

# Weekly - Nutrient Analysis

Menu Names: 21-22 Fall Elementary Lunch Cycle, Mon,Wk#1, 21-22 Fall Elementary Lunch Cycle, Tues, Wk#1, 21-22 Fall Elementary Lunch Cycle, Wed, Wk#1, 21-22 Fall Elementary Lunch Cycle, Thurs, Wk#1  
 Result: **Fail**

Meal Pattern: [USDA]Meal Pattern SY 2014  
 Meal Type: Lunch  
 Serving Group: K-5  
 Site Group: Elementary School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[550.00 - 650.00]	0.00	
Total Fat (g)		0.00	
Sat Fat (g)(1)	< 10.00 % of Calories	0.00	
Trans Fat (g)(2)		0.00(M)	
Chol (mg)		0.00	
Sodium Target 1 (mg) (13)	< 1,230.00	0.00	
Sodium Target 2 (mg) (13)	< 935.00	0.00	
Carb (g)		0.00	
Total Fiber (g)		0.00	
Total Sugars (g)		0.00(M)	
Added Sugars (g)		0.00(M)	
Protein (g)		0.00	
Iron (mg)		0.00(M)	
Calcium (mg)		0.00(M)	
VitA (IU)		0.00(M)	
VitC (mg)		0.00(M)	
VitD (mcg)		0.00(M)	
Potassium (mg)		0.00(M)	
Mois (g)		0.00(M)	
Ash (g)		0.00(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Meat/MA	[6.500 - 8.000]	[8.000 - 10.000](a)	
Grains	[6.500 - 7.000]	[6.250 - 9.250]	
Non-WGR		1.250	
WGR	>= 50.000 % of	36.250	96.67
Grain-D	<= 2.000	0.000	
Fruit	>= 2.000	[2.000 - 4.000]	
Fruit-J	<= 50.000 % of	0.000	0.00
Veg	>= 3.000	[4.500 - 8.125]	
Veg-DG	>= 0.500	1.500	
Veg-RO	>= 0.750	5.125	
Veg-BP	>= 0.500	0.500	
Veg-S	>= 0.500	0.500	
Veg-O	>= 0.500	1.750	
Veg-X		0.000	
Vegetable-J	<= 50.000 % of	0.000	0.00
MILK-F	>= 4.000	4.000	
MILK-V		Fail	

**Legend**

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.

