

Weekly - Nutrient Analysis

Menu Names: 20/21 Fall Lunch Cycle 2 - HS Week #3 Monday :82335, 20/21 Fall Lunch HS Week #3 Tuesday :82335, 20/21 Fall Lunch HS Week #3 Wednesday :82335, 20/21 Fall Lunch HS Week #3 Thursday :82335, 20/21 Fall Lunch Cycle 2 - HS Week #3 Fri :82335
 Result: **Fail**

Meal Pattern: [USDA]Meal Pattern SY 2014
 Meal Type: Lunch
 Serving Group: 9-12
 Site Group: High School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[750.00 - 850.00]	330.72(M)	
Total Fat (g)		7.51(M)	20.44
Sat Fat (g)(1)	< 10.00 % of Calories	2.33(M)	6.34
Trans Fat (g)(2)		0.00(M)	
Chol (mg)		16.78(M)	
Sodium Target 1 (mg) (13)	< 1,420.00	381.42(M)	
Sodium Target 2 (mg) (13)	< 1,080.00	381.42(M)	
Carb (g)		56.74(M)	68.63
Total Fiber (g)		3.27(M)	
Total Sugars (g)		35.12(M)	42.47
Added Sugars (g)		0.00(M)	
Protein (g)		9.98(M)	12.07
Iron (mg)		1.28(M)	
Calcium (mg)		267.25(M)	
VitA (IU)		744.01(M)	
VitC (mg)		21.07(M)	
VitD (mcg)		0.00(M)	
Potassium (mg)		71.86(M)	
Mois (g)		16.24(M)	
Ash (g)		0.16(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 5.000	[5.000 - 6.000]	
Veg	>= 5.000	[5.500 - 6.500]	
Veg-DG	>= 0.500	3.000	
Veg-RO	>= 1.250	1.500	
Veg-BP	>= 0.500	0.500	
Veg-S	>= 0.500	0.500	
Veg-O	>= 0.750	1.000	
Grains	[10.000 - 12.000]	[2.000 - 13.000](a)	
Non-WGR		0.000	
WGR	>= 50.000 % of	31.000	100.00
Meat/MA	[10.000 - 12.000]	[0.000 - 12.000]	
MILK-F	>= 5.000	5.000	
Fruit-J	<= 50.000 % of	0.000	0.00
Grain-D	<= 2.000	2.000	
Vegetable-J	<= 50.000 % of	0.000	0.00
MILK-V		Pass	

Legend

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.

a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

Weekly - Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
20/21 Fall Lunch Cycle 2 - HS Week #3 Monday :82335 - Day: 1	375																		
Category: Entrees; May Choose: 1																			
Assorted Sandwiches, HS, MMA, WG - LR100473 (1 sandwich)	0	363.44	13.82	4.33	0.00	59.16	1067.73	39.38	4.25	3.96	(M)	23.75	2.52(M)	86.80 (M)	72.44 (M)	0.95(M)	0.00(M)	41.31 (M)	20.55 (M)
Breaded Chicken Patty on Roll, MS/HS, MMA, WG - LR100113 (1 sandwich)	0	430.00	15.00	2.50	0.00	25.00	880.00	52.00	7.00	2.00	1.00(M)	21.00	4.70	139.00	0.00(M)	0.00(M)	0.00(M)	320.07 (M)	(M)
Chicken Nuggets w/ Mac& Cheese & Garlicky Roasted Broccoli, HS, MMA, WG - LR100601 (1 serv.)	0	763.73	37.28	10.33	0.00	70.47 (M)	1667.18	63.92	8.55(M)	9.74(M)	0.00(M)	46.00	5.72(M)	531.05 (M)	1111.67 (M)	86.47 (M)	0.00(M)	1699.67 (M)	86.56 (M)
Lunch Yogurt Parfait w/ Soft Pretzel, MMA, WG, F - LR100236 (1 serv.)	0	488.80	3.60	1.07	0.00	6.66	320.57	104.49	6.79	41.87 (M)	22.68 (M)	14.37	2.88	273.10	643.89	6.93(M)	4.52(M)	507.11 (M)	28.95 (M)
Thai Style Noodle Salad with Chicken - 9-12, 2mma, 2g - LR100585 (2 c.)	0	793.86	43.41	5.95	0.00(M)	80.16 (M)	2085.62	73.16	11.92 (M)	21.12 (M)	0.00(M)	35.93	5.32(M)	68.93 (M)	3034.71 (M)	42.87 (M)	0.00(M)	265.54 (M)	9.18(M)
Category: Vegetables; May Choose: 2																			
Baby Carrots w/ Ranch Dip, VRO - LR100279 (1 serv.)	0	63.16	2.89	0.47	0.04	0.67	199.72	8.72	2.05	5.41	(M)	0.11	0.02	2.14	4980.82	5.99	(M)	(M)	(M)
Broccoli, raw - SR105147 (1/2 cup choppe)	350	15.47	0.17	0.05	0.00	0.00	15.02	3.02	1.18	0.77	(M)	1.28	0.33	21.39	283.46	40.59	0.00	143.78	40.63
Category: Fruits; May Choose: 2																			
Assorted Fresh Fruit, F - LR100026 (1 serv.)	0	59.11	0.17	0.05	0.00	0.00	0.39	14.84	2.08	9.62	(M)	0.71	0.13	20.63	92.67	23.38	0.00(M)	195.11 (M)	55.49 (M)
Strawberries, Diced, Cups, Frozen, USDA, 100256, F - SR109098 (1 Container)	350	80.00	0.00	0.00	0.00	0.00	1.00	21.00	2.00	16.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container)	300	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)
Milk, Lowfat, Fluid, 1% Milkfat, Half Pint, Clover - SR103508 (1 Carton)	65	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)
Category: Condiments; May Choose: 1																			

