

Weekly - Nutrient Analysis

Menu Names: 20/21 Spring Lunch Cycle ELEM, Mon Week #3, 20/21 Spring Lunch Cycle ELEM, Tues Week #3, 20/21 Spring Lunch Cycle ELEM, Wed Week #3, 20/21 Spring Lunch Cycle ELEM, Thurs Week #3, 20/21 Spring Lunch Cycle ELEM, Fri Week #3
 Result: **Fail**

Meal Pattern: [USDA]Meal Pattern SY 2014
 Meal Type: Lunch
 Serving Group: K-5
 Site Group: Elementary School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[550.00 - 650.00]	0.00	
Total Fat (g)		0.00	
Sat Fat (g)(1)	< 10.00 % of Calories	0.00	
Trans Fat (g)(2)		0.00(M)	
Chol (mg)		0.00(M)	
Sodium Target 1 (mg) (13)	< 1,230.00	0.00	
Sodium Target 2 (mg) (13)	< 935.00	0.00	
Carb (g)		0.00	
Total Fiber (g)		0.00	
Total Sugars (g)		0.00(M)	
Added Sugars (g)		0.00(M)	
Protein (g)		0.00	
Iron (mg)		0.00(M)	
Calcium (mg)		0.00(M)	
VitA (IU)		0.00(M)	
VitC (mg)		0.00(M)	
VitD (mcg)		0.00(M)	
Potassium (mg)		0.00(M)	
Mois (g)		0.00(M)	
Ash (g)		0.00(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 2.500	[2.500 - 5.000]	
Veg	>= 3.750	[5.500 - 9.250]	
Veg-DG	>= 0.500	4.250	
Veg-RO	>= 0.750	4.000	
Veg-BP	>= 0.500	2.000	
Veg-S	>= 0.500	1.375	
Veg-O	>= 0.500	1.750	
Grains	[8.000 - 9.000]	[9.750 - 10.500](a)	
Non-WGR		0.000	
WGR	>= 50.000 % of	40.250	100.00
Meat/MA	[8.000 - 10.000]	[10.000 - 12.750](a)	
MILK-F	>= 5.000	5.000	
Fruit-J	<= 50.000 % of	0.000	0.00
Grain-D	<= 2.000	0.000	
Vegetable-J	<= 50.000 % of	0.000	0.00
MILK-V		Pass	

Legend

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.

a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

Weekly - Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)	
20/21 Spring Lunch Cycle ELEM, Mon Week #3 - Day: 1	260																			
Category: Entrees; May Choose: 1																				
Apple & Peanut Butter Power Pack - LR100698 (1 pkg.)	0	470.27	14.77	4.39	0.04(M)	187.17	475.61	52.09	5.88	24.21	4.00(M)	14.38	2.21	170.85	5240.82 (M)	26.99 (M)	1.10(M)	63.00 (M)	37.31 (M)	
Assorted Entree Salads, MMA, WG, VDG, VRO - LR100535 (1 salad)	0	494.50	18.15	3.59	0.00	52.38 (M)	1188.66	61.54	13.07	11.72	0.00(M)	29.97	6.17(M)	138.47 (M)	25283.75(M)	21.57 (M)	0.00(M)	897.07 (M)	305.95 (M)	
Nachos Grande w/ Salsa, MMA, WG, VRO - LR100441 (1 serv.)	0	475.29	24.56	8.37	0.00	60.00	1152.26	50.49	2.90	5.97	0.00(M)	23.43	2.17	195.65	59.82 (M)	1.13(M)	0.00(M)	452.14 (M)	5.39(M)	
Sandwich, 5.3 oz Uncrustable, Peanut Butter and Grape, Smucker's, MMA, WGR - LR100703 (1 sandwich)	0	600.00	34.00	6.00	0.00	0.00	540.00	64.00	7.00	29.00	(M)	18.00	2.70	60.00	(M)	(M)	(M)	(M)	(M)	
Category: Vegetables; May Choose: 2																				
Baby Carrots w/ Ranch Dip, VRO, 0.5C - LR100279 (1 serv.)	0	63.16	2.89	0.47	0.04	0.67	199.72	8.72	2.05	5.41	(M)	0.11	0.02	2.14	4980.82	5.99	(M)	(M)	(M)	
Dilly Green Peas, VS - LR100532 (4 oz.)	0	89.97	0.37	0.06	0.00(M)	0.00	85.18	16.51	6.34	(M)	(M)	6.01	2.11	37.04	2756.45	15.34	(M)	(M)	4.18(M)	
Category: Fruits; May Choose: 1																				
Assorted Fresh Fruit, F - LR100026 (1 serv.)	0	59.11	0.17	0.05	0.00	0.00	0.39	14.84	2.08	9.62	(M)	0.71	0.13	20.63	92.67	23.38	0.00(M)	195.11 (M)	55.49 (M)	
Category: Milk; May Choose: 1																				
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container)	0	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)	
Milk, Lowfat, Fluid, 1% Milkfat, Half Pint, Clover * - SR103508 (1 Carton)	0	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)	
20/21 Spring Lunch Cycle ELEM, Tues Week #3 - Day: 2	260																			
Category: Entrees; May Choose: 1																				
Apple & Peanut Butter Power Pack - LR100698 (1 pkg.)	0	470.27	14.77	4.39	0.04(M)	187.17	475.61	52.09	5.88	24.21	4.00(M)	14.38	2.21	170.85	5240.82 (M)	26.99 (M)	1.10(M)	63.00 (M)	37.31 (M)	
Assorted Entree Salads, MMA, WG, VDG, VRO - LR100535 (1 salad)	0	494.50	18.15	3.59	0.00	52.38 (M)	1188.66	61.54	13.07	11.72	0.00(M)	29.97	6.17(M)	138.47 (M)	25283.75(M)	21.57 (M)	0.00(M)	897.07 (M)	305.95 (M)	

