



OCTOBER

ELEMENTARY SCHOOL K-5

Monday September 28	Tuesday September 29	Wednesday September 30	Thursday October 1	Friday October 2
Pizza Lunchable	Asian Chicken Salad w/ Romaine	Roast Turkey BLT on Wheat Bread	Sweet Yogurt Dippers w/ Grahams	Protein Power Pack
Breaded Chicken Sandwich w/ BBQ Sauce	Breaded Chicken Sandwich w/ BBQ Sauce	Breaded Chicken Sandwich w/ BBQ Sauce	Breaded Chicken Sandwich w/ BBQ Sauce	Breaded Chicken Sandwich w/ BBQ Sauce
	Strawberry Parfait		Strawberry Parfait	
Baby Carrots	Broccoli Florets	Corn Salad	Cucumber Sticks w/ Dip	Black Bean Salsa
Apple Slices	Pineapple Tidbits	Sliced Peaches	Berry Mix	Mandarin Oranges
Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk
5-Oct	6-Oct	7-Oct	8-Oct	9-Oct
Tortellini Salad with Veggies & Diced Turkey Ham	Ham & Cheese on a Pretzel Bun	Breaded Ranch Chicken Wrap	BBQ Chicken Shaker Salad	Turkey, Tomato, Mozzarella, & Pesto on Croissant
Hot Dog	Hot Dog	Hot Dog	Hot Dog	Hot Dog
	Chunky Monkey Parfait		Chunky Monkey Parfait	
Baby Carrots w/ Dip	Broccoli Florets	Corn Salad	Spiced Chick Peas	Green Pepper Strips
Applesauce Cup	Strawberry Cup	Berry Mix	Pineapple Tidbits	Cantaloupe Chunks
Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk
12-Oct	13-Oct	14-Oct	15-Oct	16-Oct
Chicken Tenders, Mac & Cheese	American Hoagie on Club Roll	Turkey & Cheese Wrap with Cookie	Asian Rice Bowl	Mac & Cheese with Garlicky Peas
Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza
	Strawberry Parfait		Strawberry Parfait	
Baby Carrots	Honey Cinnamon Roasted Chickpeas	Broccoli Florets	Cucumber Slices	Corn Salad
Diced Pears	Strawberry Cup	Raisins	Apple Juice	Sliced Peaches
Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk
19-Oct	20-Oct	21-Oct	22-Oct	23-Oct
Breaded Chicken & Cheese Wrap	Turkey & Cheese Lunchable with Doughy Pretzel	Grilled Chicken Caesar Shaker Salad	Pizza Sticks with Marinara Dipping Sauce	Ham & Cheese Lunchable with a Cookie Treat
Cheeseburger	Cheeseburger	Cheeseburger	Cheeseburger	Cheeseburger
	Chunky Monkey Parfait		Chunky Monkey Parfait	
Broccoli Florets w/ Dip	Baby Carrots w/ Dip	Roasted Ranch Chick Peas	Corn Salad	Celery Sticks
Fruit Juice	Apple Slices	Applesauce Cup	Strawberry Cup	Mandarin Oranges
Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk
26-Oct	27-Oct	28-Oct	29-Oct	30-Oct
Pizza Lunchable	Asian Chicken Salad w/ Romaine	Roast Turkey BLT on Wheat Bread	Sweet Yogurt Dippers w/ Grahams	Protein Power Pack
Breaded Chicken Sandwich w/ BBQ Sauce	Breaded Chicken Sandwich w/ BBQ Sauce	Breaded Chicken Sandwich w/ BBQ Sauce	Breaded Chicken Sandwich w/ BBQ Sauce	Breaded Chicken Sandwich w/ BBQ Sauce
	Strawberry Parfait		Strawberry Parfait	
Baby Carrots	Broccoli Florets	Corn Salad	Cucumber Sticks w/ Dip	Black Bean Salsa
Apple Slices	Pineapple Tidbits	Sliced Peaches	Berry Mix	Mandarin Oranges
Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk

The Food Service Staff continues to work in safe and sanitary conditions to prepare and provide meals to our students. Every day we follow FDA Food Safety standards of frequent and thorough hand washing, wearing gloves and hairnets and not reporting to work if sick. If you have any questions about our meal service during this time please contact: Sarah Ginn at 610.670.0180 x 1147 I will return you call as quickly as possible.

