

# Weekly - Nutrient Analysis

Menu Names: 20/21 SPRING Lunch Cycle ELEM, Mon Week#1, 20/21 SPRING Lunch Cycle ELEM, Tues Week#1, 20/21 SPRING Lunch Cycle ELEM, Wed Week#1, 20/21 SPRING Lunch Cycle ELEM, Thurs Week#1, 20/21 SPRING Lunch Cycle ELEM, Fri, Week#1  
 Result: **Fail**

Meal Pattern: [USDA]Meal Pattern SY 2014  
 Meal Type: Lunch  
 Serving Group: K-5  
 Site Group: Elementary School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[550.00 - 650.00]	0.00	
Total Fat (g)		0.00	
Sat Fat (g)(1)	< 10.00 % of Calories	0.00	
Trans Fat (g)(2)		0.00(M)	
Chol (mg)		0.00	
Sodium Target 1 (mg) (13)	< 1,230.00	0.00	
Sodium Target 2 (mg) (13)	< 935.00	0.00	
Carb (g)		0.00	
Total Fiber (g)		0.00	
Total Sugars (g)		0.00(M)	
Added Sugars (g)		0.00(M)	
Protein (g)		0.00	
Iron (mg)		0.00(M)	
Calcium (mg)		0.00(M)	
VitA (IU)		0.00(M)	
VitC (mg)		0.00(M)	
VitD (mcg)		0.00(M)	
Potassium (mg)		0.00(M)	
Mois (g)		0.00(M)	
Ash (g)		0.00(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Meat/MA	[8.000 - 10.000]	[9.000 - 10.500](a)	
Grains	[8.000 - 9.000]	[9.000 - 10.000](a)	
Non-WGR		0.000	
WGR	>= 50.000 % of	29.000	100.00
Grain-D	<= 2.000	0.000	
Fruit	>= 2.500	[2.500 - 4.500]	
Fruit-J	<= 50.000 % of	0.000	0.00
Veg	>= 3.750	[5.875 - 9.250]	
Veg-DG	>= 0.500	2.500	
Veg-RO	>= 0.750	3.625	
Veg-BP	>= 0.500	1.000	
Veg-S	>= 0.500	1.250	
Veg-O	>= 0.500	2.000	
Veg-X		0.000	
Vegetable-J	<= 50.000 % of	0.000	0.00
MILK-F	>= 5.000	5.000	
MILK-V		Pass	

## Legend

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.

a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

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Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)	
<b>20/21 SPRING Lunch Cycle ELEM, Mon Week#1 - Day: 1</b>	260																			
<b>Category: Entrees; May Choose: 1</b>																				
Beefy Nacho Salad, ELEM, MMA, WG, VRO, VO - LR100249 (1 serv.)	0	433.44	22.87	7.48	0.00	53.71	928.27	40.67	4.14	4.43	0.00(M)	19.13	2.50	120.28	736.29 (M)	8.18(M)	0.00(M)	363.63 (M)	111.39 (M)	
Chicken & Cheese Quesadilla w/ Marinara Sauce, MMA, WG, VRO - LR100486 (1 serv.)	0	340.00	9.50	2.00	0.00	660.00	1090.00	48.00	6.00	10.00	(M)	19.00	1.08(M)	220.00	0.00	0.00	(M)	180.00 (M)	(M)	
Sandwich, 5.3 oz Uncrustable, Peanut Butter and Grape, Smucker's, MMA, WGR - LR100703 (1 sandwich)	0	600.00	34.00	6.00	0.00	0.00	540.00	64.00	7.00	29.00	(M)	18.00	2.70	60.00	(M)	(M)	(M)	(M)	(M)	
<b>Category: Vegetables; May Choose: 2</b>																				
Baby Carrots w/ Ranch Dip, VRO, 0.5C - LR100279 (1 serv.)	0	63.16	2.89	0.47	0.04	0.67	199.72	8.72	2.05	5.41	(M)	0.11	0.02	2.14	4980.82	5.99	(M)	(M)	(M)	
Corn Salad, VS, 0.75C - LR100694 (1 serv.)	0	118.34	3.04	0.21	0.00(M)	0.00	20.34	25.05	3.29	5.18	(M)	3.19	0.09(M)	2.08(M)	310.92 (M)	19.13 (M)	0.00(M)	41.37 (M)	19.96 (M)	
<b>Category: Fruits; May Choose: 1</b>																				
Assorted Fresh Fruit, F - LR100026 (1 serv.)	0	59.11	0.17	0.05	0.00	0.00	0.39	14.84	2.08	9.62	(M)	0.71	0.13	20.63	92.67	23.38	0.00(M)	195.11 (M)	55.49 (M)	
<b>Category: Milk; May Choose: 1</b>																				
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container )	0	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)	
Milk, Lowfat, Fluid, 1% Milkfat, Half Pint, Clover * - SR103508 (1 Carton)	0	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)	
<b>20/21 SPRING Lunch Cycle ELEM, Tues Week#1 - Day: 2</b>	260																			
<b>Category: Entrees; May Choose: 1</b>																				
Apple & Peanut Butter Power Pack - LR100698 (1 pkg.)	0	470.27	14.77	4.39	0.04(M)	187.17	475.61	52.09	5.88	24.21	4.00(M)	14.38	2.21	170.85	5240.82 (M)	26.99 (M)	1.10(M)	63.00 (M)	37.31 (M)	
Chicken & Cheese Quesadilla w/ Marinara Sauce, MMA, WG, VRO - LR100486 (1 serv.)	0	340.00	9.50	2.00	0.00	660.00	1090.00	48.00	6.00	10.00	(M)	19.00	1.08(M)	220.00	0.00	0.00	(M)	180.00 (M)	(M)	

