilla Chops, Taco-Seasoned Beef Crumbles, Cheddar Cheese, Lettuce & Tomatoes		Entrée One: Honey Garlic Baked Bone in Chicken Served with Cornbread and Coleslaw	
Entrée Two: Whole Grain Max Sticks with Marinara Dipping Sauce				Entrée Two: Hamburger on a Whole Wheat Bun, Served with Condiments on the Side		Entrée Two: Whole Grain Breaded Chicken Patty on a Whole Wheat Hamburger Roll		Entrée Two: Chicken and Cheese Quesadillas with Peppers and Onion	
Entrée Three: Smuckers PB&J Uncrustables Offered Daily		Entrée Two: Smuckers PB&J Uncrustables Offered Daily		Entrée Three: Smuckers PB&J Uncrustables Offered Daily		Entrée Three: Smuckers PB&J Uncrustables Offered Daily		Entrée Three: Smuckers PB&J Uncrustables Offered Daily	
Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)		Entrée Three: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)		Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)		Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)		Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola)	
Assorted Orange Vegetable of the Day: Options Include: Carrots, Shredded Carrot Salad, Roasted Sweet Potatoes, Red Pepper Strips		Assorted Vegetable of the Day: Options Include: Cucumber Slices, Cauliflower Florets, Roasted Cauliflower, Celery Slices		Assorted Bean Vegetable of the Day: Options Include: Fiesta Bean Salad, Three Bean Salad, Italian Roasted Beans, Honey Roasted Chickpeas		Assorted Starch Vegetable of the Day: Options Include: Corn Salad, Tater Tots, Oven-Baked Fries		Assorted Green Vegetable of the Day: Options Include: Broccoli Florets, Side Salad, Roasted Broccoli, Sautéed Spinach	
Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit	
Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk	
January 10		January 11		January 12		January 13		January 14	
Entrée One: Mac and Cheese with Roasted Vegetables and a Dinner Roll		Entrée One: Dominos Pizza Day! Made with a Whole Grain Crust, Pizza Sauce & Cheese Blend		Entrée One: Chipotle Style Burrito Bowl with Fajita Chicken, Rice, Cheese, Jalapenos, Salsa, Lettuce & Tomato		Entrée One: Brunch for Lunch: Whole Grain French Toast Sticks with Maple Syrup Dipping Cups, Served with Turkey Sausage		Entrée One: Chicken Tenders and Mashed Potatoes	
Entrée Two: Whole Grain Max Sticks with Marinara Dipping Sauce				Entrée Two: Hamburger on a Whole Wheat Bun, Served with Condiments on the Side		Entrée Two: Whole Grain Breaded Chicken Patty on a Whole Wheat Hamburger Roll		Entrée Two: Chicken and Cheese Quesadillas with Peppers and Onion	
Entrée Three: Smuckers PB&J Uncrustables Offered Daily		Entrée Two: Smuckers PB&J Uncrustables Offered Daily		Entrée Three: Smuckers PB&J Uncrustables Offered Daily		Entrée Three: Smuckers PB&J Uncrustables Offered Daily		Entrée Three: Smuckers PB&J Uncrustables Offered Daily	
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Assorted Orange Vegetable of the Day: Options Include: Carrots, Shredded Carrot Salad, Roasted Sweet Potatoes, Red Pepper Strips		Assorted Vegetable of the Day: Options Include: Cucumber Slices, Cauliflower Florets, Roasted Cauliflower, Celery Slices		Assorted Bean Vegetable of the Day: Options Include: Fiesta Bean Salad, Three Bean Salad, Italian Roasted Beans, Honey Roasted Chickpeas		Assorted Starch Vegetable of the Day: Options Include: Corn Salad, Tater Tots, Oven-Baked Fries		Assorted Green Vegetable of the Day: Options Include: Broccoli Florets, Side Salad, Roasted Broccoli, Sautéed Spinach	
Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit	
Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk	

**Due to food delivery and staffing issues resulting from Covid-19, menu options are subject to change. The Food Service Staff continues to work in safe and sanitary conditions to prepare and provide meals to our students. Every day we follow FDA Food Safety standards of frequent and thorough hand washing, wearing gloves and hairnets and not reporting to work if sick. If you have any questions about our meal service during this time please contact: Sarah Ginn at 610.670.0180 x 1147 I will return you call as quickly as possible.**