

Weekly - Nutrient Analysis

Menu Names: 20/21 Fall Lunch ELEM Week #3 Monday :82462, 20/21 Fall Lunch ELEM Week #3 Tuesday :82462, 20/21 Fall Lunch ELEM Week #3 Wednesday :82462, 20/21 Fall Lunch ELEM Week #3 Thursday :82462, 20/21 Fall Lunch ELEM Week #3 Friday :82462
 Result: **Fail**

Meal Pattern: [USDA]Meal Pattern SY 2014
 Meal Type: Lunch
 Serving Group: K-5
 Site Group: Elementary School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[550.00 - 650.00]	334.69	
Total Fat (g)		9.94	26.72
Sat Fat (g)(1)	< 10.00 % of Calories	3.28	8.82
Trans Fat (g)(2)		0.00(M)	
Chol (mg)		36.45(M)	
Sodium Target 1 (mg) (13)	< 1,230.00	575.86	
Sodium Target 2 (mg) (13)	< 935.00	575.86	
Carb (g)		44.93	53.70
Total Fiber (g)		3.45	
Total Sugars (g)		28.44(M)	33.99
Added Sugars (g)		1.80(M)	
Protein (g)		16.81	20.09
Iron (mg)		1.04(M)	
Calcium (mg)		297.07(M)	
VitA (IU)		1,711.58(M)	
VitC (mg)		14.93(M)	
VitD (mcg)		0.05(M)	
Potassium (mg)		68.97(M)	
Mois (g)		24.47(M)	
Ash (g)		0.16(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 2.500	[2.500 - 3.500]	
Veg	>= 3.750	[2.500 - 4.500]	
Veg-DG	>= 0.500	0.500	
Veg-RO	>= 0.750	1.000	
Veg-BP	>= 0.500	0.500	
Veg-S	>= 0.500	0.750	
Veg-O	>= 0.500	1.750	
Grains	[8.000 - 9.000]	[6.250 - 11.750](a)	
Non-WGR		0.000	
WGR	>= 50.000 % of	21.750	100.00
Meat/MA	[8.000 - 10.000]	[8.000 - 12.000](a)	
MILK-F	>= 5.000	5.000	
Fruit-J	<= 50.000 % of	0.000	0.00
Grain-D	<= 2.000	0.000	
Vegetable-J	<= 50.000 % of	0.000	0.00
MILK-V		Pass	

Legend

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.

a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

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Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
20/21 Fall Lunch ELEM Week #3 Monday :82462 - Day: 1	260																		
Category: Entrees; May Choose: 1																			
Hot Dog on Roll, ELEM/MS, MMA, WG - LR100104 (1 sandwich)	0	240.00	11.50	5.00	0.00	30.00	560.00	23.00	2.00	1.00	(M)	10.00	2.52	26.00	100.00 (M)	0.00(M)	(M)	(M)	(M)
Salad, Tortellini w/ Roasted Veggies & Diced Turkey Ham (Tasty Brands) - LR100540 (1 1/2 c.)	30	400.47	16.17	4.71	0.00(M)	54.88	1024.05	40.62	5.07	6.30(M)	(M)	27.22	3.12(M)	91.30 (M)	434.25 (M)	21.70 (M)	0.00(M)	161.82 (M)	58.77 (M)
Category: Vegetables; May Choose: 2																			
Baby Carrots w/ Ranch Dip, VRO - LR100279 (1 serv.)	130	63.16	2.89	0.47	0.04	0.67	199.72	8.72	2.05	5.41	(M)	0.11	0.02	2.14	4980.82	5.99	(M)	(M)	(M)
Category: Fruits; May Choose: 1																			
Fruit, Applesauce, Unsweetened Cups, USDA Foods, 110361, F - SR108833 (1 Container)	130	60.00	0.00	0.00	0.00	0.00	15.00	14.00	1.00	18.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container)	150	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)
Milk, Lowfat, Fluid, 1% Milkfat, Half Pint, Clover - SR103508 (1 Carton)	95	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)
20/21 Fall Lunch ELEM Week #3 Tuesday :82462 - Day: 2	260																		
Category: Entrees; May Choose: 1																			
Hot Dog on Roll, ELEM/MS, MMA, WG - LR100104 (1 sandwich)	0	240.00	11.50	5.00	0.00	30.00	560.00	23.00	2.00	1.00	(M)	10.00	2.52	26.00	100.00 (M)	0.00(M)	(M)	(M)	(M)
Hot Ham & Cheese on Pretzel Roll, MMA, WG, ELEM - LR100248 (1 sandwich)	0	240.00	6.02	3.02	0.25	20.06	722.43	31.27	3.00	(M)	(M)	13.29	0.27	75.94	(M)	0.00	(M)	(M)	(M)
Lunch Yogurt Parfait w/ Soft Pretzel, MMA, WG, F - LR100236 (1 serv.)	0	488.80	3.60	1.07	0.00	6.66	320.57	104.49	6.79	41.87 (M)	22.68 (M)	14.37	2.88	273.10	643.89	6.93(M)	4.52(M)	507.11 (M)	28.95 (M)
Category: Vegetables; May Choose: 2																			
Broccoli, raw - SR105147 (1/2 cup choppe)	130	15.47	0.17	0.05	0.00	0.00	15.02	3.02	1.18	0.77	(M)	1.28	0.33	21.39	283.46	40.59	0.00	143.78	40.63