Weekly - Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Chicken Caesar Panini on WG Flatbread, MMA, WG, ELEM & MS - LR100700 (1 sandwich)	0	403.82	21.83	6.10	0.00(M)	61.40	1263.64	37.15	3.25	5.15	0.00(M)	21.48	1.78(M)	205.10 (M)	658.50 (M)	3.00(M)	0.50(M)	135.60 (M)	0.00(M)
Category: Vegetables; May Choose: 2																			
Baby Carrots w/ Ranch Dip, VRO, 0.5C - LR100279 (1 serv.)	0	63.16	2.89	0.47	0.04	0.67	199.72	8.72	2.05	5.41	(M)	0.11	0.02	2.14	4980.82	5.99	(M)	(M)	(M)
Broccoli Florets w/ Ranch, VDG, 0.75 Cup - LR100656 (1 serv.)	0	56.48	3.14	0.55	0.04	0.67	167.46	6.28	1.83	1.59	(M)	2.03	0.52	34.21	425.62	60.89	0.00(M)	215.67 (M)	60.95 (M)
Cauliflower & Cucumber Dippers w/ Ranch, VO - LR100282 (1 serv.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Category: Fruits; May Choose: 1																			
Assorted Fresh Fruit, F - LR100026 (1 serv.)	0	59.11	0.17	0.05	0.00	0.00	0.39	14.84	2.08	9.62	(M)	0.71	0.13	20.63	92.67	23.38	0.00(M)	195.11 (M)	55.49 (M)
Category: Milk; May Choose: 1																			
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container)	0	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)
Milk, Lowfat, Fluid, 1% Milkfat, Half Pint, Clover * - SR103508 (1 Carton)	0	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)
20/21 Spring Lunch Cycle ELEM, Wed Week #3 - Day: 3	260																		
Category: Entrees; May Choose: 1																			
Apple & Peanut Butter Power Pack - LR100698 (1 pkg.)	0	470.27	14.77	4.39	0.04(M)	187.17	475.61	52.09	5.88	24.21	4.00(M)	14.38	2.21	170.85	5240.82 (M)	26.99 (M)	1.10(M)	63.00 (M)	37.31 (M)
Assorted Entree Salads, MMA, WG, VDG, VRO - LR100535 (1 salad)	0	494.50	18.15	3.59	0.00	52.38 (M)	1188.66	61.54	13.07	11.72	0.00(M)	29.97	6.17(M)	138.47 (M)	25283.75(M)	21.57 (M)	0.00(M)	897.07 (M)	305.95 (M)
Chicken Caesar Panini on WG Flatbread, MMA, WG, ELEM & MS - LR100700 (1 sandwich)	0	403.82	21.83	6.10	0.00(M)	61.40	1263.64	37.15	3.25	5.15	0.00(M)	21.48	1.78(M)	205.10 (M)	658.50 (M)	3.00(M)	0.50(M)	135.60 (M)	0.00(M)
Italian Hoagie on Savory Roll, ELEM, MMA, WG - LR100549 (1 sandwich)	0	310.00	13.50	6.00	0.00	70.00	980.00	25.00	2.00	1.00(M)	(M)	22.00	2.52	196.00	1200.00 (M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Sandwich, 5.3 oz Uncrustable, Peanut Butter and Grape, Smucker's, MMA, WGR - LR100703 (1 sandwich)	0	600.00	34.00	6.00	0.00	0.00	540.00	64.00	7.00	29.00	(M)	18.00	2.70	60.00	(M)	(M)	(M)	(M)	(M)
Category: Vegetables; May Choose: 2																			

