

Weekly - Nutrient Analysis

Menu Names: 20/21 Winter Lunch Cycle MS, Mon Week#1 :87002, 20/21 Winter Lunch Cycle MS, Tues Week#1 :87002, 20/21 Winter Lunch Cycle MS, Wed Week#1 :87002
 Result: **Fail**

Meal Pattern: [USDA]Meal Pattern SY 2014
 Meal Type: Lunch
 Serving Group: 6-8
 Site Group: Middle School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[600.00 - 700.00]	124.31	
Total Fat (g)		2.16	15.60
Sat Fat (g)(1)	< 10.00 % of Calories	1.29	9.36
Trans Fat (g)(2)		0.00(M)	
Chol (mg)		12.93(M)	
Sodium Target 1 (mg) (13)	< 1,360.00	138.28	
Sodium Target 2 (mg) (13)	< 1,035.00	138.28	
Carb (g)		19.07	61.36
Total Fiber (g)		0.00	
Total Sugars (g)		18.86(M)	60.69
Added Sugars (g)		0.00(M)	
Protein (g)		6.90	22.19
Iron (mg)		0.00(M)	
Calcium (mg)		232.41(M)	
VitA (IU)		562.07(M)	
VitC (mg)		0.25(M)	
VitD (mcg)		0.00(M)	
Potassium (mg)		0.00(M)	
Mois (g)		0.00(M)	
Ash (g)		0.00(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 1.500	[1.500 - 3.000]	
Veg	>= 2.250	[3.000 - 6.500]	
Veg-DG	>= 0.500	3.000	
Veg-RO	>= 0.500	1.875	
Veg-BP	>= 0.500	1.000	
Veg-S	>= 0.500	3.000	
Veg-O	>= 0.250	0.000	
Grains	[5.000 - 6.000]	[0.000 - 9.000]	
Non-WGR		0.000	
WGR	>= 50.000 % of	39.250	100.00
Meat/MA	[5.500 - 6.000]	[0.000 - 10.500]	
MILK-F	>= 3.000	3.000	
Fruit-J	<= 50.000 % of	0.000	0.00
Grain-D	<= 2.000	0.000	
Vegetable-J	<= 50.000 % of	0.000	0.00
MILK-V		Pass	

Legend

(M) Indicates missing nutrient values.

- Standard Value is the daily average requirement for a school week.
- Trans Fat is provided for informational purposes, not for monitoring purposes.
- Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.

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Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
20/21 Winter Lunch Cycle MS, Mon Week#1 :87002 - Day: 1	435																		
Category: Entrees; May Choose: 1																			
Assorted Entree Salads, MMA, WG, VDG, VRO - LR100535 (1 salad)	0	494.50	18.15	3.59	0.00	52.38 (M)	1188.66	61.54	13.07	11.72	0.00(M)	29.97	6.17(M)	138.47 (M)	25283.75(M)	21.57 (M)	0.00(M)	897.07 (M)	305.95 (M)
Assorted Sandwiches, MS, MMA, WG - LR100214 (1 sandwich)	0	337.77	11.24	4.98	0.00	59.03	1140.67	38.41	3.94	3.33	(M)	24.64	2.32(M)	85.61 (M)	20.08 (M)	0.11(M)	0.00(M)	5.64(M)	3.83(M)
Cheeseburger, MS/HS, MMA, WG - LR100052 (1 sandwich)	0	435.00	18.50	7.50	0.00	82.50	755.00	38.00	4.00	1.50	(M)	31.50	2.70(M)	104.00 (M)	0.00(M)	0.00(M)	(M)	(M)	(M)
Lunch Yogurt Parfait w/ Soft Pretzel, MMA, WG, F - LR100236 (1 serv.)	0	488.80	3.60	1.07	0.00	6.66	320.57	104.49	6.79	41.87 (M)	22.68 (M)	14.37	2.88	273.10	643.89	6.93(M)	4.52(M)	507.11 (M)	28.95 (M)
Popcorn Chicken Bowl, MMA, WG, VS - LR100155 (1 serv.)	0	500.76	18.45	2.85	0.00	22.15	1018.67	66.33	6.32	5.11(M)	0.00(M)	22.30	3.69(M)	58.55 (M)	163.00 (M)	17.90 (M)	0.00(M)	719.96 (M)	(M)
Sandwich, 5.3 oz Uncrustable, Peanut Butter and Grape, Smucker's, 5150021027, MMA, WGR - LR100612 (1 sandwich)	0	600.00	34.00	6.00	0.00	0.00	540.00	64.00	7.00	29.00	(M)	18.00	2.70	60.00	(M)	(M)	(M)	(M)	(M)
Turkey & Cheese Panini on WG Flatbread, MMA, WG - LR100638 (1 sandwich)	0	351.30	10.81	4.06	0.00(M)	52.50	1291.18	37.76	3.88	5.29	0.00(M)	26.79	2.11(M)	36.74 (M)	568.01 (M)	3.46(M)	0.50(M)	194.84 (M)	44.87 (M)
Category: Vegetables; May Choose: 2																			
Baby Carrots w/ Ranch Dip, VRO, 0.5C - LR100279 (1 serv.)	0	63.16	2.89	0.47	0.04	0.67	199.72	8.72	2.05	5.41	(M)	0.11	0.02	2.14	4980.82	5.99	(M)	(M)	(M)
Broccoli Florets w/ Ranch, VDG, 0.5C - LR100275 (1 serv.)	0	48.75	3.06	0.52	0.04	0.67	159.95	4.77	1.24	1.20	(M)	1.39	0.35	23.52	283.88	40.60	0.00(M)	143.78 (M)	40.63 (M)
Category: Fruits; May Choose: 1																			
Assorted Fresh Fruit, F - LR100026 (1 serv.)	0	59.11	0.17	0.05	0.00	0.00	0.39	14.84	2.08	9.62	(M)	0.71	0.13	20.63	92.67	23.38	0.00(M)	195.11 (M)	55.49 (M)
Category: Milk; May Choose: 1																			
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container)	285	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)
Milk, Lowfat, Fluid, 1% Milkfat, Half Pint, Clover * - SR103508 (1 Carton)	90	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)