a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

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Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)	
<b>21-22 Fall Elementary Lunch Cycle, Mon, Wk#1 - Day: 1</b>	1500																			
<b>Category: Entrees; May Choose: 1</b>																				
Apple & Peanut Butter Power Pack - LR100698 (1 pkg.)	0	540.27	16.27	5.39	0.04(M)	187.17	555.61	64.09	6.88	30.21	0.00(M)	14.38	2.43	210.85	5240.82 (M)	26.99 (M)	1.10(M)	63.00 (M)	37.31 (M)	
Lunch Yogurt Parfait w/ Soft Pretzel, MMA, WG, F - LR100236 (1 serv.)	0	488.80	3.60	1.07	0.00	6.66	320.57	104.49	6.79	41.87 (M)	22.68 (M)	14.37	2.88	273.10	643.89	6.93(M)	4.52(M)	507.11 (M)	28.95 (M)	
Max Cheese Sticks w/ Marinara ELEM, MMA, WG, VRO - LR100079 (1 serv.)	0	380.00	14.00	4.00	0.00	20.00	860.00	46.00	6.00	8.00(M)	(M)	18.00	2.16	340.00	(M)	(M)	(M)	188.00 (M)	(M)	
Smucker's PBJ w/ soft pretzel, ELEM - LR100158 (1 sandwich)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
<b>Category: Vegetables; May Choose: 2</b>																				
Baby Carrots w/ Ranch Dip, VRO, 0.5C - LR100279 (1 serv.)	0	63.16	2.89	0.47	0.04	0.67	199.72	8.72	2.05	5.41	(M)	0.11	0.02	2.14	4980.82	5.99	(M)	(M)	(M)	
Broccoli Florets w/ Ranch, VDG, 0.5C - LR100275 (1 serv.)	0	48.75	3.06	0.52	0.04	0.67	159.95	4.77	1.24	1.20	(M)	1.39	0.35	23.52	283.88	40.60	0.00(M)	143.78 (M)	40.63 (M)	
Crunchy Broccoli Salad, VDG 0.5 Cup - LR100681 (1 c.)	0	315.45	13.79	2.22	0.03(M)	9.60	536.80	48.16	4.60	33.15 (M)	(M)	4.34	1.48	77.37	591.04	82.29	0.00(M)	288.38 (M)	90.27 (M)	
<b>Category: Fruits; May Choose: 1</b>																				
Assorted Fresh Fruit, F - LR100026 (1 serv.)	0	59.11	0.17	0.05	0.00	0.00	0.39	14.84	2.08	9.62	(M)	0.71	0.13	20.63	92.67	23.38	0.00(M)	195.11 (M)	55.49 (M)	
<b>Category: Milk; May Choose: 1</b>																				
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container )	0	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)	
Milk, Chocolate, Fat Free, Clover Farms, MILK - SR103509 (1 Carton)	0	130.00	0.00	0.00	0.00	5.00	175.00	22.00	0.00	22.00	(M)	8.00	0.00	300.00	300.00	1.20	(M)	(M)	(M)	
Milk, Strawberry, 1%, Clover Farms, MILK - LR100334 (1 container )	0	155.00	2.50	1.50	0.00	15.00	160.00	26.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)	
<b>21-22 Fall Elementary Lunch Cycle, Tues, Wk#1 - Day: 2</b>	1500																			
<b>Category: Entrees; May Choose: 1</b>																				
Apple & Peanut Butter Power Pack - LR100698 (1 pkg.)	0	540.27	16.27	5.39	0.04(M)	187.17	555.61	64.09	6.88	30.21	0.00(M)	14.38	2.43	210.85	5240.82 (M)	26.99 (M)	1.10(M)	63.00 (M)	37.31 (M)	

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Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
Assorted Yogurt Parfaits, MMA, WG, F - LR100502 (1 serv.)	0	529.55	10.39	2.76	0.00	16.11	306.68	100.94	5.63	57.07 (M)	28.57 (M)	13.09	3.36(M)	275.71 (M)	799.97 (M)	9.98(M)	4.53(M)	502.61 (M)	25.33 (M)
PB&J Bagged Lunch, ELEM/MS, MMA, WG, VRO, F, M - LR100397 (1 bag lunch)	0	866.32	42.27	8.44	0.09	16.34	1069.45	102.44	13.10	57.82	25.00 (M)	26.21	3.23	382.27	10511.65(M)	121.18 (M)	0.00(M)	484.00 (M)	(M)
Smucker's PBJ w/ soft pretzel, ELEM - LR100158 (1 sandwich)	0 (M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Walking Beefy Taco w/ Fixings, ELEM, MMA, WG, VRO, VO - LR100127 (1 serv.)	0	414.85	22.52	6.89	0.00	35.00	560.48	38.54	4.71	3.72	0.00(M)	17.38	2.71(M)	30.98 (M)	555.57 (M)	7.17(M)	0.00(M)	312.87 (M)	76.96 (M)
<b>Category: Vegetables; May Choose: 2</b>																			
Cucumber Slices w/ Ranch, 0.5C - VO - LR100298 (1 serv.)	0	41.08	2.94	0.49	0.04	0.67	145.98	3.63	0.32	1.30	(M)	0.45	0.17	10.46	55.02	1.47	0.00(M)	76.44 (M)	49.52 (M)
Green Beans, Raw, VO, 0.5C - LR100706 (1/2 c.)	0	15.50	0.11	0.03	0.00	0.00	3.00	3.48	1.35	1.63	(M)	0.92	0.52	18.50	345.00	6.10	0.00	105.50	45.16
Zesty Fiesta Beans, VBP, VRO - LR100331 (1 serv.)	0	120.00	0.00	0.00	0.00	0.00	165.00	23.00	5.00	1.99	(M)	8.00	1.80	60.00	0.00(M)	0.00(M)	(M)	(M)	(M)
<b>Category: Fruits; May Choose: 1</b>																			
Assorted Fresh Fruit, F - LR100026 (1 serv.)	0	59.11	0.17	0.05	0.00	0.00	0.39	14.84	2.08	9.62	(M)	0.71	0.13	20.63	92.67	23.38	0.00(M)	195.11 (M)	55.49 (M)
<b>Category: Milk; May Choose: 1</b>																			
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container )	0	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)
Milk, Chocolate, Fat Free, Clover Farms, MILK - SR103509 (1 Carton)	0	130.00	0.00	0.00	0.00	5.00	175.00	22.00	0.00	22.00	(M)	8.00	0.00	300.00	300.00	1.20	(M)	(M)	(M)
Milk, Strawberry, 1%, Clover Farms, MILK - LR100334 (1 container )	0	155.00	2.50	1.50	0.00	15.00	160.00	26.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)
<b>21-22 Fall Elementary Lunch Cycle, Wed, Wk#1 - Day: 3</b>	1500																		
<b>Category: Entrees; May Choose: 1</b>																			
Apple & Peanut Butter Power Pack - LR100698 (1 pkg.)	0	540.27	16.27	5.39	0.04(M)	187.17	555.61	64.09	6.88	30.21	0.00(M)	14.38	2.43	210.85	5240.82 (M)	26.99 (M)	1.10(M)	63.00 (M)	37.31 (M)
Breakfast Yogurt Parfait w/ Fruit & Cereal, HS, MMA, WG, F - LR100440 (1 serv.)	0	380.12	2.83	0.79	0.00	6.66	264.98	81.11	4.00	50.85	30.43 (M)	8.42	2.33(M)	297.64 (M)	451.80 (M)	2.70(M)	5.48(M)	353.68 (M)	(M)

