

Weekly - Nutrient Analysis

Menu Names: 20/21 SPRING Lunch Cycle ELEM, Mon Week#1, 20/21 SPRING Lunch Cycle ELEM, Tues Week#1, 20/21 SPRING Lunch Cycle ELEM, Wed Week#1
 Result: **Fail**

Meal Pattern: [USDA]Meal Pattern SY 2014
 Meal Type: Lunch
 Serving Group: K-5
 Site Group: Elementary School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[550.00 - 650.00]	0.00	
Total Fat (g)		0.00	
Sat Fat (g)(1)	< 10.00 % of Calories	0.00	
Trans Fat (g)(2)		0.00(M)	
Chol (mg)		0.00	
Sodium Target 1 (mg) (13)	< 1,230.00	0.00	
Sodium Target 2 (mg) (13)	< 935.00	0.00	
Carb (g)		0.00	
Total Fiber (g)		0.00	
Total Sugars (g)		0.00(M)	
Added Sugars (g)		0.00(M)	
Protein (g)		0.00	
Iron (mg)		0.00(M)	
Calcium (mg)		0.00(M)	
VitA (IU)		0.00(M)	
VitC (mg)		0.00(M)	
VitD (mcg)		0.00(M)	
Potassium (mg)		0.00(M)	
Mois (g)		0.00(M)	
Ash (g)		0.00(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	> = 1.500	[1.500 - 3.000]	
Veg	> = 2.250	[3.625 - 5.875]	
Veg-DG	> = 0.500	1.250	
Veg-RO	> = 0.500	2.625	
Veg-BP	> = 0.500	0.500	
Veg-S	> = 0.500	0.750	
Veg-O	> = 0.250	1.000	
Grains	[5.000 - 5.500]	[5.000 - 6.000](a)	
Non-WGR		0.000	
WGR	> = 50.000 % of	17.000	100.00
Meat/MA	[5.000 - 6.000]	[5.000 - 6.500](a)	
MILK-F	> = 3.000	3.000	
Fruit-J	< = 50.000 % of	0.000	0.00
Grain-D	< = 2.000	0.000	
Vegetable-J	< = 50.000 % of	0.000	0.00
MILK-V		Pass	

Legend

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.

a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

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Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)	
20/21 SPRING Lunch Cycle ELEM, Mon Week#1 - Day: 1	260																			
Category: Entrees; May Choose: 1																				
Beefy Nacho Salad, ELEM, MMA, WG, VRO, VO - LR100249 (1 serv.)	0	433.44	22.87	7.48	0.00	53.71	928.27	40.67	4.14	4.43	0.00(M)	19.13	2.50	120.28	736.29 (M)	8.18(M)	0.00(M)	363.63 (M)	111.39 (M)	
Chicken & Cheese Quesadilla w/ Marinara Sauce, MMA, WG, VRO - LR100486 (1 serv.)	0	340.00	9.50	2.00	0.00	660.00	1090.00	48.00	6.00	10.00	(M)	19.00	1.08(M)	220.00	0.00	0.00	(M)	180.00 (M)	(M)	
Sandwich, 5.3 oz Uncrustable, Peanut Butter and Grape, Smucker's, MMA, WGR - LR100703 (1 sandwich)	0	600.00	34.00	6.00	0.00	0.00	540.00	64.00	7.00	29.00	(M)	18.00	2.70	60.00	(M)	(M)	(M)	(M)	(M)	
Category: Vegetables; May Choose: 2																				
Baby Carrots w/ Ranch Dip, VRO, 0.5C - LR100279 (1 serv.)	0	63.16	2.89	0.47	0.04	0.67	199.72	8.72	2.05	5.41	(M)	0.11	0.02	2.14	4980.82	5.99	(M)	(M)	(M)	
Corn Salad, VS, 0.75C - LR100694 (1 serv.)	0	118.34	3.04	0.21	0.00(M)	0.00	20.34	25.05	3.29	5.18	(M)	3.19	0.09(M)	2.08(M)	310.92 (M)	19.13 (M)	0.00(M)	41.37 (M)	19.96 (M)	
Category: Fruits; May Choose: 1																				
Assorted Fresh Fruit, F - LR100026 (1 serv.)	0	59.11	0.17	0.05	0.00	0.00	0.39	14.84	2.08	9.62	(M)	0.71	0.13	20.63	92.67	23.38	0.00(M)	195.11 (M)	55.49 (M)	
Category: Milk; May Choose: 1																				
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container)	0	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)	
Milk, Lowfat, Fluid, 1% Milkfat, Half Pint, Clover * - SR103508 (1 Carton)	0	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)	
20/21 SPRING Lunch Cycle ELEM, Tues Week#1 - Day: 2	260																			
Category: Entrees; May Choose: 1																				
Apple & Peanut Butter Power Pack - LR100698 (1 pkg.)	0	470.27	14.77	4.39	0.04(M)	187.17	475.61	52.09	5.88	24.21	4.00(M)	14.38	2.21	170.85	5240.82 (M)	26.99 (M)	1.10(M)	63.00 (M)	37.31 (M)	
Chicken & Cheese Quesadilla w/ Marinara Sauce, MMA, WG, VRO - LR100486 (1 serv.)	0	340.00	9.50	2.00	0.00	660.00	1090.00	48.00	6.00	10.00	(M)	19.00	1.08(M)	220.00	0.00	0.00	(M)	180.00 (M)	(M)	