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Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
20/21 Winter Lunch Cycle MS, Tues Week#1 :87002 - Day: 2	435																		
Category: Entrees; May Choose: 1																			
Assorted Entree Salads, MMA, WG, VDG, VRO - LR100535 (1 salad)	0	494.50	18.15	3.59	0.00	52.38 (M)	1188.66	61.54	13.07	11.72	0.00(M)	29.97	6.17(M)	138.47 (M)	25283.75(M)	21.57 (M)	0.00(M)	897.07 (M)	305.95 (M)
Assorted Sandwiches, MS, MMA, WG - LR100214 (1 sandwich)	0	337.77	11.24	4.98	0.00	59.03	1140.67	38.41	3.94	3.33	(M)	24.64	2.32(M)	85.61 (M)	20.08 (M)	0.11(M)	0.00(M)	5.64(M)	3.83(M)
Cheeseburger, MS/HS, MMA, WG - LR100052 (1 sandwich)	0	435.00	18.50	7.50	0.00	82.50	755.00	38.00	4.00	1.50	(M)	31.50	2.70(M)	104.00 (M)	0.00(M)	0.00(M)	(M)	(M)	(M)
Lunch Yogurt Parfait w/ Soft Pretzel, MMA, WG, F - LR100236 (1 serv.)	0	488.80	3.60	1.07	0.00	6.66	320.57	104.49	6.79	41.87 (M)	22.68 (M)	14.37	2.88	273.10	643.89	6.93(M)	4.52(M)	507.11 (M)	28.95 (M)
Popcorn Chicken Bowl, MMA, WG, VS - LR100155 (1 serv.)	0	500.76	18.45	2.85	0.00	22.15	1018.67	66.33	6.32	5.11(M)	0.00(M)	22.30	3.69(M)	58.55 (M)	163.00 (M)	17.90 (M)	0.00(M)	719.96 (M)	(M)
Sandwich, 5.3 oz Uncrustable, Peanut Butter and Grape, Smucker's, 5150021027, MMA, WGR - LR100612 (1 sandwich)	0	600.00	34.00	6.00	0.00	0.00	540.00	64.00	7.00	29.00	(M)	18.00	2.70	60.00	(M)	(M)	(M)	(M)	(M)
Turkey & Cheese Panini on WG Flatbread, MMA, WG - LR100638 (1 sandwich)	0	351.30	10.81	4.06	0.00(M)	52.50	1291.18	37.76	3.88	5.29	0.00(M)	26.79	2.11(M)	36.74 (M)	568.01 (M)	3.46(M)	0.50(M)	194.84 (M)	44.87 (M)
Category: Vegetables; May Choose: 2																			
Baby Carrots w/ Ranch Dip, VRO, 0.5C - LR100279 (1 serv.)	0	63.16	2.89	0.47	0.04	0.67	199.72	8.72	2.05	5.41	(M)	0.11	0.02	2.14	4980.82	5.99	(M)	(M)	(M)
Broccoli Florets w/ Ranch, VDG, 0.5C - LR100275 (1 serv.)	0	48.75	3.06	0.52	0.04	0.67	159.95	4.77	1.24	1.20	(M)	1.39	0.35	23.52	283.88	40.60	0.00(M)	143.78 (M)	40.63 (M)
Category: Fruits; May Choose: 1																			
Assorted Fresh Fruit, F - LR100026 (1 serv.)	0	59.11	0.17	0.05	0.00	0.00	0.39	14.84	2.08	9.62	(M)	0.71	0.13	20.63	92.67	23.38	0.00(M)	195.11 (M)	55.49 (M)
Category: Milk; May Choose: 1																			
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container)	285	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)
Milk, Lowfat, Fluid, 1% Milkfat, Half Pint, Clover * - SR103508 (1 Carton)	90	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)