Weekly - Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
Black Bean Salsa, VBP, VO - LR100364 (1 serv.)	0	506.40	28.26	3.79	0.00(M)	0.00	293.76	50.24	18.65	2.62(M)	(M)	16.04	5.08	105.05	728.80	52.74	0.00(M)	165.05 (M)	81.14 (M)
Cheesy Broccoli, VDG - LR100409 (1 serv.)	0	69.09	3.44	2.02	0.00	10.00	193.45	6.59	2.76	1.35	0.00(M)	5.18	0.56	126.03	930.12 (M)	36.89 (M)	0.00	270.70	83.46 (M)
Red & Yellow Pepper Dippers, VO, 0.75 Cup - LR100652 (1 serv.)	0	56.56	0.18	0.04	0.00	0.00	522.53	13.84	2.36	6.48	(M)	0.65	0.28	5.52	1525.36	77.23	0.00(M)	137.31 (M)	64.01 (M)
Category: Fruits; May Choose: 1																			
Assorted Fresh Fruit, F - LR100026 (1 serv.)	0	59.11	0.17	0.05	0.00	0.00	0.39	14.84	2.08	9.62	(M)	0.71	0.13	20.63	92.67	23.38	0.00(M)	195.11 (M)	55.49 (M)
Category: Milk; May Choose: 1																			
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container)	0	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)
Milk, Lowfat, Fluid, 1% Milkfat, Half Pint, Clover * - SR103508 (1 Carton)	0	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)
20/21 Spring Lunch Cycle ELEM, Thurs Week #3 - Day: 4	260																		
Category: Entrees; May Choose: 1																			
Apple & Peanut Butter Power Pack - LR100698 (1 pkg.)	0	470.27	14.77	4.39	0.04(M)	187.17	475.61	52.09	5.88	24.21	4.00(M)	14.38	2.21	170.85	5240.82 (M)	26.99 (M)	1.10(M)	63.00 (M)	37.31 (M)
Assorted Entree Salads, MMA, WG, VDG, VRO - LR100535 (1 salad)	0	494.50	18.15	3.59	0.00	52.38 (M)	1188.66	61.54	13.07	11.72	0.00(M)	29.97	6.17(M)	138.47 (M)	25283.75 (M)	21.57 (M)	0.00(M)	897.07 (M)	305.95 (M)
Sandwich, 5.3 oz Uncrustable, Peanut Butter and Grape, Smucker's, MMA, WGR - LR100703 (1 sandwich)	0	600.00	34.00	6.00	0.00	0.00	540.00	64.00	7.00	29.00	(M)	18.00	2.70	60.00	(M)	(M)	(M)	(M)	(M)
Walking Beefy Taco w/ Fixings, ELEM, MMA, WG, VRO, VO - LR100127 (1 serv.)	0	414.85	22.52	6.89	0.00	35.00	560.48	38.54	4.71	3.72	0.00(M)	17.38	2.71(M)	30.98 (M)	555.57 (M)	7.17(M)	0.00(M)	312.87 (M)	76.96 (M)
Category: Vegetables; May Choose: 2																			
Broccoli Florets w/ Ranch, VDG, 0.5C - LR100275 (1 serv.)	0	48.75	3.06	0.52	0.04	0.67	159.95	4.77	1.24	1.20	(M)	1.39	0.35	23.52	283.88	40.60	0.00(M)	143.78 (M)	40.63 (M)
Celery Sticks w/ Ranch, VO - LR100280 (1 serv.)	0	40.35	2.97	0.49	0.04	0.67	185.34	3.25	0.87	1.11	(M)	0.46	0.12	22.34	227.16	1.58	0.00(M)	131.30 (M)	48.19 (M)
Roasted Italian Seasoned Chick Peas, VBP, 0.5C - LR100587 (1 serv.)	0	171.59	6.03	0.59	0.00(M)	0.00	259.66	22.33	4.00	4.89	0.00(M)	5.00	0.01(M)	0.03(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)