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Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calciu m (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassi um (mg)	Mois (g)
Sandwich, 5.3 oz Uncrustable, Peanut Butter and Grape, Smucker's, MMA, WGR - LR100703 (1 sandwich)	0	600.00	34.00	6.00	0.00	0.00	540.00	64.00	7.00	29.00	(M)	18.00	2.70	60.00	(M)	(M)	(M)	(M)	(M)
Category: Vegetables; May Choose: 2																			
Baby Carrots w/ Ranch Dip, VRO, 0.5C - LR100279 (1 serv.)	0	63.16	2.89	0.47	0.04	0.67	199.72	8.72	2.05	5.41	(M)	0.11	0.02	2.14	4980.82	5.99	(M)	(M)	(M)
Celery Sticks w/ Ranch, VO - LR100280 (1 serv.)	0	40.35	2.97	0.49	0.04	0.67	185.34	3.25	0.87	1.11	(M)	0.46	0.12	22.34	227.16	1.58	0.00(M)	131.30 (M)	48.19 (M)
Category: Fruits; May Choose: 1																			
Assorted Fresh Fruit, F - LR100026 (1 serv.)	0	59.11	0.17	0.05	0.00	0.00	0.39	14.84	2.08	9.62	(M)	0.71	0.13	20.63	92.67	23.38	0.00(M)	195.11 (M)	55.49 (M)
Category: Milk; May Choose: 1																			
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container)	0	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)
Milk, Lowfat, Fluid, 1% Milkfat, Half Pint, Clover * - SR103508 (1 Carton)	0	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)
20/21 SPRING Lunch Cycle ELEM, Wed Week#1 - Day: 3	260																		
Category: Entrees; May Choose: 1																			
Chicken & Cheese Quesadilla w/ Marinara Sauce, MMA, WG, VRO - LR100486 (1 serv.)	0	340.00	9.50	2.00	0.00	660.00	1090.00	48.00	6.00	10.00	(M)	19.00	1.08(M)	220.00	0.00	0.00	(M)	180.00 (M)	(M)
Sandwich, 5.3 oz Uncrustable, Peanut Butter and Grape, Smucker's, MMA, WGR - LR100703 (1 sandwich)	0	600.00	34.00	6.00	0.00	0.00	540.00	64.00	7.00	29.00	(M)	18.00	2.70	60.00	(M)	(M)	(M)	(M)	(M)
Sweet Yogurt Dippers, ELEM, MMA, WG, VDG, VRO, F - LR100559 (1 serv.)	0	398.61	4.47	1.39	0.00	3.33	245.43	86.11	7.48	44.46 (M)	19.35 (M)	7.13	1.41(M)	147.56 (M)	5736.96 (M)	50.39 (M)	2.00(M)	353.83 (M)	40.63 (M)
Category: Vegetables; May Choose: 2																			
Crunchy Broccoli Salad, VDG 0.75 Cup - LR100682 (3/4 c.)	0	135.96	5.37	0.89	0.01(M)	3.60	218.67	21.46	3.16	13.00 (M)	(M)	3.15	0.95	54.62	546.01	77.66	0.00(M)	108.13 (M)	38.31 (M)
Zesty Fiesta Beans, VBP, VRO - LR100331 (1 serv.)	0	250.00	1.00	0.00	0.00	0.00	315.00	49.00	12.00	3.00	(M)	15.00	3.60	120.00	0.00(M)	0.00(M)	(M)	(M)	(M)
Category: Fruits; May Choose: 1																			

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Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
Assorted Fresh Fruit, F - LR100026 (1 serv.)	0	59.11	0.17	0.05	0.00	0.00	0.39	14.84	2.08	9.62	(M)	0.71	0.13	20.63	92.67	23.38	0.00(M)	195.11 (M)	55.49 (M)
Category: Milk; May Choose: 1																			
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container)	0	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)
Milk, Lowfat, Fluid, 1% Milkfat, Half Pint, Clover * - SR103508 (1 Carton)	0	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)