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Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Chicken Nuggets w/ Garlic Bread Stick, MMA, WG - LR100507 (1 serv.)	0	372.50	16.50	2.50	0.00	25.00	550.00	38.25	3.50	4.25	0.00(M)	19.25	2.86	57.50	0.00(M)	2.40(M)	0.00(M)	737.50 (M)	(M)
PB&J Bagged Lunch, ELEM/MS, MMA, WG, VRO, F, M - LR100397 (1 bag lunch)	0	866.32	42.27	8.44	0.09	16.34	1069.45	102.44	13.10	57.82	25.00 (M)	26.21	3.23	382.27	10511.6 5(M)	121.18 (M)	0.00(M)	484.00 (M)	(M)
Smucker's PBJ w/ soft pretzel, ELEM - LR100158 (1 sandwich)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
<b>Category: Vegetables; May Choose: 2</b>																			
Baby Carrots w/ Ranch Dip, VRO, 0.5C - LR100279 (1 serv.)	0	63.16	2.89	0.47	0.04	0.67	199.72	8.72	2.05	5.41	(M)	0.11	0.02	2.14	4980.82	5.99	(M)	(M)	(M)
Corn Salad, VS, 0.5C - LR100581 (1 serv.)	0	83.85	2.09	0.30	0.00(M)	0.00	19.84	16.87	2.29	0.68(M)	(M)	2.28	0.48	4.08	473.92	22.03	0.00(M)	41.37 (M)	19.96 (M)
<b>Category: Fruits; May Choose: 1</b>																			
Assorted 100% Fruit Juice, F - LR100036 (4 fl. oz.)	0	65.66	0.00	0.00	0.00	0.00	4.94	15.11	0.00	13.77	(M)	0.00	0.00	0.00	0.00(M)	13.87	(M)	32.60 (M)	(M)
Assorted Fresh Fruit, F - LR100026 (1 serv.)	0	59.11	0.17	0.05	0.00	0.00	0.39	14.84	2.08	9.62	(M)	0.71	0.13	20.63	92.67	23.38	0.00(M)	195.11 (M)	55.49 (M)
<b>Category: Milk; May Choose: 1</b>																			
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container )	0	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)
Milk, Chocolate, Fat Free, Clover Farms, MILK - SR103509 (1 Carton)	0	130.00	0.00	0.00	0.00	5.00	175.00	22.00	0.00	22.00	(M)	8.00	0.00	300.00	300.00	1.20	(M)	(M)	(M)
Milk, Strawberry, 1%, Clover Farms, MILK - LR100334 (1 container )	0	155.00	2.50	1.50	0.00	15.00	160.00	26.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)
<b>21-22 Fall Elementary Lunch Cycle, Thurs, Wk#1 - Day: 4</b>	1500																		
<b>Category: Entrees; May Choose: 1</b>																			
Apple & Peanut Butter Power Pack - LR100698 (1 pkg.)	0	540.27	16.27	5.39	0.04(M)	187.17	555.61	64.09	6.88	30.21	0.00(M)	14.38	2.43	210.85	5240.82 (M)	26.99 (M)	1.10(M)	63.00 (M)	37.31 (M)
Assorted Yogurt Parfaits, MMA, WG, F - LR100502 (1 serv.)	0	529.55	10.39	2.76	0.00	16.11	306.68	100.94	5.63	57.07 (M)	28.57 (M)	13.09	3.36(M)	275.71 (M)	799.97 (M)	9.98(M)	4.53(M)	502.61 (M)	25.33 (M)
Cheeseburger, ELEM, MMA, WG - LR100004 (1 sandwich)	0	355.00	17.00	7.50	0.00	82.50	565.00	23.00	2.00	1.50	(M)	28.50	1.44(M)	26.00 (M)	0.00(M)	0.00(M)	(M)	(M)	(M)