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Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calciu m (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassi um (mg)	Mois (g)
Sandwich, 5.3 oz Uncrustable, Peanut Butter and Grape, Smucker's, MMA, WGR - LR100703 (1 sandwich)	0	600.00	34.00	6.00	0.00	0.00	540.00	64.00	7.00	29.00	(M)	18.00	2.70	60.00	(M)	(M)	(M)	(M)	(M)
<b>Category: Vegetables; May Choose: 2</b>																			
Baby Carrots w/ Ranch Dip, VRO, 0.5C - LR100279 (1 serv.)	0	63.16	2.89	0.47	0.04	0.67	199.72	8.72	2.05	5.41	(M)	0.11	0.02	2.14	4980.82	5.99	(M)	(M)	(M)
Celery Sticks w/ Ranch, VO - LR100280 (1 serv.)	0	40.35	2.97	0.49	0.04	0.67	185.34	3.25	0.87	1.11	(M)	0.46	0.12	22.34	227.16	1.58	0.00(M)	131.30 (M)	48.19 (M)
<b>Category: Fruits; May Choose: 1</b>																			
Assorted Fresh Fruit, F - LR100026 (1 serv.)	0	59.11	0.17	0.05	0.00	0.00	0.39	14.84	2.08	9.62	(M)	0.71	0.13	20.63	92.67	23.38	0.00(M)	195.11 (M)	55.49 (M)
<b>Category: Milk; May Choose: 1</b>																			
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container )	0	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)
Milk, Lowfat, Fluid, 1% Milkfat, Half Pint, Clover * - SR103508 (1 Carton)	0	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)
<b>20/21 SPRING Lunch Cycle ELEM, Wed Week#1 - Day: 3</b>	260																		
<b>Category: Entrees; May Choose: 1</b>																			
Chicken & Cheese Quesadilla w/ Marinara Sauce, MMA, WG, VRO - LR100486 (1 serv.)	0	340.00	9.50	2.00	0.00	660.00	1090.00	48.00	6.00	10.00	(M)	19.00	1.08(M)	220.00	0.00	0.00	(M)	180.00 (M)	(M)
Sandwich, 5.3 oz Uncrustable, Peanut Butter and Grape, Smucker's, MMA, WGR - LR100703 (1 sandwich)	0	600.00	34.00	6.00	0.00	0.00	540.00	64.00	7.00	29.00	(M)	18.00	2.70	60.00	(M)	(M)	(M)	(M)	(M)
Sweet Yogurt Dippers, ELEM, MMA, WG, VDG, VRO, F - LR100559 (1 serv.)	0	398.61	4.47	1.39	0.00	3.33	245.43	86.11	7.48	44.46 (M)	19.35 (M)	7.13	1.41(M)	147.56 (M)	5736.96 (M)	50.39 (M)	2.00(M)	353.83 (M)	40.63 (M)
<b>Category: Vegetables; May Choose: 2</b>																			
Crunchy Broccoli Salad, VDG 0.75 Cup - LR100682 (3/4 c.)	0	135.96	5.37	0.89	0.01(M)	3.60	218.67	21.46	3.16	13.00 (M)	(M)	3.15	0.95	54.62	546.01	77.66	0.00(M)	108.13 (M)	38.31 (M)
Zesty Fiesta Beans, VBP, VRO - LR100331 (1 serv.)	0	250.00	1.00	0.00	0.00	0.00	315.00	49.00	12.00	3.00	(M)	15.00	3.60	120.00	0.00(M)	0.00(M)	(M)	(M)	(M)
<b>Category: Fruits; May Choose: 1</b>																			

