



Wilson School District March Middle School Lunch Menu

| Monday | | Tuesday | | Wednesday | | Thursday | | Friday | |
|--|--|--|--|--|--|--|--|--|--|
| November 29 | | November 30 | | December 1 | | December 2 | | December 3 | |
| <p>No School! Happy Last Day of Thanksgiving Break!</p> | | Entrée One: Assorted Personal Cheese Pizzas or Max Pizza Sticks with Marinara Sauce | | Entrée One: Subway Hoagie Day: Sliced Turkey or Sliced Ham on a Whole Grain Roll. Served with Lettuce & Tomato on the Side | | Entrée One: Whole Grain Spaghetti with Meatsauce | | Entrée One: Baked Whole Grain Breaded Chicken Nuggets, Served with a Whole Wheat Dinner Roll | |
| | | Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads | | Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads | | Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads | | Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads | |
| | | Entrée Three: Smuckers PB&J Uncrustables Offered Daily | | Entrée Three: Smuckers PB&J Uncrustables Offered Daily | | Entrée Three: Smuckers PB&J Uncrustables Offered Daily | | Entrée Three: Smuckers PB&J Uncrustables Offered Daily | |
| | | Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola) | | Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola) | | Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola) | | Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola) | |
| | | Assorted Vegetable of the Day: Options Include: Cucumber Slices, Cauliflower Florets, Roasted Cauliflower, Celery Slices | | Assorted Bean Vegetable of the Day: Options Include: Fiesta Bean Salad, Three Bean Salad, Italian Roasted Beans, Honey Roasted Chickpeas | | Assorted Starch Vegetable of the Day: Options Include: Corn Salad, Tater Tots, Oven-Baked Fries | | Assorted Green Vegetable of the Day: Options Include: Broccoli Florets, Side Salad, Roasted Broccoli, Sautéed Spinach | |
| | | Assorted Fruit | | Assorted Fruit | | Assorted Fruit | | Assorted Fruit | |
| | | Choice of Chocolate or White Milk | | Choice of Chocolate or White Milk | | Choice of Chocolate or White Milk | | Choice of Chocolate or White Milk | |
| December 6 | | December 7 | | December 8 | | December 9 | | December 10 | |
| Entrée One: Personal Pizzas: Whole Grain Crust, Marinara Sauce & Italian Cheese Blend | | Entrée One: Shepherds Pie: Veggies and Ground Beef Topped with Mashed Potatoes | | Entrée One: Whole Grain Breaded Chicken and Cheese in a Whole Wheat Wrap with Lettuce and Tomato | | Entrée One: Brunch for Lunch: Whole Grain French Toast Sticks with Maple Syrup Dipping Cups, Served with an Egg Patty | | Entrée One: Sloppy Joes: Simmered Ground Beef in a Tomato Sauce on a Whole Wheat Hamburger Bun | |
| Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads | | Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads | | Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads | | Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads | | Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads | |
| Entrée Three: Smuckers PB&J Uncrustables Offered Daily | | Entrée Three: Smuckers PB&J Uncrustables Offered Daily | | Entrée Three: Smuckers PB&J Uncrustables Offered Daily | | Entrée Three: Smuckers PB&J Uncrustables Offered Daily | | Entrée Three: Smuckers PB&J Uncrustables Offered Daily | |
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| Assorted Orange Vegetable of the Day: Options Include: Carrots, Shredded Carrot Salad, Roasted Sweet Potatoes, Red Pepper Strips | | Assorted Vegetable of the Day: Options Include: Cucumber Slices, Cauliflower Florets, Roasted Cauliflower, Celery Slices | | Assorted Bean Vegetable of the Day: Options Include: Fiesta Bean Salad, Three Bean Salad, Italian Roasted Beans, Honey Roasted Chickpeas | | Assorted Starch Vegetable of the Day: Options Include: Corn Salad, Tater Tots, Oven-Baked Fries | | Assorted Green Vegetable of the Day: Options Include: Broccoli Florets, Side Salad, Roasted Broccoli, Sautéed Spinach | |
| Assorted Fruit | | Assorted Fruit | | Assorted Fruit | | Assorted Fruit | | Assorted Fruit | |
| Choice of Chocolate or White Milk | | Choice of Chocolate or White Milk | | Choice of Chocolate or White Milk | | Choice of Chocolate or White Milk | | Choice of Chocolate or White Milk | |

Due to food delivery and staffing issues resulting from Covid-19, menu options are subject to change. The Food Service Staff continues to work in safe and sanitary conditions to prepare and provide meals to our students. Every day we follow FDA Food Safety standards of frequent and thorough hand washing, wearing gloves and hairnets and not reporting to work if sick. If you have any questions about our meal service during this time please contact: Sarah Ginn at 610.670.0180 x 1147 I will return you call as quickly as possible.