

FEBRUARY



Wilson School District February 2021 Elementary School Lunch Menus

Monday		Tuesday		Wednesday		Thursday		Friday	
February 1		February 2		February 3		February 4		February 5	
Breaded Chicken & Cheese Wrap: Whole Grain Breaded Rich Chicks Chicken Tenders in a Whole Wheat Wrap with Lettuce and Tomato		Cheeseburger on a Whole Wheat Bun		Chicken Caesar Shaker Salad: Romaine Lettuce, Grilled Chicken Strips, Croutons, Shredded Parmesan & Creamy Caesar Dressing		Max Sticks Pizza Sticks with Marinara Dipping Sauce		Superbowl Special! Boneless Rich Chicks Chicken Wings served with Celery & Carrot Sticks, Dressing Dippers & Whole Grain Chips!	
Bulldog Protein Power Pack: Soft Pretzel, Hardboiled Egg, Reduced Fat Cheddar Cheese Stick & Fresh Apple Slices		Bulldog Protein Power Pack: Soft Pretzel, Hardboiled Egg, Reduced Fat Cheddar Cheese Stick & Fresh Apple Slices		Bulldog Protein Power Pack: Soft Pretzel, Hardboiled Egg, Reduced Fat Cheddar Cheese Stick & Fresh Apple Slices		Bulldog Protein Power Pack: Soft Pretzel, Hardboiled Egg, Reduced Fat Cheddar Cheese Stick & Fresh Apple Slices		Bulldog Protein Power Pack: Soft Pretzel, Hardboiled Egg, Reduced Fat Cheddar Cheese Stick & Fresh Apple Slices	
Assorted Parfaits		Assorted Parfaits		Assorted Parfaits		Assorted Parfaits		Assorted Parfaits	
Steamed Corn		Baby Carrots with Ranch		Roasted Ranch Chickpeas		Garden Side Salad		Celery Sticks with Ranch	
Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit	
Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk		Choice of Chocolate or White Milk	
February 8		February 9		February 10		February 11		February 12	
Brunch for Lunch! French Toast Sticks with Turkey Sausage and Maple Syrup		BBQ Breaded Chicken Patty Sandwich: Rich Chick's Whole Grain Breaded Chicken Patty on a Whole Wheat Bun with BBQ Sauce & Condiments on the Side		Oriental Sweet and Sour Chicken over Rice: Whole Grain Breaded Chicken in Sweet and Sour Sauce, Served over Brown Rice		Dijon Chicken Salad with Spinach: Grilled Chicken, Grated Carrots, Diced Tomato & Honey Dijon Dressing over Baby Spinach. Served with a Whole Wheat Dinner Roll		Cafeteria Choice!	
Turkey & Cheese Sandwich: Jennie O's Oven Roasted Turkey Breast with American Cheese		Turkey & Cheese Sandwich: Jennie O's Oven Roasted Turkey Breast with American Cheese		Turkey & Cheese Sandwich: Jennie O's Oven Roasted Turkey Breast with American Cheese		Turkey & Cheese Sandwich: Jennie O's Oven Roasted Turkey Breast with American Cheese		Ask your Cafeteria Manager for the meals of the day! Happy Friday!	
Baby Carrots		Assorted Parfaits		Oven Baked Fries		Assorted Parfaits		Black Bean Salsa	
Assorted Fruit		Broccoli Florets		Assorted Fruit		Cucumber Slices		Assorted Fruit	
Choice of Chocolate or White Milk		Assorted Fruit		Choice of Chocolate or White Milk		Assorted Parfaits		Choice of Chocolate or White Milk	

The Food Service Staff continues to work in safe and sanitary conditions to prepare and provide meals to our students. Every day we follow FDA Food Safety standards of frequent and thorough hand washing, wearing gloves and hairnets and not reporting to work if sick. If you have any questions about our meal service during this time please contact: Sarah Ginn at 610.670.0180 x 1147 I will return you call as quickly as possible.