



## August & September 2020

### ELEMENTARY SCHOOL K-5

### Grab & Go

Monday	Tuesday	Wednesday	Thursday	Friday
August 26			August 27	August 28
Breaded Chicken & Cheese Wrap	Italian Hoagie on Savory Roll	Grilled Chicken Caesar Shaker Salad	Ham & String Cheese Roll up Pretzel	BBQ Chicken Flatbread
Turkey & Cheese Lunchable with Doughy Pretzel	Turkey & Cheese Lunchable with Doughy Pretzel	Turkey & Cheese Lunchable with Doughy Pretzel	Turkey & Cheese Lunchable with Doughy Pretzel	Turkey & Cheese Lunchable with Doughy Pretzel
Broccoli Florets w/ Dip	Baby Carrots w/ Dip	Roasted Ranch Chick Peas	Corn Salad	Celery Sticks
Fruit Juice	Apple Slices	Applesauce Cup	Strawberry Cup	Mandarin Oranges
Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk
<b>31-Aug</b>	<b>1-Sep</b>	<b>2-Sep</b>	<b>3-Sep</b>	<b>4-Sep</b>
Cheese Pizza Wrap	Asian Chicken Salad w/ Romaine	Roast Turkey BLT on Wheat Bread	Sweet Yogurt Dippers w/ Grahams	Protein Power Pack
Ham & Cheese Lunchable with a Cookie	Ham & Cheese Lunchable with a Cookie	Ham & Cheese Lunchable with a Cookie	Ham & Cheese Lunchable with a Cookie	Ham & Cheese Lunchable with a Cookie
Baby Carrots	Broccoli Florets	Corn Salad	Cucumber Sticks w/ Dip	Black Bean Salsa
Apple Slices	Pineapple Tidbits	Sliced Peaches	Berry Mix	Mandarin Oranges
Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk
<b>7-Sep</b>	<b>8-Sep</b>	<b>9-Sep</b>	<b>10-Sep</b>	<b>11-Sep</b>
Tortellini Salad with Veggies & Diced Turkey Ham	Hummus Platter w/ Pita Quarters	Breaded Ranch Chicken Wrap	BBQ Chicken Shaker Salad	Turkey, Tomato, Mozzarella, & Pesto on Croissant
Bulldog Power Pack w/ Egg & Cheese	Bulldog Power Pack w/ Egg & Cheese	Bulldog Power Pack w/ Egg & Cheese	Bulldog Power Pack w/ Egg & Cheese	Bulldog Power Pack w/ Egg & Cheese
Baby Carrots w/ Dip	Broccoli Florets	Corn Salad	Spiced Chick Peas	Green Pepper Strips
Applesauce Cup	Strawberry Cup	Berry Mix	Pineapple Tidbits	Cantaloupe Chunks
Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk
<b>14-Sep</b>	<b>15-Sep</b>	<b>16-Sep</b>	<b>17-Sep</b>	<b>18-Sep</b>
Tex Mex Bento Box	Dijon Chicken Salad w/ Baby Spinach	Pepperoni Pizza Wrap	Asian Rice Bowl	Pasta Salad with Peas & Parmesan
American Hoagie on Club Roll	American Hoagie on Club Roll	American Hoagie on Club Roll	American Hoagie on Club Roll	American Hoagie on Club Roll
Baby Carrots	Honey Cinnamon Roasted Chickpeas	Broccoli Florets	Cucumber Slices	Corn Salad
Diced Pears	Strawberry Cup	Raisins	Apple Juice	Sliced Peaches
Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk	Choice of Chocolate or White Milk
<b>21-Sep</b>	<b>22-Sep</b>	<b>23-Sep</b>	<b>24-Sep</b>	<b>25-Sep</b>
Breaded Chicken & Cheese Wrap	Turkey & Cheese Lunchable with Doughy Pretzel	Grilled Chicken Caesar Shaker Salad	Pizza Sticks with Marinara Dipping Sauce	Ham & Cheese Lunchable with a Cookie
Cheeseburger	Cheeseburger	Cheeseburger	Cheeseburger	Cheeseburger
Broccoli Florets w/ Dip	Parfait Lunch	Roasted Ranch Chick Peas	Parfait Lunch	Celery Sticks
Fruit Juice	Baby Carrots w/ Dip	Applesauce Cup	Corn Salad	Mandarin Oranges
Choice of Chocolate or White Milk	Apple Slices	Choice of Chocolate or White Milk	Strawberry Cup	Choice of Chocolate or White Milk
<b>28-Sep</b>	<b>29-Sep</b>	<b>30-Sep</b>		
Pizza Lunchable	Asian Chicken Salad w/ Romaine	Roast Turkey BLT on Wheat Bread		
Breaded Chicken Sandwich w/ BBQ Sauce	Breaded Chicken Sandwich w/ BBQ Sauce	Breaded Chicken Sandwich w/ BBQ Sauce		
Baby Carrots	Parfait Lunch	Corn Salad		
Apple Slices	Broccoli Florets	Sliced Peaches		
Choice of Chocolate or White Milk	Pineapple Tidbits	Choice of Chocolate or White Milk		
	Choice of Chocolate or White Milk			

**The Food Service Staff continues to work in safe and sanitary conditions to prepare and provide meals to our students. Every day we follow FDA Food Safety standards of frequent and thorough hand washing, wearing gloves and hairnets and not reporting to work if sick. If you have any questions about our meal service during this time please contact: Sarah Ginn at 610.670.0180 x 1147 I will return you call as quickly as possible.**

***We are an equal opportunity provider and employer. Menu subject to change without notice!***















