



Wilson School District March Middle School Lunch Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|--|
| October 18 | October 19 | October 20 | October 21 | October 22 |
| Entrée One: Assorted Personal Cheese Pizzas or Max Pizza Sticks with Marinara Sauce | Entrée One: Walking Tacos: Taco-In-a-Bag Tortilla Chops, Taco-Seasoned Beef Crumbles, Cheddar Cheese, Lettuce & Tomatoes | Entrée One: Baked Whole Grain Breaded Chicken Nuggets, Served with a Whole Wheat Garlic Breadstick | Entrée One: Hamburger on a Whole Wheat Bun, Served with Condiments on the Side | Entrée One: Oven Baked 8-Pc BBQ Chicken served with Mac and Cheese |
| Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads | Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads | Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads | Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads | Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads |
| Entrée Three: Smuckers PB&J Uncrustables Offered Daily | Entrée Three: Smuckers PB&J Uncrustables Offered Daily | Entrée Three: Smuckers PB&J Uncrustables Offered Daily | Entrée Three: Smuckers PB&J Uncrustables Offered Daily | Entrée Three: Smuckers PB&J Uncrustables Offered Daily |
| Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola) | Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola) | Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola) | Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola) | Entrée Four: Assorted Parfaits: Options Include Chunky Monkey (Banana, Peanut Butter, Vanilla Yogurt & Granola) and Strawberry (Strawberry Yogurt, Strawberries & Granola) |
| Assorted Orange Vegetable of the Day: Options Include: Carrots, Shredded Carrot Salad, Roasted Sweet Potatoes, Red Pepper Strips | Assorted Vegetable of the Day: Options Include: Cucumber Slices, Cauliflower Florets, Roasted Cauliflower, Celery Slices | Assorted Bean Vegetable of the Day: Options Include: Fiesta Bean Salad, Three Bean Salad, Italian Roasted Beans, Honey Roasted Chickpeas | Assorted Starch Vegetable of the Day: Options Include: Corn Salad, Tater Tots, Oven-Baked Fries | Assorted Starch Vegetable of the Day: Options Include: Corn Salad, Tater Tots, Oven-Baked Fries |
| Assorted Fruit | Assorted Fruit | Assorted Fruit | Assorted Fruit | Assorted Fruit |
| Choice of Chocolate or White Milk | Choice of Chocolate or White Milk | Choice of Chocolate or White Milk | Choice of Chocolate or White Milk | Choice of Chocolate or White Milk |
| October 25 | October 26 | October 27 | October 28 | October 29 |
| Entrée One: Personal Pizzas: Whole Grain Crust, Marinara Sauce & Italian Cheese Blend | Entrée One: Nachos Grande: Tortilla Chips, Taco Seasoned Ground Beef, Cheddar Cheese Sauce, Salsa & Fresh Scallions | Entrée One: Whole Grain Breaded Chicken Patty Sandwich on a Whole Wheat Bun, Served with Condiments on the Side | Entrée One: Brunch for Lunch: Whole Grain French Toast Sticks with Maple Syrup Dipping Cups, Served with Turkey Sausage | Entrée One: Hot dog on a Whole Wheat Bun |
| Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads | Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads | Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads | Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads | Entrée Two Options: Assorted Deli Sandwiches & Assorted Salads |
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| Assorted Fruit | Assorted Fruit | Assorted Fruit | Assorted Fruit | Assorted Fruit |
| Choice of Chocolate or White Milk | Choice of Chocolate or White Milk | Choice of Chocolate or White Milk | Choice of Chocolate or White Milk | Choice of Chocolate or White Milk |

Due to food delivery and staffing issues resulting from Covid-19, menu options are subject to change. The Food Service Staff continues to work in safe and sanitary conditions to prepare and provide meals to our students. Every day we follow FDA Food Safety standards of frequent and thorough hand washing, wearing gloves and hairnets and not reporting to work if sick. If you have any questions about our meal service during this time please contact: Sarah Ginn at 610.670.0180 x 1147 I will return you call as quickly as possible.