



Wilson School District March Elementary Lunch Menu

Monday		Tuesday		Wednesday		Thursday		Friday	
October 4		October 5		October 6		October 7		October 8	
Entrée One: Whole Grain Pizza Quesadillas		Entrée One: Taco Salad: Taco Seasoned Beef Crumbles, Cheddar Cheese Sauce, Diced Tomatoes, Tortilla Chips over Shredded Lettuce		Entrée One: Whole Grain Breaded Chicken Tenders with a Whole Wheat Dinner Roll		Entrée One: Turkey Bacon Burger: Beef Burger with Jenni-Os Turkey Bacon, American Cheese, Lettuce & Tomato with Condiments on the Side		Entrée One: Grilled Cheese Sandwich: Whole Wheat Bread and American Cheese	
Entrée Two: American Hoagie: Whole Weat Sub Roll, Sliced Turkey, Jenni-Os Turkey Salami, American Cheese, Lettuce & Tomato		Entrée Two: American Hoagie: Whole Weat Sub Roll, Sliced Turkey, Jenni-Os Turkey Salami, American Cheese, Lettuce & Tomato		Entrée Two: American Hoagie: Whole Weat Sub Roll, Sliced Turkey, Jenni-Os Turkey Salami, American Cheese, Lettuce & Tomato		Entrée Two: American Hoagie: Whole Weat Sub Roll, Sliced Turkey, Jenni-Os Turkey Salami, American Cheese, Lettuce & Tomato		Entrée Two: American Hoagie: Whole Weat Sub Roll, Sliced Turkey, Jenni-Os Turkey Salami, American Cheese, Lettuce & Tomato	
Entrée Three: Smuckers PB&J Uncrustables Offered Daily		Entrée Three: Smuckers PB&J Uncrustables Offered Daily		Entrée Three: Smuckers PB&J Uncrustables Offered Daily		Entrée Three: Smuckers PB&J Uncrustables Offered Daily		Entrée Three: Smuckers PB&J Uncrustables Offered Daily	
		Entrée Four: Assorted Parfaits Offered on Tuesdays and Thursdays				Entrée Four: Assorted Parfaits Offered on Tuesdays and Thursdays			
Assorted Orange Vegetable of the Day: Options Include: Carrots, Shredded Carrot Salad, Roasted Sweet Potatoes, Red Pepper Strips		Assorted Vegetable of the Day: Options Include: Cucumber Slices, Cauliflower Florets, Roasted Cauliflower, Celery Slices		Assorted Bean Vegetable of the Day: Options Include: Fiesta Bean Salad, Three Bean Salad, Italian Roasted Beans, Honey Roasted Chickpeas		Assorted Starch Vegetable of the Day: Options Include: Corn Salad, Tater Tots, Oven-Baked Fries		Assorted Green Vegetable of the Day: Options Include: Broccoli Florets, Side Salad, Roasted Broccoli, Sautéed Spinach	
Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit	
Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk	
October 11		October 12		October 13		October 14		October 15	
		Entrée One: Totchos: Baked Tater Tots Topped with Taco-Seasoned Beef Crumbles, Shredded Cheddar Cheese, Salsa, Diced Tomatoes; Served with Tortilla Chips		Entrée One: BBQ Chicken Shaker Salad: Fresh Baked BBQ Chicken with Lettuce, Tomato, Cucumber and Corn, Served with a Corn Muffin		Entrée One: Whole Wheat Maple Pancake Sausage Nuggets with Maple Syrup Dipping Sauce		Entrée One: Lo Mein Noodles with Chicken: Whole Wheat Lomaine Noodles with Chicken Strips and Vegetables	
		Entrée Two: Bulldog Power Pack: Fresh Baked Soft Pretzel, Cheddar Cheese Stick, Hardboiled Egg, Apple Slices, Carrot Pack & Ranch Dip		Entrée Two: Bulldog Power Pack: Fresh Baked Soft Pretzel, Cheddar Cheese Stick, Hardboiled Egg, Apple Slices, Carrot Pack & Ranch Dip		Entrée Two: Bulldog Power Pack: Fresh Baked Soft Pretzel, Cheddar Cheese Stick, Hardboiled Egg, Apple Slices, Carrot Pack & Ranch Dip		Entrée Two: Bulldog Power Pack: Fresh Baked Soft Pretzel, Cheddar Cheese Stick, Hardboiled Egg, Apple Slices, Carrot Pack & Ranch Dip	
		Entrée Three: Smuckers PB&J Uncrustables Offered Daily		Entrée Three: Smuckers PB&J Uncrustables Offered Daily		Entrée Three: Smuckers PB&J Uncrustables Offered Daily		Entrée Three: Smuckers PB&J Uncrustables Offered Daily	
		Entrée Four: Assorted Parfaits Offered on Tuesdays and Thursdays				Entrée Four: Assorted Parfaits Offered on Tuesdays and Thursdays			
		Assorted Vegetable of the Day: Options Include: Cucumber Slices, Cauliflower Florets, Roasted Cauliflower, Celery Slices		Assorted Bean Vegetable of the Day: Options Include: Fiesta Bean Salad, Three Bean Salad, Italian Roasted Beans, Honey Roasted Chickpeas		Assorted Starch Vegetable of the Day: Options Include: Corn Salad, Tater Tots, Oven-Baked Fries		Assorted Green Vegetable of the Day: Options Include: Broccoli Florets, Side Salad, Roasted Broccoli, Sautéed Spinach	
		Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit	
		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk	

**No School!
Enjoy Your
Monday!**

Due to food delivery and staffing issues resulting from Covid-19, menu options are subject to change. The Food Service Staff continues to work in safe and sanitary conditions to prepare and provide meals to our students. Every day we follow FDA Food Safety standards of frequent and thorough hand washing, wearing gloves and hairnets and not reporting to work if sick. If you have any questions about our meal service during this time please contact: Sarah Ginn at 610.670.0180 x 1147 I will return you call as quickly as possible.