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Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
Assorted Fresh Fruit, F - LR100026 (1 serv.)	0	59.11	0.17	0.05	0.00	0.00	0.39	14.84	2.08	9.62	(M)	0.71	0.13	20.63	92.67	23.38	0.00(M)	195.11 (M)	55.49 (M)
<b>Category: Milk; May Choose: 1</b>																			
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container )	0	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)
Milk, Lowfat, Fluid, 1% Milkfat, Half Pint, Clover * - SR103508 (1 Carton)	0	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)
<b>20/21 SPRING Lunch Cycle ELEM, Thurs Week#1 - Day: 4</b>	260																		
<b>Category: Entrees; May Choose: 1</b>																			
Chicken & Cheese Quesadilla w/ Marinara Sauce, MMA, WG, VRO - LR100486 (1 serv.)	0	340.00	9.50	2.00	0.00	660.00	1090.00	48.00	6.00	10.00	(M)	19.00	1.08(M)	220.00	0.00	0.00	(M)	180.00 (M)	(M)
Chicken Caesar Salad, MMA, WG, VDG - LR100015 (1 salad)	0	498.36	25.18	4.35	0.00	55.50	1352.58	47.06	8.75	7.99	(M)	26.04	3.96(M)	96.59 (M)	14808.84(M)	9.27(M)	0.00(M)	458.75 (M)	176.41 (M)
Sandwich, 5.3 oz Uncrustable, Peanut Butter and Grape, Smucker's, MMA, WGR - LR100703 (1 sandwich)	0	600.00	34.00	6.00	0.00	0.00	540.00	64.00	7.00	29.00	(M)	18.00	2.70	60.00	(M)	(M)	(M)	(M)	(M)
<b>Category: Vegetables; May Choose: 2</b>																			
Cauliflower & Cucumber Dippers w/ Ranch, VO - LR100282 (1 serv.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crunchy Broccoli Salad, VDG 0.75 Cup - LR100682 (3/4 c.)	0	135.96	5.37	0.89	0.01(M)	3.60	218.67	21.46	3.16	13.00 (M)	(M)	3.15	0.95	54.62	546.01	77.66	0.00(M)	108.13 (M)	38.31 (M)
<b>Category: Fruits; May Choose: 1</b>																			
Assorted Fresh Fruit, F - LR100026 (1 serv.)	0	59.11	0.17	0.05	0.00	0.00	0.39	14.84	2.08	9.62	(M)	0.71	0.13	20.63	92.67	23.38	0.00(M)	195.11 (M)	55.49 (M)
<b>Category: Milk; May Choose: 1</b>																			
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container )	0	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)
Milk, Lowfat, Fluid, 1% Milkfat, Half Pint, Clover * - SR103508 (1 Carton)	0	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)
<b>20/21 SPRING Lunch Cycle ELEM, Fri, Week#1 - Day: 5</b>	260																		
<b>Category: Entrees; May Choose: 1</b>																			

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Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Chicken & Cheese Quesadilla w/ Marinara Sauce, MMA, WG, VRO - LR100486 (1 serv.)	0	340.00	9.50	2.00	0.00	660.00	1090.00	48.00	6.00	10.00	(M)	19.00	1.08(M)	220.00	0.00	0.00	(M)	180.00 (M)	(M)
Sandwich, 5.3 oz Uncrustable, Peanut Butter and Grape, Smucker's, MMA, WGR - LR100703 (1 sandwich)	0	600.00	34.00	6.00	0.00	0.00	540.00	64.00	7.00	29.00	(M)	18.00	2.70	60.00	(M)	(M)	(M)	(M)	(M)
Turkey & Cheese Lunchable, MMA, WG, VRO, F - LR100428 (1 serv.)	0	338.16	7.39	2.72	0.04	30.67	769.72	47.22	6.05	12.41	0.00(M)	20.11	1.82	200.14	5430.82	113.99 (M)	0.00(M)	109.98 (M)	(M)
<b>Category: Vegetables; May Choose: 2</b>																			
Celery Sticks w/ Ranch, VO - LR100280 (1 serv.)	0	40.35	2.97	0.49	0.04	0.67	185.34	3.25	0.87	1.11	(M)	0.46	0.12	22.34	227.16	1.58	0.00(M)	131.30 (M)	48.19 (M)
Honey Roasted Chick Peas, VBP, 0.5C - LR100611 (1 serv.)	0	280.27	6.58	0.65	0.00(M)	0.00	142.22	52.42	9.37	27.50	0.00(M)	5.48	0.98(M)	101.95 (M)	29.50 (M)	0.52(M)	0.00(M)	14.74 (M)	5.91(M)
Parmesan Peas, VS, 0.5C - LR100283 (1 serv.)	0	70.33	0.72	0.37	0.00	0.00	88.00	11.74	4.40	0.00(M)	(M)	4.45	1.38	32.33	1713.33	7.90	(M)	(M)	(M)
<b>Category: Fruits; May Choose: 1</b>																			
Assorted Fresh Fruit, F - LR100026 (1 serv.)	0	59.11	0.17	0.05	0.00	0.00	0.39	14.84	2.08	9.62	(M)	0.71	0.13	20.63	92.67	23.38	0.00(M)	195.11 (M)	55.49 (M)
<b>Category: Milk; May Choose: 1</b>																			
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container )	0	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)
Milk, Lowfat, Fluid, 1% Milkfat, Half Pint, Clover * - SR103508 (1 Carton)	0	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)