Weekly - Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Dressing, Lite Ranch, Pouch, 1.5 fl oz, Ken's, KE0041B3 - SR109714 (1 5/8 ounces)	250	131.47	11.13	1.52	0.00	10.11	414.65	8.09	0.00	2.02	(M)	1.01	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Category: Desserts; May Choose: 1																			
Snack Bar, Rice Krispies Treat Whole Grain, Kelloggs 10531, WGR - SR107249 (1 Bar)	375	160.00	4.00	1.00	0.00	0.00	140.00	30.00	1.00	11.00	(M)	2.00	2.20	0.00	0.00	0.00	0.00	39.95	(M)
20/21 Fall Lunch HS Week #3 Tuesday :82335 - Day: 2																			
Category: Entrees; May Choose: 1																			
Assorted Sandwiches, HS, MMA, WG - LR100473 (1 sandwich)	0	363.44	13.82	4.33	0.00	59.16	1067.73	39.38	4.25	3.96	(M)	23.75	2.52(M)	86.80 (M)	72.44 (M)	0.95(M)	0.00(M)	41.31 (M)	20.55 (M)
Breaded Chicken Patty on Roll, MS/HS, MMA, WG - LR100113 (1 sandwich)	0	430.00	15.00	2.50	0.00	25.00	880.00	52.00	7.00	2.00	1.00(M)	21.00	4.70	139.00	0.00(M)	0.00(M)	0.00(M)	320.07 (M)	(M)
Chicken Nuggets w/ Mac& Cheese & Garlicky Roasted Broccoli, HS, MMA, WG - LR100601 (1 serv.)	0	763.73	37.28	10.33	0.00	70.47 (M)	1667.18	63.92	8.55(M)	9.74(M)	0.00(M)	46.00	5.72(M)	531.05 (M)	1111.67 (M)	86.47 (M)	0.00(M)	1699.67 (M)	86.56 (M)
Lunch Yogurt Parfait w/ Soft Pretzel, MMA, WG, F - LR100236 (1 serv.)	0	488.80	3.60	1.07	0.00	6.66	320.57	104.49	6.79	41.87 (M)	22.68 (M)	14.37	2.88	273.10	643.89	6.93(M)	4.52(M)	507.11 (M)	28.95 (M)
Thai Style Noodle Salad with Chicken - 9-12, 2mma, 2g - LR100585 (2 c.)	0	793.86	43.41	5.95	0.00(M)	80.16 (M)	2085.62	73.16	11.92 (M)	21.12 (M)	0.00(M)	35.93	5.32(M)	68.93 (M)	3034.71 (M)	42.87 (M)	0.00(M)	265.54 (M)	9.18(M)
Category: Vegetables; May Choose: 2																			
Broccoli, raw - SR105147 (1/2 cup choppe)	350	15.47	0.17	0.05	0.00	0.00	15.02	3.02	1.18	0.77	(M)	1.28	0.33	21.39	283.46	40.59	0.00	143.78	40.63
Celery Sticks w/ Ranch, VO - LR100280 (1 serv.)	0	40.35	2.97	0.49	0.04	0.67	185.34	3.25	0.87	1.11	(M)	0.46	0.12	22.34	227.16	1.58	0.00(M)	131.30 (M)	48.19 (M)
Category: Fruits; May Choose: 2																			
Assorted Fresh Fruit, F - LR100026 (1 serv.)	0	59.11	0.17	0.05	0.00	0.00	0.39	14.84	2.08	9.62	(M)	0.71	0.13	20.63	92.67	23.38	0.00(M)	195.11 (M)	55.49 (M)
Strawberries, Diced, Cups, Frozen, USDA, 100256, F - SR109098 (1 Container)	350	80.00	0.00	0.00	0.00	0.00	1.00	21.00	2.00	16.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Category: Milk; May Choose: 1																			