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20/21 Winter Lunch Cycle MS, Wed Week#1 :87002 - Day: 3	435																		
Category: Entrees; May Choose: 1																			
Assorted Entree Salads, MMA, WG, VDG, VRO - LR100535 (1 salad)	0	494.50	18.15	3.59	0.00	52.38 (M)	1188.66	61.54	13.07	11.72	0.00(M)	29.97	6.17(M)	138.47 (M)	25283.75(M)	21.57 (M)	0.00(M)	897.07 (M)	305.95 (M)
Assorted Sandwiches, MS, MMA, WG - LR100214 (1 sandwich)	0	337.77	11.24	4.98	0.00	59.03	1140.67	38.41	3.94	3.33	(M)	24.64	2.32(M)	85.61 (M)	20.08 (M)	0.11(M)	0.00(M)	5.64(M)	3.83(M)
Cheeseburger, MS/HS, MMA, WG - LR100052 (1 sandwich)	0	435.00	18.50	7.50	0.00	82.50	755.00	38.00	4.00	1.50	(M)	31.50	2.70(M)	104.00 (M)	0.00(M)	0.00(M)	(M)	(M)	(M)
Lunch Yogurt Parfait w/ Soft Pretzel, MMA, WG, F - LR100236 (1 serv.)	0	488.80	3.60	1.07	0.00	6.66	320.57	104.49	6.79	41.87 (M)	22.68 (M)	14.37	2.88	273.10	643.89	6.93(M)	4.52(M)	507.11 (M)	28.95 (M)
Popcorn Chicken Bowl, MMA, WG, VS - LR100155 (1 serv.)	0	500.76	18.45	2.85	0.00	22.15	1018.67	66.33	6.32	5.11(M)	0.00(M)	22.30	3.69(M)	58.55 (M)	163.00 (M)	17.90 (M)	0.00(M)	719.96 (M)	(M)
Sandwich, 5.3 oz Uncrustable, Peanut Butter and Grape, Smucker's, 5150021027, MMA, WGR - LR100612 (1 sandwich)	0	600.00	34.00	6.00	0.00	0.00	540.00	64.00	7.00	29.00	(M)	18.00	2.70	60.00	(M)	(M)	(M)	(M)	(M)
Category: Vegetables; May Choose: 2																			
Baby Carrots w/ Ranch Dip, VRO, 0.5C - LR100279 (1 serv.)	0	63.16	2.89	0.47	0.04	0.67	199.72	8.72	2.05	5.41	(M)	0.11	0.02	2.14	4980.82	5.99	(M)	(M)	(M)
Broccoli Florets w/ Ranch, VDG, 0.5C - LR100275 (1 serv.)	0	48.75	3.06	0.52	0.04	0.67	159.95	4.77	1.24	1.20	(M)	1.39	0.35	23.52	283.88	40.60	0.00(M)	143.78 (M)	40.63 (M)
Roasted Ranch Chick Peas, VBP - LR100420 (1 serv.)	0	394.34	17.50	1.86	0.00(M)	0.00	685.27	45.00	8.00	8.00	0.00(M)	10.00	0.08(M)	60.13 (M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Category: Fruits; May Choose: 1																			
Assorted Fresh Fruit, F - LR100026 (1 serv.)	0	59.11	0.17	0.05	0.00	0.00	0.39	14.84	2.08	9.62	(M)	0.71	0.13	20.63	92.67	23.38	0.00(M)	195.11 (M)	55.49 (M)
Category: Milk; May Choose: 1																			
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container)	285	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)
Milk, Lowfat, Fluid, 1% Milkfat, Half Pint, Clover * - SR103508 (1 Carton)	90	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)