Weekly - Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
Spiced Chick Peas, VBP, 0.5C - LR100582 (1/2 c.)	0	139.84	5.38	0.97	0.00(M)	0.00(M)	360.07	18.00	8.00	3.00(M)	(M)	6.00	0.92	60.03 (M)	0.00(M)	0.00(M)	(M)	(M)	0.00(M)
Category: Fruits; May Choose: 1																			
Assorted Fresh Fruit, F - LR100026 (1 serv.)	0	59.11	0.17	0.05	0.00	0.00	0.39	14.84	2.08	9.62	(M)	0.71	0.13	20.63	92.67	23.38	0.00(M)	195.11 (M)	55.49 (M)
Category: Milk; May Choose: 1																			
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container)	0	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)
Milk, Lowfat, Fluid, 1% Milkfat, Half Pint, Clover * - SR103508 (1 Carton)	0	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)
20/21 Spring Lunch Cycle ELEM, Fri Week #3 - Day: 5	260																		
Category: Entrees; May Choose: 1																			
Apple & Peanut Butter Power Pack - LR100698 (1 pkg.)	0	470.27	14.77	4.39	0.04(M)	187.17	475.61	52.09	5.88	24.21	4.00(M)	14.38	2.21	170.85 (M)	5240.82 (M)	26.99 (M)	1.10(M)	63.00 (M)	37.31 (M)
Assorted Entree Salads, MMA, WG, VDG, VRO - LR100535 (1 salad)	0	494.50	18.15	3.59	0.00	52.38 (M)	1188.66	61.54	13.07	11.72	0.00(M)	29.97	6.17(M)	138.47 (M)	25283.75 (M)	21.57 (M)	0.00(M)	897.07 (M)	305.95 (M)
Mac & Cheese w/ Chicken Tenders, MMA, WG - LR100614 (1 serv.)	0	554.50	26.17	8.59	0.00	55.47	1385.19	47.48	5.03	7.09	1.00	32.26	3.02	461.49	507.75 (M)	(M)	0.00	933.35	(M)
Sandwich, 5.3 oz Uncrustable, Peanut Butter and Grape, Smucker's, MMA, WGR - LR100703 (1 sandwich)	0	600.00	34.00	6.00	0.00	0.00	540.00	64.00	7.00	29.00	(M)	18.00	2.70	60.00	(M)	(M)	(M)	(M)	(M)
Category: Vegetables; May Choose: 2																			
Corn Salad, VS, 0.75C - LR100694 (1 serv.)	0	118.34	3.04	0.21	0.00(M)	0.00	20.34	25.05	3.29	5.18	(M)	3.19	0.09(M)	2.08(M)	310.92 (M)	19.13 (M)	0.00(M)	41.37 (M)	19.96 (M)
Honey Roasted Chick Peas, VBP, 0.5C - LR100611 (1 serv.)	0	280.27	6.58	0.65	0.00(M)	0.00	142.22	52.42	9.37	27.50	0.00(M)	5.48	0.98(M)	101.95 (M)	29.50 (M)	0.52(M)	0.00(M)	14.74 (M)	5.91(M)
Category: Fruits; May Choose: 1																			
Assorted Fresh Fruit, F - LR100026 (1 serv.)	0	59.11	0.17	0.05	0.00	0.00	0.39	14.84	2.08	9.62	(M)	0.71	0.13	20.63	92.67	23.38	0.00(M)	195.11 (M)	55.49 (M)
Category: Milk; May Choose: 1																			
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container)	0	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)

Weekly - Nutrient Analysis

Generated on: 4/12/2021 8:59:33 AM by Sarah Ginn

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
Milk, Lowfat, Fluid, 1% Milkfat, Half Pint, Clover * - SR103508 (1 Carton)	0	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)