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Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Category: Fruits; May Choose: 1																			
Pineapple Tidbits in Juice, F - SR108108 (1/2 c.)	0	70.00	0.00	0.00	0.00	0.00	10.00	17.00	1.00	14.00	(M)	1.00	0.72	20.00	100.00	9.00	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container)	150	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)
Milk, Lowfat, Fluid, 1% Milkfat, Half Pint, Clover - SR103508 (1 Carton)	95	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)
Category: Condiments; May Choose: 1																			
Dressing, Lite Ranch, Pouch, 1.5 fl oz, Ken's, KE0041B3 - SR109714 (1 5/8 ounces)	150	131.47	11.13	1.52	0.00	10.11	414.65	8.09	0.00	2.02	(M)	1.01	0.00	0.00	0.00	0.00	(M)	(M)	(M)
20/21 Fall Lunch ELEM Week #3 Wednesday :82462 - Day: 3																			
Category: Entrees; May Choose: 1																			
Breaded Ranch Chicken Wrap, ELEM, MMA, WG - LR100598 (1 wrap)	0	404.04	19.25	3.66	0.00(M)	28.26	725.31	38.94	5.50	1.99	0.67(M)	17.66	2.77(M)	74.00 (M)	750.00 (M)	6.00(M)	0.00(M)	480.00 (M)	(M)
Hot Dog on Roll, ELEM/MS, MMA, WG - LR100104 (1 sandwich)	0	240.00	11.50	5.00	0.00	30.00	560.00	23.00	2.00	1.00	(M)	10.00	2.52	26.00	100.00 (M)	0.00(M)	(M)	(M)	(M)
Category: Vegetables; May Choose: 2																			
Corn Salad, VS - LR100581 (1 serv.)	125	91.44	2.85	0.41	0.00(M)	0.00	339.93	17.12	2.39	0.68(M)	(M)	2.32	0.52	5.78	476.02	22.03	0.00(M)	41.37 (M)	20.01 (M)
Category: Fruits; May Choose: 1																			
Mixed Berries, Cups, Frozen - Strawberries & Blueberries - SR109492 (1/2 c.)	130	90.00	0.00	0.00	0.00	0.00	0.00	20.00	2.00	16.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container)	150	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)
Milk, Lowfat, Fluid, 1% Milkfat, Half Pint, Clover - SR103508 (1 Carton)	95	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)
20/21 Fall Lunch ELEM Week #3 Thursday :82462 - Day: 4																			
Category: Entrees; May Choose: 1																			

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Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
BBQ Chicken Shaker Salad, ELEM, MMA, WG, VRO, VO, VS - LR100568 (1 salad)	215	338.55	8.80	1.55	0.00(M)	62.00	383.98	44.44	2.16	19.49 (M)	9.00(M)	20.49	1.63(M)	38.06 (M)	1074.65 (M)	11.36 (M)	0.00(M)	38.22 (M)	24.76 (M)
Hot Dog on Roll, ELEM/MS, MMA, WG - LR100104 (1 sandwich)	0	240.00	11.50	5.00	0.00	30.00	560.00	23.00	2.00	1.00	(M)	10.00	2.52	26.00	100.00 (M)	0.00(M)	(M)	(M)	(M)
Lunch Yogurt Parfait w/ Soft Pretzel, MMA, WG, F - LR100236 (1 serv.)	0	488.80	3.60	1.07	0.00	6.66	320.57	104.49	6.79	41.87 (M)	22.68 (M)	14.37	2.88	273.10	643.89	6.93(M)	4.52(M)	507.11 (M)	28.95 (M)
Category: Vegetables; May Choose: 2																			
Spiced Chick Peas, VBP - LR100582 (1/2 c.)	130	237.73	7.16	1.41	0.00(M)	0.00(M)	680.46	34.02	15.12	5.67(M)	(M)	11.34	2.10	113.43 (M)	0.00(M)	0.00(M)	(M)	(M)	0.00(M)
Category: Fruits; May Choose: 1																			
Pineapple, Canned, tidbits, in juice, fancy 100% Hawaiian, 24/20 oz; as served - SR105251 (1/2 c.)	130	69.99	0.00	0.00	(M)	0.00	9.99	17.00	1.00	(M)	(M)	0.51	0.35	0.00	0.00	11.99	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container)	150	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)
Milk, Lowfat, Fluid, 1% Milkfat, Half Pint, Clover - SR103508 (1 Carton)	95	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)
20/21 Fall Lunch ELEM Week #3 Friday :82462 - Day: 5																			
Category: Entrees; May Choose: 1																			
Hot Dog on Roll, ELEM/MS, MMA, WG - LR100104 (1 sandwich)	0	240.00	11.50	5.00	0.00	30.00	560.00	23.00	2.00	1.00	(M)	10.00	2.52	26.00	100.00 (M)	0.00(M)	(M)	(M)	(M)
Turkey, Mozzarella, Tomato, & Basil on Croissant, ELEM, MMA, WG - LR100570 (1 sandwich)	200	386.88	20.52	7.08	0.00(M)	62.15	1100.54	29.64	2.85	4.89(M)	2.00(M)	22.92	2.28(M)	91.50 (M)	614.45 (M)	7.84(M)	0.30(M)	124.80 (M)	37.81 (M)
Category: Vegetables; May Choose: 2																			
Peppers, sweet, green, raw - SR105243 (1/2 cup, chopp)	0	14.90	0.13	0.04	0.00	0.00	2.23	3.46	1.27	1.79	(M)	0.64	0.25	7.45	275.65	59.90	0.00	130.38	69.95
Category: Fruits; May Choose: 1																			
Melons, cantaloupe, raw - SR105203 (1/2 cup, cubes)	130	27.20	0.15	0.04	0.00	0.00	12.80	6.53	0.72	6.29	(M)	0.67	0.17	7.20	2705.60	29.36	0.00	213.60	72.12
Category: Milk; May Choose: 1																			

Weekly - Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container)	150	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)
Milk, Lowfat, Fluid, 1% Milkfat, Half Pint, Clover - SR103508 (1 Carton)	95	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)