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Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calciu m (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassi um (mg)	Mois (g)
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container)	300	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)
Milk, Lowfat, Fluid, 1% Milkfat, Half Pint, Clover - SR103508 (1 Carton)	65	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)
Category: Condiments; May Choose: 1																			
Dressing, Lite Ranch, Pouch, 1.5 fl oz, Ken's, KE0041B3 - SR109714 (1 5/8 ounces)	250	131.47	11.13	1.52	0.00	10.11	414.65	8.09	0.00	2.02	(M)	1.01	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Category: Desserts; May Choose: 1																			
Snack Bar, Rice Krispies Treat Whole Grain, Kelloggs 10531, WGR - SR107249 (1 Bar)	375	160.00	4.00	1.00	0.00	0.00	140.00	30.00	1.00	11.00	(M)	2.00	2.20	0.00	0.00	0.00	0.00	39.95	(M)
20/21 Fall Lunch HS Week #3 Wednesday :82335 - Day: 3	375																		
Category: Entrees; May Choose: 1																			
Thai Style Noodle Salad with Chicken - 9-12, 2mma, 2g - LR100585 (2 c.)	0	793.86	43.41	5.95	0.00(M)	80.16 (M)	2085.62	73.16	11.92 (M)	21.12 (M)	0.00(M)	35.93	5.32(M)	68.93 (M)	3034.71 (M)	42.87 (M)	0.00(M)	265.54 (M)	9.18(M)
Category: Vegetables; May Choose: 2																			
Corn Salad, VS - LR100581 (1 serv.)	100	91.44	2.85	0.41	0.00(M)	0.00	339.93	17.12	2.39	0.68(M)	(M)	2.32	0.52	5.78	476.02	22.03	0.00(M)	41.37 (M)	20.01 (M)
Category: Fruits; May Choose: 2																			
Assorted Juice Rush, Hershey IC, F - LR100232 (1 serv.)	0	110.00	0.00	0.00	0.00	0.00	20.00	27.00	0.00	24.00	(M)	0.99	0.00	20.00	0.00	0.00	(M)	(M)	(M)
Mixed Berries, Cups, Frozen - Strawberries & Blueberries - SR109492 (1/2 c.)	350	90.00	0.00	0.00	0.00	0.00	0.00	20.00	2.00	16.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container)	245	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)
Milk, Lowfat, Fluid, 1% Milkfat, Half Pint, Clover - SR103508 (1 Carton)	95	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)
20/21 Fall Lunch HS Week #3 Thursday :82335 - Day: 4	375																		
Category: Entrees; May Choose: 1																			

