



Sep-20

HIGH SCHOOL 9-12

Grab & Go

Monday	Tuesday	Wednesday	Thursday	Friday
7-Sep	8-Sep	9-Sep	10-Sep	11-Sep
<p>LUNCH ENTRÉE (Select One):</p> <p>Mac & Cheese, Roasted Broccoli & Chicken Nuggets Thai Style Noodle Salad with Chicken Assorted Sandwiches Chicken Patty Sandwich</p> <p>FRUIT & VEGETABLES (Take One of Each):</p> <p>Broccoli Florets or Baby Carrots with Ranch Dressing Strawberry Cup</p> <p>Choice of Chocolate or White Milk</p>	<p>LUNCH ENTRÉE (Select One):</p> <p>Thai Style Noodle Salad with Chicken Assorted Sandwiches Corn Salad Berry Mix</p> <p>FRUIT & VEGETABLES (Take One of Each):</p> <p>Corn Salad Assorted Fresh Fruit</p> <p>Choice of Chocolate or White Milk</p>	<p>LUNCH ENTRÉE (Select One):</p> <p>Thai Style Noodle Salad with Chicken Assorted Sandwiches Corn Salad Berry Mix</p> <p>FRUIT & VEGETABLES (Take One of Each):</p> <p>Corn Salad Assorted Fresh Fruit</p> <p>Choice of Chocolate or White Milk</p>	<p>LUNCH ENTRÉE (Select One):</p> <p>Cheese Pizza with a Side Sald Thai Style Noodle Salad with Chicken Assorted Sandwiches Cheeseburger</p> <p>FRUIT & VEGETABLES (Take One of Each):</p> <p>Spiced Chickpeas or Green Pepper Strips Applesauce Cup</p> <p>Choice of Chocolate or White Milk</p>	
14-Sep	15-Sep	16-Sep	17-Sep	18-Sep
<p>LUNCH ENTRÉE (Select One):</p> <p>Spaghetti & Meatballs Ham & Cheese Sandwich with Chips Assorted Sandwiches Chicken Patty Sandwich</p> <p>FRUIT & VEGETABLES (Take One of Each):</p> <p>Broccoli Florets or Baby Carrots with Ranch Dressing Strawberry Cup</p> <p>Choice of Chocolate or White Milk</p>	<p>LUNCH ENTRÉE (Select One):</p> <p>Ham & Cheese Sandwich with Chips Assorted Sandwiches</p> <p>FRUIT & VEGETABLES (Take One of Each):</p> <p>Cucumber Slices with Dip Assorted Fresh Fruit</p> <p>Choice of Chocolate or White Milk</p>	<p>LUNCH ENTRÉE (Select One):</p> <p>Ham & Cheese Sandwich with Chips Assorted Sandwiches</p> <p>FRUIT & VEGETABLES (Take One of Each):</p> <p>Cucumber Slices with Dip Assorted Fresh Fruit</p> <p>Choice of Chocolate or White Milk</p>	<p>LUNCH ENTRÉE (Select One):</p> <p>Breaded Chicken, Roasted Parmesan Carrots, Dinner Roll & Freshly Baked Cookie Ham & Cheese Sandwich with Chips Assorted Sandwiches Cheeseburger</p> <p>FRUIT & VEGETABLES (Take One of Each):</p> <p>Honey Roasted Chickpeas or Corn Salad Applesauce Cup</p> <p>Choice of Chocolate or White Milk</p>	
21-Sep	22-Sep	23-Sep	24-Sep	25-Sep
<p>LUNCH ENTRÉE (Select One):</p> <p>Meatball Sub with Side Salad BBQ Chicken, Cornbread & Coleslaw Assorted Sandwiches Chicken Patty Sandwich</p> <p>FRUIT & VEGETABLES (Take One of Each):</p> <p>Cucumber Slices or Baby Carrots with Ranch Dressing Strawberry Cup</p> <p>Choice of Chocolate or White Milk</p>	<p>LUNCH ENTRÉE (Select One):</p> <p>Meatball Sub with Side Salad Assorted Sandwiches Corn Salad Berry Mix</p> <p>FRUIT & VEGETABLES (Take One of Each):</p> <p>Roasted Ranch Chickpeas Assorted Fresh Fruit</p> <p>Choice of Chocolate or White Milk</p>	<p>LUNCH ENTRÉE (Select One):</p> <p>Meatball Sub with Side Salad Assorted Sandwiches Corn Salad Berry Mix</p> <p>FRUIT & VEGETABLES (Take One of Each):</p> <p>Roasted Ranch Chickpeas Assorted Fresh Fruit</p> <p>Choice of Chocolate or White Milk</p>	<p>LUNCH ENTRÉE (Select One):</p> <p>Chicken Quesadillas BBQ Chicken, Cornbread & Coleslaw Assorted Sandwiches Cheeseburger</p> <p>FRUIT & VEGETABLES (Take One of Each):</p> <p>Corn Salad or Brocoli Florets with Ranch Dressing Applesauce Cup</p> <p>Choice of Chocolate or White Milk</p>	
28-Sep	29-Sep	30-Sep	<p>The Food Service Staff continues to work in safe and sanitary conditions to prepare and provide meals to our students. Every day we follow FDA Food Safety standards of frequent and thorough hand washing, wearing gloves and hairnets and not reporting to work if sick. If you have any questions about our meal service during this time please contact: Sarah Ginn at 610.670.0180 x 1147 I will return you call as quickly as possible.</p>	
<p>LUNCH ENTRÉE (Select One):</p> <p>Three Cheese Ravioli with Roasted Zucchini & a Dinner Roll Breaded Chicken, Roasted Vegetables & a Dinner Roll Assorted Sandwiches Chicken Patty Sandwich</p> <p>FRUIT & VEGETABLES (Take One of Each):</p> <p>Broccoli Florets or Baby Carrots with Ranch Dressing Strawberry Cup</p> <p>Choice of Chocolate or White Milk</p>	<p>LUNCH ENTRÉE (Select One):</p> <p>Three Cheese Ravioli with Roasted Zucchini & a Dinner Roll Assorted Sandwiches Corn Salad Berry Mix</p> <p>FRUIT & VEGETABLES (Take One of Each):</p> <p>Corn Salad Assorted Fresh Fruit</p> <p>Choice of Chocolate or White Milk</p>	<p>LUNCH ENTRÉE (Select One):</p> <p>Three Cheese Ravioli with Roasted Zucchini & a Dinner Roll Assorted Sandwiches Corn Salad Berry Mix</p> <p>FRUIT & VEGETABLES (Take One of Each):</p> <p>Corn Salad Assorted Fresh Fruit</p> <p>Choice of Chocolate or White Milk</p>		

We are an equal opportunity provider and employer. Menu subject to change without notice!