

# APRIL



## Wilson High School Lunch Menu

Monday		Tuesday		Wednesday		Thursday		Friday	
April 19		April 20		April 21		April 22		April 23	
Chicken Caesar Salad: Grilled Chicken Strips with Chopped Romaine Tossed in a Creamy Caesar Dressing and Parmesan Cheese. Topped with Crunchy Whole Wheat Croutons		Chicken Caesar Salad: Grilled Chicken Strips with Chopped Romaine Tossed in a Creamy Caesar Dressing and Parmesan Cheese. Topped with Crunchy Whole Wheat Croutons		Chicken Caesar Salad: Grilled Chicken Strips with Chopped Romaine Tossed in a Creamy Caesar Dressing and Parmesan Cheese. Topped with Crunchy Whole Wheat Croutons		Thai Noodle Bowl with Chicken: Whole Wheat Noodles in a Homemade Sesame Sauce Tossed with Bell Peppers, Fresh Cilantro, Carrots & Chicken Strips			
Whole Grain Breaded Chicken Patty on a Hamburger Bun		Assorted Sandwiches, Salads, & Parfait Lunches		Assorted Sandwiches, Salads, & Parfait Lunches		Brunch for Lunch! French Toast Sticks served with Sausage Links, Hash Browns & Maple Syrup			
Assorted Sandwiches, Salads, & Parfait Lunches						Assorted Sandwiches, Salads, & Parfait Lunches			
Vegetable Sides: Baby Carrots or Broccoli Florets		Vegetable Sides: Baby Carrots or Broccoli Florets		Vegetable Sides: Cucumber Slices		Vegetable Sides: Hash Browns, Cucumber Slices or Honey Roasted Chickpeas			
Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit			
Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk			
April 26		April 27		April 28		April 29		April 30	
Walking Tacos: Taco Seasoned Ground Beef, Nacho Cheese Tortilla Chips, Shredded Cheddar Cheese, Romaine, & Diced Tomatoes		Walking Tacos: Taco Seasoned Ground Beef, Nacho Cheese Tortilla Chips, Shredded Cheddar Cheese, Romaine, & Diced Tomatoes		Whole Grain Pizza Max Sticks Stuffed with Mozzarella Cheese and Served with Marinara Dipping Sauce		Rich Chicks Whole Grain Breaded Chicken Tenders with Mac and Cheese and the Vegetable of the Day			
Whole Grain Pizza Max Sticks Stuffed with Mozzarella Cheese and Served with Marinara Dipping Sauce		Assorted Sandwiches, Salads, & Parfait Lunches		Assorted Sandwiches, Salads, & Parfait Lunches		Whole Grain Pizza Max Sticks Stuffed with Mozzarella Cheese and Served with Marinara Dipping Sauce			
Assorted Sandwiches, Salads, & Parfait Lunches						Assorted Sandwiches, Salads, & Parfait Lunches			
Vegetable Sides: Baby Carrots or Broccoli Florets		Vegetable Sides: Baby Carrots or Broccoli Florets		Vegetable Sides: Cucumber Slices		Vegetable Sides: Steamed Corn or Spiced Chickpeas			
Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit			
Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk			

**The Food Service Staff continues to work in safe and sanitary conditions to prepare and provide meals to our students. Every day we follow FDA Food Safety standards of frequent and thorough hand washing, wearing gloves and hairnets and not reporting to work if sick. If you have any questions about our meal service during this time please contact: Sarah Ginn at 610.670.0180 x 1147 I will return you call as quickly as possible.**