Weekly - Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Assorted Sandwiches, HS, MMA, WG - LR100473 (1 sandwich)	0	363.44	13.82	4.33	0.00	59.16	1067.73	39.38	4.25	3.96	(M)	23.75	2.52(M)	86.80 (M)	72.44 (M)	0.95(M)	0.00(M)	41.31 (M)	20.55 (M)
Cheese Pizza - LR100619 (1 slice)	0	376.65	13.66	6.42	0.47	27.90	620.00	42.01	4.18	7.39	(M)	21.53	3.88	283.65	336.35	0.62	(M)	446.40	74.43
Hamburger on Roll, MS/HS, MMA, WG - LR100319 (1 sandwich)	0	380.00	15.00	5.00	0.00	60.00	680.00	37.00	4.00	1.00	(M)	24.00	4.14	104.00	0.00(M)	0.00(M)	(M)	(M)	(M)
Thai Style Noodle Salad with Chicken - 9-12, 2mma, 2g - LR100585 (2 c.)	0	793.86	43.41	5.95	0.00(M)	80.16 (M)	2085.62	73.16	11.92 (M)	21.12 (M)	0.00(M)	35.93	5.32(M)	68.93 (M)	3034.71 (M)	42.87 (M)	0.00(M)	265.54 (M)	9.18(M)
Category: Vegetables; May Choose: 2																			
Garden Side Salad, VDG, VRO - LR100014 (1 salad)	0	108.41	6.58	1.08	0.00(M)	5.00	127.26	12.09	4.92	4.51	(M)	2.61	1.81(M)	68.45 (M)	20278.78(M)	13.40 (M)	0.00(M)	517.01 (M)	187.06 (M)
Spiced Chick Peas, VBP - LR100582 (1/2 c.)	100	237.73	7.16	1.41	0.00(M)	0.00(M)	680.46	34.02	15.12	5.67(M)	(M)	11.34	2.10	113.43 (M)	0.00(M)	0.00(M)	(M)	(M)	0.00(M)
Category: Fruits; May Choose: 2																			
Assorted Fresh Fruit, F - LR100026 (1 serv.)	0	59.11	0.17	0.05	0.00	0.00	0.39	14.84	2.08	9.62	(M)	0.71	0.13	20.63	92.67	23.38	0.00(M)	195.11 (M)	55.49 (M)
Fresh Fruit, Variety, 1/2 cup WSD - LR100011 (1/2 c.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pineapple, Canned, tidbits, in juice, fancy 100% Hawaiian, 24/20 oz; as served - SR105251 (1/2 c.)	350	69.99	0.00	0.00	(M)	0.00	9.99	17.00	1.00	(M)	(M)	0.51	0.35	0.00	0.00	11.99	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container)	250	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)
Milk, Lowfat, Fluid, 1% Milkfat, Half Pint, Clover - SR103508 (1 Carton)	95	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)
20/21 Fall Lunch Cycle 2 - HS Week #3 Fri :82335 - Day: 5																			
Category: Entrees; May Choose: 1																			
Assorted Sandwiches, HS, MMA, WG - LR100473 (1 sandwich)	0	363.44	13.82	4.33	0.00	59.16	1067.73	39.38	4.25	3.96	(M)	23.75	2.52(M)	86.80 (M)	72.44 (M)	0.95(M)	0.00(M)	41.31 (M)	20.55 (M)
Cheese Pizza - LR100619 (1 slice)	0	376.65	13.66	6.42	0.47	27.90	620.00	42.01	4.18	7.39	(M)	21.53	3.88	283.65	336.35	0.62	(M)	446.40	74.43
Hamburger on Roll, MS/HS, MMA, WG - LR100319 (1 sandwich)	0	380.00	15.00	5.00	0.00	60.00	680.00	37.00	4.00	1.00	(M)	24.00	4.14	104.00	0.00(M)	0.00(M)	(M)	(M)	(M)

Weekly - Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Thai Style Noodle Salad with Chicken - 9-12, 2mm, 2g - LR100585 (2 c.)	0	793.86	43.41	5.95	0.00(M)	80.16 (M)	2085.62	73.16	11.92 (M)	21.12 (M)	0.00(M)	35.93	5.32(M)	68.93 (M)	3034.71 (M)	42.87 (M)	0.00(M)	265.54 (M)	9.18(M)
Category: Vegetables; May Choose: 2																			
Garden Side Salad, VDG, VRO - LR100014 (1 salad)	0	108.41	6.58	1.08	0.00(M)	5.00	127.26	12.09	4.92	4.51	(M)	2.61	1.81(M)	68.45 (M)	20278.78(M)	13.40 (M)	0.00(M)	517.01 (M)	187.06 (M)
Peppers, sweet, green, raw - SR105243 (1/2 cup, chopp)	0	14.90	0.13	0.04	0.00	0.00	2.23	3.46	1.27	1.79	(M)	0.64	0.25	7.45	275.65	59.90	0.00	130.38	69.95
Category: Fruits; May Choose: 2																			
Assorted Fresh Fruit, F - LR100026 (1 serv.)	0	59.11	0.17	0.05	0.00	0.00	0.39	14.84	2.08	9.62	(M)	0.71	0.13	20.63	92.67	23.38	0.00(M)	195.11 (M)	55.49 (M)
Fresh Fruit, Variety, 1/2 cup WSD - LR100011 (1/2 c.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pineapple, Canned, tidbits, in juice, fancy 100% Hawaiian, 24/20 oz; as served - SR105251 (1/2 c.)	350	69.99	0.00	0.00	(M)	0.00	9.99	17.00	1.00	(M)	(M)	0.51	0.35	0.00	0.00	11.99	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container)	250	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)
Milk, Lowfat, Fluid, 1% Milkfat, Half Pint, Clover - SR103508 (1 Carton)	95	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)