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Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
PB&J Bagged Lunch, ELEM/MS, MMA, WG, VRO, F, M - LR100397 (1 bag lunch)	0	866.32	42.27	8.44	0.09	16.34	1069.45	102.44	13.10	57.82	25.00 (M)	26.21	3.23	382.27	10511.65 (M)	121.18 (M)	0.00 (M)	484.00 (M)	(M)
Smucker's PBJ w/ soft pretzel, ELEM - LR100158 (1 sandwich)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
<b>Category: Vegetables; May Choose: 2</b>																			
Cucumber & Celery Dippers w/ Ranch, 0.5C - VO - LR100272 (1 serv.)	0	40.71	2.96	0.49	0.04	0.67	165.66	3.44	0.59	1.20	(M)	0.45	0.15	16.40	141.09	1.52	0.00 (M)	103.87 (M)	48.86 (M)
Tossed Salad w/ Dressing, VDG, VRO - LR100542 (1 salad)	0	134.12	7.83	1.06	0.00 (M)	6.59	307.57	15.36	4.92	5.83	(M)	3.27	1.81	68.45	20278.78	13.40	0.00 (M)	517.01 (M)	187.06 (M)
<b>Category: Fruits; May Choose: 1</b>																			
Assorted 100% Fruit Juice, F - LR100036 (4 fl. oz.)	0	65.66	0.00	0.00	0.00	0.00	4.94	15.11	0.00	13.77	(M)	0.00	0.00	0.00	0.00 (M)	13.87	(M)	32.60 (M)	(M)
Assorted Fresh Fruit, F - LR100026 (1 serv.)	0	59.11	0.17	0.05	0.00	0.00	0.39	14.84	2.08	9.62	(M)	0.71	0.13	20.63	92.67	23.38	0.00 (M)	195.11 (M)	55.49 (M)
<b>Category: Milk; May Choose: 1</b>																			
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container)	0	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)
Milk, Chocolate, Fat Free, Clover Farms, MILK - SR103509 (1 Carton)	0	130.00	0.00	0.00	0.00	5.00	175.00	22.00	0.00	22.00	(M)	8.00	0.00	300.00	300.00	1.20	(M)	(M)	(M)
Milk, Strawberry, 1%, Clover Farms, MILK - LR100334 (1 container)	0	155.00	2.50	1.50	0.00	15.00	160.00	26.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)