

FEBRUARY



High School Lunch Menu February 1 - February 12

Monday	Tuesday	Wednesday	Thursday	Friday
February 1	February 2	February 3	February 4	February 5
BBQ Pork Sandwich: Pulled Pork, BBQ Sauce, Lettuce & Tomato (Condiments Served on the Side)		Pizza Sticks with Marinara Sauce: Whole Grain Max Cheese Sticks with RedPack Marinara Sauce	SUPERBOWL SPECIAL! Boneless Chicken Wings with Celery & Carrot Sticks, Dressing Dippers, and Whole Grain Chips	
Pizza Sticks with Marinara Sauce: Whole Grain Max Cheese Sticks with RedPack Marinara Sauce		Assorted Sandwiches, Salads, & Parfait Lunches	Pizza Sticks with Marinara Sauce: Whole Grain Max Cheese Sticks with RedPack Marinara Sauce	
Assorted Sandwiches, Salads, & Parfait Lunches			Assorted Sandwiches, Salads, & Parfait Lunches	
Vegetable Sides: Celery, Cucumber Slices, or Baby Carrots with Ranch Dressing		Vegetable Sides: Roasted Ranch Chickpeas, Baby Carrots, or Cucumber Slices	Vegetable Sides: Corn Salad or Broccoli Florets with Ranch	
Assorted Fruit		Assorted Fruit	Assorted Fruit	
Choice of Chocolate or White Milk		Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	
February 8	February 9	February 10	February 11	February 12
Homemade Grilled Cheese on Whole Wheat Bread; Served with Tomato Soup		Grilled Cheese with Tomato Soup	Mac & Cheese: Whole Grain Elbow Pasta with Land O Lakes Real Cheddar Cheese Sauce; Served with a Whole Wheat Dinner Roll and Roasted Broccoli & Peppers	
Whole Grain Pasta with Meat Sauce; Served with Garlicky Green Beans		Assorted Sandwiches, Salads, & Parfait Lunches	Brunch for Lunch! French Toast Sticks with Turkey Sausage and Tater Tots	
Assorted Sandwiches, Salads, & Parfait Lunches			Assorted Sandwiches, Salads, & Parfait Lunches	
Vegetable Sides: Baby Carrots or Garlicky Green Beans		Vegetable Sides: Oven Baked Fries or Garlicky Green Beans	Vegetable Sides: Oven Baked Fries, Roasted Broccoli, or Honey Roasted Chickpeas	
Assorted Fruit		Assorted Fruit	Assorted Fruit	
Choice of Chocolate or White Milk		Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	

The Food Service Staff continues to work in safe and sanitary conditions to prepare and provide meals to our students. Every day we follow FDA Food Safety standards of frequent and thorough hand washing, wearing gloves and hairnets and not reporting to work if sick. If you have any questions about our meal service during this time please contact: Sarah Ginn at 610.670.0180 x 1147 I will return you call as quickly as possible.