



FEBRUARY



Middle School Lunch Menu February 15-February 26

Monday	Tuesday	Wednesday	Thursday	Friday
February 15	February 16	February 17	February 18	February 19
Presidents Day! No School!	Cheese Pizza and a Side Garden Salad	Walking Tacos with Seasoned Ground Beef, Cheddar Cheese, Lettuce, Tomatoes and Corn Tortilla Chips	Whole Wheat Spaghetti with Meatsauce and a Whole Grain Garlic Breadstick	
	Walking Tacos with Seasoned Ground Beef, Cheddar Cheese, Lettuce, Tomatoes and Corn Tortilla Chips	Assorted Sandwiches, Salads, & Parfait Lunches	Walking Tacos with Seasoned Ground Beef, Cheddar Cheese, Lettuce, Tomatoes and Corn Tortilla Chips	
	Assorted Sandwiches, Salads, & Parfait Lunches		Assorted Sandwiches, Salads, & Parfait Lunches	
	Vegetable Sides: Baby Carrots or Garden Side Salad	Vegetable Sides: Roasted Ranch Chickpeas, or Steamed Corn	Vegetable Sides: Black Bean Salsa or Celery Sticks with a Dressing Dipper	
	Assorted Fresh Fruit	Assorted Fruit	Assorted Fruit	
	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	
February 22	February 23	February 24	February 25	February 26
Whole Grain Rich Chicks Chicken Tenders with Roasted Vegetables & a Whole Wheat Dinner Roll		Toasted Turkey Ham & Cheese on a Pretzel Bun: Oven Roasted Jennie-Os Turkey Ham, American Cheese, Lettuce & Tomato on a Whole Wheat Pretzel Bun	Brunch For Lunch! Turkey Bacon, Egg & Cheese Sandwich on Whole Grain Waffles	
Toasted Turkey Ham & Cheese on a Pretzel Bun: Oven Roasted Jennie-Os Turkey Ham, American Cheese, Lettuce & Tomato on a Whole Wheat Pretzel Bun			Toasted Turkey Ham & Cheese on a Pretzel Bun: Oven Roasted Jennie-Os Turkey Ham, American Cheese, Lettuce & Tomato on a Whole Wheat Pretzel Bun	
Assorted Sandwiches, Salads, & Parfait Lunches			Assorted Sandwiches, Salads, & Parfait Lunches	
Vegetable Sides: Baby Carrots or Broccoli Florets or Roasted Vegetables		Vegetable Sides: Cucumber Slices or Honey Roasted Chickpeas	Vegetable Sides: Oven Baked Tater Tots or Celery Sticks with Ranch Dressing	
Assorted Fruit		Assorted Fruit	Assorted Fruit	
Choice of Chocolate or White Milk		Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	

The Food Service Staff continues to work in safe and sanitary conditions to prepare and provide meals to our students. Every day we follow FDA Food Safety standards of frequent and thorough hand washing, wearing gloves and hairnets and not reporting to work if sick. If you have any questions about our meal service during this time please contact: Sarah Ginn at 610.670.0180 x 1147 I will return you call as quickly as possible.